

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Menu 2018

caterlink
feeding the imagination

**Week
1**

Main

Monday

Sausages with Mashed Potatoes and Gravy



Tuesday

Spaghetti Bolognese



Wednesday

Roast Pork with Roast New Potatoes & Gravy



Thursday

Mediterranean Chicken with Rice



Friday

Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce



Vegetarian

Quorn sausages with Mashed Potatoes and Gravy



Soya Mince & Veg Stir Fry with Noodles



Quorn Roast with Roast New Potatoes & Gravy



Cheese, onion and Spinach Quiche with chips



Wholemeal Pasta Neapolitan with Spinach



Dessert

Wholemeal Peach Crumble with Custard



Chocolate and Beetroot Brownie



Sliced Cheese, Apple and Biscuits



Apple Pie with Custard



Iced Sponge



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt

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**Week
2**

Main

Monday

Chicken Arrabiata Pasta



Tuesday

Beef and Bean Fajitas with Baked Jacket Wedges



Wednesday

Roast (as advertised) with Roast Potatoes & Gravy



Thursday

Jollof Rice with Chicken



Friday

Breaded Fish Chips, Tomato Sauce



Vegetarian

Quorn Mince Vegetarian Bolognese



Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread



Lentil and Basil Puff Pastry Turnover with Roast Potatoes



Macaroni Cheese with Tomato topping



Spicy Bean Burger with Chips



Dessert

Berry and Apple Cobbler & Cream



Lemon Drizzle



Oaty Cookie with Fruit Yoghurt



Chocolate Mandarin Sponge with Choc Sauce



Fruit Yoghurt
Fresh Fruit Salad



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt

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**Week
3**

Main

Monday

Cajun Chicken with Rice



Tuesday

Wholemeal Beef and Red Pepper Pizza with Baby New Potatoes



Wednesday

Roast Chicken & Stuffing with Roast Potatoes & Gravy



Thursday

Beef in Soy Sauce with Noodles



Friday

Fish in Batter, Chips, Tomato Sauce



Vegetarian

Lentil and Sweet Potato Curry with Rice



Cheese & Pizza with Baby New Potatoes



Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy



Wholemeal Vegetable Pasta Bake



Spanish Omelette with Chips



Dessert

Apple Crumble with Custard



Fruit Yoghurt
Fresh Fruit Platter



Apple Flapjack



Peach Upside Down Cake



Vanilla Shortbread



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt