



HEAD'S BLOG...

It's been a busy week here with children undertaking end of year assessments in reading, writing and maths. We have been blown away by the children's positive attitudes and determination to succeed! Well done to all!

Sports Day—Following information regarding end of year events shared last week, I'm aware of the need for further clarification regarding the decision to not invite parents to Sports Day this year.

I can understand the confusion when large-scale events are taking place, such as the Euros, Wimbledon, Ascot etc. However, these events are undertaken as part of a government pilot study, which includes rigorous pre and post-testing to identify any positive cases and provides the government with data regarding external events. School events are not included in this pilot study.

The DfE have issued guidance about how schools can run typical end of year events, including sports days. We have considered this guidance carefully but decided that we could not guarantee to be able to run an event with spectators without putting parents and pupils at risk, especially as cases are on the rise across Cornwall and 'bubbles' are closing in many schools in the area. Caution is definitely the message being delivered by our Local Authority and Public Health adviser too. This approach is being taken by schools across the Trust and I am sure in other local schools.

Whilst I fully appreciate parents' disappointment, our priority will always be safety so I hope you can understand and support this decision.

With the rise in cases throughout Cornwall, can I also remind parents and carers to ensure they adhere to all our measures to reduce transmission. In addition, please ensure children are kept at home and access a PCR test (not and LFD test) if they present with any symptoms. Your communication with us in this regard is also very important so we can take the necessary steps to inform Public Health and any close contacts.

It was 'National Thank a Teacher Day' on Wednesday. So here is a public thank you to our wonderful team of teachers, TAs and support staff for all that they have done, and continue to do, through this challenging year:

Thank you for being positive, for finding the way, for creatively making it happen even when it looked impossible.

Thank you for never giving up, never losing sight of those who needed you and never doing less than your best.

Thank you for the love, kindness and care that has supported our children, families and each other.

Have a happy and safe weekend everyone!

Ms Carmichael

Coronavirus reminders If your child develops any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he **MUST NOT** come to school and school must be informed. Call 119 or get a test online at:

<https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name>

If you believe that your child is well enough to attend school and they have only symptoms of a 'common cold' such as: runny nose, sore throat or a mild cough they are permitted to attend.

Did you know anyone with a family member attending school can test themselves twice every week?

The twice-weekly test kits can be accessed:

via employers if they offer testing to employees, at a local test site, by collecting a home test kit from a test site, by ordering a home test kit online on this link: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

NB: All absences must be reported to our school office by calling 01726 64322. You can leave a message if outside of office hours. Please DO NOT report absences via Class Dojo. Thank you.

This week's Achievers

BBeebies

Rory

For his understanding and explanation of the life cycle of a butterfly.

Rainbows

Harry

For his close observations of different leaves at the Wild Space.

Stars

Max

For always exploring the world around him to create links and problem-solve!

Little Doves

Jude

For his wealth of scientific knowledge.

Little Fish

Livia

For demonstrating her knowledge of how to label the structure of reptiles, fish, mammals and amphibians.

Little Lambs

Archie

For amazing work in science this week. He has shared great facts as we have been learning about animals from under the sea.

Peacocks

Esme

For working scientifically and coming up with a great conclusion about how to grow the healthiest plant.

Pelicans

Gabby

For being enthusiastic and inquisitive during all our science investigations.

Phoenix

Jasmine

For showing a thirst for knowledge and always contributing during our science lessons.

Angels

Lucas

For showing a great sense of curiosity and planning and executing a range of experiments to test hypotheses across all areas of his learning.

Faith

Dylan

For his incredible scientific brain! He is a natural scientist!

Hope

Kacey

For always demonstrating the key scientific skills of curiosity and patience in all areas of his science learning.

READING

This week I'm going to share some information about reading amongst adults. Radio 5 Live have started a campaign, called 'Word Matters,' to encourage adults who are reluctant readers to access books and reading because it is good for them. Their website <https://www.bbc.co.uk/programmes/articles/vVYrp5hg4CHrdk5Tx82jJN/word-matters> has lots of useful help and information about adult literacy as well as inspiring stories about celebrities who struggle to read.

Research on adults who read.

