

Year 5

Visit to London

Wednesday March 29th to Friday 31st March 2017



Information Pack for

Parents

General Information

We will spend three days and two nights in London our capital city. It will be a busy trip with lots of very worthwhile experiences. The children will travel on a coach and depart from Bishop Bronescombe CE Primary School, St Austell at **7 am on Wednesday 29th March 2017**. It is an early start! We will need you to transport your children to Bishop Bronescombe to leave for London and pick them up on **Friday 31st March 2017 at about 8 pm**. We will confirm by text our estimated return time, which will be dependent on traffic.

Domestic Arrangements

We will be staying **the Premier Inn in Stratford**, the children will share rooms, and all rooms will be close to the staff who accompany the children. The London Olympic Park is next door to our hotel!

About the Hotel

9 International Square, Westfield Stratford City, Montfichet Road E20 1EE
Just over 200m from the

Olympic Park - or 19.19 seconds if you are a certain someone -Premier Inn London Stratford holds the record for 'Closest Hotel to the Olympic Park'. Based inside the Westfield Shopping Centre, it is also the ideal spot for retail therapy or whizzing into central London. See where history was made at the Olympic Stadium and park. Then return to amazing views, spacious rooms and our extra-comfy beds.



Catering Arrangements

The hotel will be providing our two breakfasts and one evening meal. Our Thursday night evening meal will be a Pizza Express, which is closer to the theatre where we will be watching the Lion King.

Packed Lunch

Please remember that on your first day you will need to bring packed lunches for your children. Snacks and drinks for the long journey and for the three-day's stay may be packed as well. Please do not bring fizzy drinks and any glass containers. Thank you.



London Visit Schedule and Visits:

Wednesday 29th March 2017

07:00 Depart Bishop Bronescombe CE Primary School (please allow time to handover your children, luggage etc. to ensure a prompt departure!) **Staff will be on site from 6.30 am.**

- **Please ensure that all medicines are in labelled container with clear instructions and given to a member of our staff.**
- **Spending money should be in a labelled purse and given to our staff to look after, we will give out when we have a chance to spend money. Pupils may bring up to £20.**
- **Please keep the packed lunch and drink the separate day bag which will go with the children on the coach,**

49 seat executive 12-metre single deck

Coach to arrive 15 minutes before departure and to stay with our group for the complete trip.

1 pm Arrive in London – packed lunch

1.30 pm – **Visit to St Paul's Cathedral** – Sir Christopher Wren's masterpiece

4 pm – **Visit to the Natural History Museum** - FREE. Lots of educational resources. See www.nhm.ac.uk

6.30 pm – **Arrive at the Premier Inn, Stratford**, unpack and settle in

7.30 pm – Evening Meal

8.15 pm – Walk to the **Olympic Park** and view this part of London

9.30 pm – Bed and sleep!



Thursday 30th March 2017

8.30 am – Breakfast in the Hotel

10 am – Tour of London by coach – we will see all of the important sites!

12 noon – Packed lunch

12.30 pm – Tour of the **Houses of Parliament**, visits to the Commons and the Lords

4 pm – Flight on the **London Eye** and the 4D London experience afterwards!

5.30 pm – Evening meal in the Pizza Express

7.30 pm – **The Lyceum Theatre in the West End – The Lion King!**

10 pm – Return to hotel and bed!



Friday 31st March 2017

8.30 am – Breakfast in the Hotel

9.30 am – Depart from the hotel

10 am – Visit to the **National Gallery** and a workshop on Myths and Legends

2 pm – Depart from London

One the return trip we will be stopping for a Macdonald's tea.

8 pm approximately – Arrive back at Bishop Bronescombe for collection.



First Aid

We will have staff who are first aid trained and will take with us first aid kits. The hotel will have easy access to a doctor should in the unlikely event we need one. We will have all parental contact numbers and will telephone you if we have any concerns about your son or daughter's health.

Staff accompanying the children to Year 5 Residential trip to London

- Mr Lees – Trip Leader
- Miss Cameron – Assistant Trip Leader and Head of School at Grampound Road School
- Mrs Michell – Headteacher of Ladock School and Acting Head at Vervan School
- Mr Daysh – Year 2 teacher at Bishop Bronescombe
- Mrs Mcloughlin – Year 5 teacher at Bishop Bronescombe

Staff will look after and supervise all of our children regardless of which school they come from.

Staff will carry a mobile phone for emergencies.

Personal Kit List

Below is a set of guidelines from which you should draw up your own list.

Two night bag:

All children need to be able to identify their own luggage and please ensure that your child is able to carry their own luggage or, ideally, a small wheeled suitcase/holdall that they can pull along. They may need to carry their luggage upstairs so please ensure it's not too heavy! All luggage, clothing and personal possessions should be clearly labelled with your child's name.



The children are expected to wear **smart school uniform** during our three days in London. We will have a set of red caps to wear on visits so that we can easily identify our pupils.

- Toiletries to include toothbrush, toothpaste, flannel and soap etc. *(no aerosols)*
- 1 bath towel
- Pyjamas
- A change of school uniform, jumper, shorts, trousers and underwear
- Black schools shoes and a reserve pair for emergencies.
- Coat – waterproof jacket
- Water Bottle
- Night wear
- Lunch box and drinks container
- Any medication needed (asthma inhalers, allergy tablets etc) given to leader.
- Notebook and pencil
- Books and small games to keep them busy in their rooms.
- Small rucksack for day use
- Camera may be brought

Please pack everything into a medium sized bag preferably not a suitcase ensuring:
EVERYTHING IS LABELLED WITH YOUR NAME

Please note: **No knives, chewing gum or other expensive items.**

Children must not bring any mobile phones

If you need to contact a member of staff during the trip in the case of an emergency, the mobile number to use is **07436 795031**. Whilst we are away, we will keep you updated with texts via our Teacher to Parent text service.

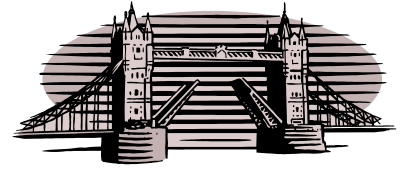
Electronic devices and audio equipment can only be used on the long coach journeys and only age appropriate games and music are allowed. The electronic devices will not be taken out with the children on the day trips so cannot be used as substitute for a camera.

All devices/audio equipment will be the responsibility of the child. The trust will not accept any responsibility for loss, theft or damage to these items.

The children may bring up to £20 spending money in a labelled purse, which should be given to an adult.

Behaviour and Attitudes

We expect the very best from the children on the residential trips and will be rewarding good manners, kind behaviour with London Lotto's. You will find out if your child has received one or more of these upon our return!



While in London we all have a duty to abide by the following rules and guidelines:

- Always follow your school rules at all times.
- Keep your room and the coach clean and tidy, put all litter into the bins provided.
- Never go into other rooms unless an adult has told you to.
- Always be ready to listen and follow instructions straight away.
- When it is time to go to sleep we must all be quiet and not disturb others.
- No shouting or loud sounds after bedtime.
- Represent St Piran's Cross and your school with pride, be polite to other adults and schools and show them our excellent behaviour and good sportsmanship!



ST PIRAN'S
CROSS
MULTI-ACADEMY TRUST



St Piran's Cross CE Multi-Academy Trust

PARENTAL CONSENT FOR RESIDENTIAL VISITS

This form must be completed and returned to the teacher in charge of the visit or trip, before any pupil can be allowed to participate.

Parental Consent to take part in the residential trip to London on the 29th to the 31st March 2017

First name		Family name:	
Date of Birth		School	

Trip / Visit to	London		
Date(s) From	29 th March 2017	To	31 st March 2017

<i>I agree to my son/daughter taking part in the above mentioned visit</i>	Parent or Guardian's signature

Pupils Contact Details

Home address			
Parent/Carers contact telephone numbers (for the duration of the visit / trip)			
Name		Home	
Mobile		Work	

Alternative contact	Relationship to pupil :		
Address			
Name		Home	
Mobile		Work	

Medical Information

Name of doctor		Tel no	
Address of surgery			

Please mark with X if appropriate :

My child does not suffer from any medical condition requiring regular treatment.	
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My child suffers from			
and has been prescribed the following medication	Name of medication	Dose Time of giving?	Frequency

NB: if your child is on a residential visit, please ensure you include information relevant to nighttime needs.

All medication must be handed to a member of staff prior to departure and staff will administer all medication following the dosage prescribed or indicated by parents.

My child also uses the following over-the-counter medication	Name of medication	Dose Time of giving?	Frequency

My child has an allergy to the following:	Allergic to	Type of reaction

Please delete as appropriate

I would like to discuss my child's medical condition with the teacher in charge.	YES NO
My child has an up to date tetanus injection.	YES NO
I am willing for my child to be given with "over-the-counter medication" by staff e.g. paracetamol, throat lozenges, plasters, insect bite antihistamine.	YES NO

Any medication required should be given to the teacher in charge, clearly marked (in its prescription container if applicable) with name and full instructions for use.

Inhalers and "Epipens" may be kept by the pupil with spares given to the teacher in charge.

Dietary Information

Does your child have any special dietary requirements e.g. vegetarian, kosher, allergies	(please give details)	YES NO

Additional Information

Please include any additional information as required

Declaration by Parent/Guardian:

1. I have read and completed this form and to the best of my knowledge, the details given are true and accurate.
2. I agree to my child receiving medication as instructed.
3. I will inform the teacher in charge as soon as possible of any changes in the medical or other details between now and the commencement of the visit/trip.

Signature		Date	
Print Name			