

WEEK 3

NUTRITIOUS

THREE WEEK MENU

AUTUMN/WINTER 2026

Our new menu chosen by parents and children – Your favourites available every day



Chartwells
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Red Pepper and Nut-Free Pesto Spaghetti	Chinese Vegetable Noodles	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy	Macaroni Cheese	Quorn Dippers with Chips
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Yorkshire Pudding and Gravy	Beef Bolognese with Pasta	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	Oat Cookie with fresh fruit slices	Vanilla Ice Cream	Banoffee Pie	Chocolate Sponge with Chocolate Custard	Chocolate Cookie with Fruit Slices

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

Vegetarian

Vegan

Oily Fish

Fruity!

Wholegrain

Nutritionist's Choice

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W/C: 16/11/2026, 07/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

Menu_220_028369

WEEK 1

FRESH!

WEEK 2

HOT DISHES

TASTY

HOT DISHES

FRUITY!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta 🌱 🌱	Bean and Cheese Pastry Turnover with Herby Diced Potatoes 🌱	Sweet Potato and Chickpea Roast with Stuffing and Gravy 🌱 🌱	Vegan Meatball Baguette with Potato Wedges 🌱	Veggie Fingers with Chips 🌱
OPTION 2	BBQ Vegetable Wrap with Rice 🌱 🌱	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball 🌱 🌱	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	Lemon Cookie	Chocolate Ice Cream	Apple Crumble with Custard 🌱 🌱	Chocolate Marble Cake 🌱	Chocolate Crisps with Fruit 🌱

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta 🌱 🌱	Chinese Vegetable Rice 🌱 🌱	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy 🌱	Vegetable Korma with Rice 🌱	Quorn Dippers with Chips 🌱
OPTION 2	Spicy Tomato Pasta Bake with Garlic Doughball 🌱	Cheeseburger with Herby Diced Potatoes	Roast Pork with Potatoes, Yorkshire Pudding and Gravy 🌱	Katsu Chicken with Rice	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	Chocolate Cookie 🌱 🌱 🌱	Chocolate Ice Cream	Cornflake Tart with Fruit 🌱	Chocolate Fudge Cake	Ginger Biscuit with Fruit 🌱

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES
With a choice of topping 🌱 🌱

🌱 Vegetarian 🌱 Vegan 🌱 Oily Fish 🌱 Fruity! 🌱 Wholegrain

🌱 Nutritionist's Choice

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W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 08/03/2027

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES
With a choice of topping 🌱 🌱

🌱 Vegetarian 🌱 Vegan 🌱 Oily Fish 🌱 Fruity! 🌱 Wholegrain

🌱 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 09/11/2026, 30/11/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027