- An online poll of over four thousand people from a representative sample in the UK revealed that regular readers for pleasure reported fewer feelings of stress and depression than non-readers, and stronger feelings of relaxation from reading than from watching television or engaging with technology intensive activities.
- Studies have shown that those who read for pleasure have higher levels of self-esteem and a greater ability to cope with difficult situations. Reading for pleasure was also associated with better sleeping patterns.
- Adults who read for just 30 minutes a week are 20% more likely to report greater life satisfaction.



Jay Blades from the Repair Shop, has dyslexia and found out, when he was at university that he has a reading age of 11. He said, "I celebrate my dyslexia because it has given me loads of other qualities. My memory is insane and my visual picture is unbelievable."



Tanya Bardsley from the Real Housewives of Cheshire found out that she was dyslexic when her son was tested for it. Since then, she has learnt to read and although she, in her own words 'can't read big words yet,' she finds reading a form of meditation.

DATES FOR YOUR DIARY

2020/21 Spring Term Diary Dates:

Fri 23rd July 2021—Last day of term **NO AFTER SCHOOL CLUB**

2021/22 Inset Days:

Mon 6th Sep 2021

Tues 7th Sep 2021

Mon 1st Nov 2021

Mon 25th Jul 2022

Tues 26th Jul 2022

EXCITING NEWS



**Bishop Bronescombe
Early Years**

*A nurturing environment
where children learn, play and thrive.*

We are excited to announce the launch of our
Bishop Bronescombe Early Years Facebook and Instagram pages!

Stay up to date with the learning, play and achievements of our youngest children
in the school and don't forget to like, share and follow the page to share the
amazing things we do within our community.



Click [here](#) to like, follow and share the page :)

OTHER NOTICES

Menu change


Please note a change to the previously published menu for Monday 5th July.

If you have not already done so, please select new options via ParentPay in the usual way.

(The jacket potato option will also be available on this day)

Many thanks


Thank the NHS Day Menu



Monday 5th July

Pork Sausage and Chips
Or
Macaroni Cheese
Served with
Peas and Sweetcorn

Chocolate Cookie
Fresh Fruit



INNOVATORS IN ACTIVE TRAVEL



Lots of us already walk, scoot and cycle to school but we are determined to get more of our friends to join us.

We were lucky enough to win some Mini Micro-Scooters and Team GB helmets to help us become innovators in active travel.

We are currently developing our approach to active and outdoor learning throughout the school.



PARENT SUPPORT

Information Classification: CONTROLLED

Early Help Newsletter – Summer 2021

Free information, support and guidance

Online Parenting Support Courses

We are continuing to support parents and carers and offer interactive parenting courses online. This replaces some of our face to face groups to ensure we are offering a full service to parents / carers in the safest way. Service requests will continue to be received through the Early Help Hub.

www.cornwall.gov.uk/earlyhelphub

The courses available will be:

- Being Passionate About Parenting - Early Years 1 - 3 years
- Being Passionate About Parenting 4 - 11 year
- Being Passionate About Parenting with basic introduction and an awareness to ADHD 5 - 11 years
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 - 11 years
- Being Passionate About Parenting - The Teenage Brain 12 - 17 years
- Take 3 - Supporting Teenagers 12 - 17 years

Courses are usually delivered over 3 sessions (1.5 hours per session) with the exception of "Spectrum" which is delivered over 4 sessions (2 hours per session) and Take 3 which is delivered over 5 sessions (2 hours per session)

Family Information Services

For useful parenting information, updates on parenting programmes including face to face delivery and Parenting Podcasts please access the Family Information Service website -

www.supportincornwall.org.uk

Future Highlight

- Baby and Me - 1 x 6-hour sessions

Six 1-hour sessions for parents and their baby under 12 months to support parents to get to know their baby, meet other parents, learn about babies' development and the chance to join in rhyme time and activities such as baby massage

- Passionate About Dads - 1 x 2-hour session

A 2-hour session for dads of babies and young children pre-birth to 2 years old to learn more about preparing to be a dad, looking after your little one and having fun with your baby/child.

facebook

For further updates and information on what's happening in your area visit us on Facebook:

- www.facebook.com/PenwithFamilyHubs
- www.facebook.com/KerrierFamilyHubs
- www.facebook.com/CarrickFamilyHubs
- www.facebook.com/RestormellFamilyHubs
- www.facebook.com/NorthCornwallFamilyHubs
- www.facebook.com/CaradonFamilyHubs



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Together for Families



www.cornwall.gov.uk

Information Classification: CONTROLLED



Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world. Delivered through a series of multimedia workshops for parents and carers living in Cornwall and the Isles of Scilly. Designed to help you get a better understanding of the everchanging world your child is growing up in, to guide you to available services and support and to promote helpful conversation.

For further information please visit:

- www.headstartkernow.org.uk
- www.facebook.com/TFFCornwall

Alternatively email us with the subject heading 'Wellbeing Series':

wellbeingseries@cornwall.gov.uk



Parents can struggle at one time or another. For some, the challenges can be greater. You are not alone.

Home-Start's volunteers work alongside families just like yours to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

'Walk, Talk and Play' Groups in June and July to book your place contact:

julia@homestartkernow.org.uk

or take a look at the website:

<http://homestartkernow.org.uk>

Useful Links

<https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/useful-websites-for-early-help/>

Provides useful links to other areas of support.

<https://solihullapproachparenting.com/>

Access to resources about becoming a parent or being a parent from children aged 6 months to 19 years

Free Access Code: TAMAR

www.autism.org.uk

For families and individuals on the autism spectrum. Providing support, guidance and advice, as well as campaigning for improved rights, services and opportunities.

www.adhdfoundation.org.uk

Attention Deficit Hyperactivity Disorder Foundation actively promotes a strength-based approach to living successfully with ADHD and other 'neurodiverse minds', such as, dyslexia, dyspraxia, autism spectrum, dyscalculia and Tourette's syndrome.

www.addiss.co.uk

The National Attention Deficit Disorder Information and Support Service. Providing people-friendly information and resources.

www.pdasociety.org.uk

Pathological Demand Avoidance Society offer information, support and training for PDA.

[PDA Together | Facebook](https://www.facebook.com/PDAtogether/)

For parents and individuals to support and inform each other within the world of PDA.

www.capt.org.uk

The Child Accident Prevention Trust, working to reduce the number of children and young people killed, disabled or seriously injured in accidents.

If you would like this information in another format, please contact:

Cornwall Council, County Hall, Treveryn Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

Information Classification: CONTROLLED

Being Passionate About Parenting with an Introduction and awareness to ADHD

A 6 hour workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6).

Sessions Include:

- Top tips and strategies to support and understand behaviour
- Current information about the traits of ADHD
- Encouraging speaking and listening, turn taking and positive communication
- The benefits of routine and praise
- To provide support and useful resources to parents and carers and much more!

FREE

Delivered over 3 sessions (1.5 hours per session)
Delivered online with Microsoft teams

On Tuesdays 3rd, 10th & 17th August
at 6:00-7:30 pm

To book a place please complete the Early Help 'Request for Help' booking form on the link below:

www.cornwall.gov.uk/earlyhelphub

Click on 'Request for Help' then on the request for help form. Complete, save and email to earlyhelphub@cornwall.gov.uk



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www.cornwall.gov.uk

Information Classification: CONTROLLED

Being Passionate About Parenting with an Introduction and awareness of the Spectrum

A 6.5 hour workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6) without a diagnosis.

Sessions Include:

- Top tips and strategies to support and understand behaviour
- Current information about the Spectrum
- Social scripts to simplify situations that may be a challenge to understand
- The benefits of routine and praise
- To provide support and useful resources to parents and carers and much more!

FREE

Delivered over 4 sessions (1.5 hours per session)
Delivered online with Microsoft teams

On 4th, 11th, 18th & 25th August
at 10-11.30 am

To book a place please complete the Early Help 'Request for Help' booking form on the link below:

www.cornwall.gov.uk/earlyhelphub

Click on 'Request for Help' then on the request for help form.

Complete, save

and email to earlyhelphub@cornwall.gov.uk



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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SPORTS BETTING

Sports betting involves staking money on the predicted outcome of sports results. Online sports gambling is much faster and easier than using a traditional bookmaker and provides more markets to wager on – including in-play betting, enabling bets to be placed on an event after it has started. Online betting operators also provide the incentive of odds which look like a better deal than high-street bookmakers, along with bonuses and promotions for customers. Alongside the convenience of being able to place a bet (in seconds) from a mobile phone or tablet at any time, this has helped online sports betting in the UK to grow year on year.

Betting for 'fun'

A study into why young people use gambling platforms reported that the most common responses were "because it's fun" (55%), "to give me something to do" and "to win money" (both 31%). Other reasons on the list included "because it's cool", "because it's something my parents or guardians do" and "because it helps me when I feel depressed".

Cross-selling of products

Cross-selling is a critical marketing strategy for sports betting operators. It is a concern because it can lead users of one gambling platform onto another, and then to another. These other gambling apps and sites include high-speed casino games (such as blackjack and roulette), which are extremely addictive and financially thrive on engaging the user to gamble.

Underage gambling

The UK Gambling Commission suggests around 140,000 11- to 16-year-olds have, or risk having, a gambling problem. Gambling under 18 is illegal, but some platforms' weak age verification processes make it possible for young people to bet using their own card details or an adult's. Usually, if the name used to sign up matches the cardholder's name, then the user will have no issues depositing funds to bet with.

Financial risks

There have been numerous reports of instances where a young person has gambled away a significant amount of money in a short space of time on a parent's card. The parent has then had to retrospectively file a complaint with the operator of the gambling platform and attempt to prove that it was not the cardholder who had signed up and placed bets.

Possibility of addiction

Researchers have proved that when we take any risk and it pays off, our brain releases the chemical called dopamine which causes us to feel good. So in a gambling context, when a person places a bet and is successful, these reward pathways are triggered in the brain. This physiological response can very rapidly become addictive for some people.

Negative impact on mental health

Several scientific studies have concluded that gambling can lead to mental health issues such as anxiety, depression, low self-esteem, anger management problems and even suicidal thoughts. In fact, gambling disorder (the overall term for compulsive gambling or gambling addiction) is highly correlated with suicide and disproportionately affects people under the age of 30.

Safety tips for Parents & Carers

Talk about the risks

Even if your child has not asked about betting on sports online, talk to them about its potential dangers. Young people are exposed to gambling through their devices, via social media and by friends. Make sure they are aware of the risks of gambling apps and platforms.

Support critical thinking

Encourage your child to think critically about online gambling. Explain how limited the chances of winning are, and make sure they understand that the whole business of gambling companies is taking money from users.

Install protective software

Install blocking software such as Gamban, BetFilter or BetBlocker on your child's devices. These user-friendly, non-intrusive pieces of software stop users from accessing thousands of online gambling websites and apps worldwide.

Limit access to funds

Ensure your card details aren't saved on your child's device (from a previous purchase, for example). This restricts their spending and stops them gambling if they don't have their own debit card. If your child does have a bank card, make sure they realise that gambling can leave them with no money to spend on other things that they like.

Be a role model

It's wise not to expose your child to betting, because seeing you bet can normalise it and suggest to them that it is risk-free and harmless. They would also be far less likely to take you seriously when you talk to them about the dangers of gambling.

Seek support

If you're concerned about your child and online gambling, it's important to step in early. What might first appear to be the odd bet here and there can quickly become a serious issue. If your child is affected, don't be afraid to ask for guidance and advice – there are several charities who you can turn to for support.

NOS National Online Safety
#WakeUpWednesday

Meet Our Expert

TalkGEN is a non-profit organisation that was formed by individuals who have lived experiences of gambling harm. As well as their own direct efforts to reduce the dangers through research, education and treatment, TalkGEN actively campaign for reform of the sector to eliminate the potentially devastating effects of problem gambling on current and future generations.

TALKGEN
YOUR BETTER CHOICE

Spot the signs

Problem gambling can be very isolating. Awareness of the issue is increasing, but it can still be difficult for people to seek help or even admit that they are struggling. These signs are common indicators of gambling issues: if your child displays any of them, it might be time for an honest talk.

- Regularly borrowing money
- Expenditures they don't want to explain
- Being secretive about their devices
- Controlling or manipulative behaviour
- Becoming depressed, agitated or anxious
- Changes in performance at school
- Mood swings

SOURCES: <https://www.theguardian.com/society/article/2016/09/26/young-people-gambling> | <http://www.bbc.com/news/health-2016-09-26> | <http://www.bbc.com/news/health-2016-09-26> | <http://www.bbc.com/news/health-2016-09-26>



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