Bishop Bronescombe C of E School U1/03/2019 Learning that lasts a lifetime¹

What a lovely first week back to school! We hope you enjoyed the break and it seems that children have come back refreshed and ready for action!

Our Christian value this half-term is COMPASSION. We have therefore decided that we will show our compassion for those less fortunate than ourselves by going for the 'Give it Up challenge' for Lent. This week, we have discussed what we could give up to either save money or to gain sponsorship money which can then be donated to our chosen charity. I am sure your child will have their own ideas but if they need inspiration; you can take a look at the 'A-Z of Give it Up ideas' later in this newsletter. The pupils have also discussed who they would like to collect for and the winning charity is Children's Hospice South West.

Each Wednesday of Lent (starting on Ash Wednesday, 6th March), we ask children to start bringing in their donations to school. We will then collect all the money raised and announce the grand total as well as the class that managed to raise the most at the end of the term.

Before then though, we have our annual Pancake Day races on Shrove Tuesday, 5th March. We would love it if every child brought in their pancake pan (named if possible please!) and a 'pancake' (bought, home-made or even a cardboard version!) to join in with this BB tradition! NB—this is not open for parents to attend but we will ensure some photos are in next week's newsletter!

Finally, in what will be a busy week, we are celebrating World Book Day on Thursday, 7th March. More details are on the next page. This is followed by our termly Parent Forum. Karen Holmes, our Celtic Cross Education School Improvement Partner will also be attending. If you are unable to attend but would like to suggest a topic for discussion, please email your suggestion to: bishopbronescombe.secretary@celticcross.education by 4pm on Wednesday, 6th March.

See you for a busy week next week!

Mrs Carmichael

Online Safety news... You will no doubt have heard about the 'momo challenge' via the media recently. The momo character, shown with bulging eyes, supposedly appears on WhatsApp and sets children dangerous "challenges" such as harming themselves. This story has gone viral but is far more hype and hoax than reality and there are actually no UK police reports of children harming themselves. However, unofficial copies of cartoons such as Peppa Pig have been uploaded to YouTube with footage of "momo" edited in. Children watching unofficial uploads may therefore be exposed to the distressing images. Please see: https://www.bbc.co.uk/news/technology-47393510 for more on this story.

We have had reports of some of our younger children having seen videos containing the momo image on YouTube, which have been very upsetting for them, whilst others have been talking about it amongst themselves. We have talked to the children this week to reassure them that they are not at risk but they should be careful about what they are accessing and viewing online. We have avoided mentioning the name where at all possible in order to avoid highlighting it further. We have attached a parent factsheet at the end of this newsletter, which includes information about how children may be exposed to this content as well as some top tips for parents. Please also reassure your children that the alleged 'momo challenge' is **not real** and they **are not in any danger**. However, they **should not** be searching for this online and **must** report unsettling content to an adult straight away.

The recommendation is that parents use this as an opportunity to talk to children about internet safety, have open conversations about what they may be accessing and set up family controls for the use of technology in the home.

WEEKLY ATTENDANCE

The expected average attendance for a child is 96% for the year Our attendance for this week is 96.66%

Our attendance for this school year is 96.22%

Well done to Little Fish class for the attendance stars of the week!

Classes	%	Lates	Class	%	Lates
Little Doves	94.44%	1	Pelicans	97.04%	2
Little Fish	99.23%	4	Angels	95.02%	1
Little Lambs	98.89%	2	Faith	96.67%	0
Peacocks	97.04%	3	Hope	98.15%	1
Phoenix	94.81%	1			

The Importance of Arriving at School On Time

Every half term we have a visit from our local Education Welfare Officer to discuss general attendance and lateness throughout our school. She has noticed that there are a number of pupils arriving late to school, which has a negative impact:

- Being late can disrupt lessons
- Affect achievement
- Embarrass/upset your child

Please help by ensuring your child arrives on time and ready to learn!

	If your child is 5 minutes late a day they lose:							
	25 minutes a week	1 hour 40 minutes a month	2 hours 30 minutes a half term	5 hours a term	16 hours 15 minutes a school year			
_				This is equivalent to 1 full day	This is equivalent to over 3 days			
	If your child is 10 minutes late a day they lose:							
	50 minutes a week	3 hours 20 minutes a month	5 hours a half term	10 hours a term	32 hours 30 minutes a school year			
			This is equivalent to 1 full day	This is equivalent to 2 full days	This is equivalent to over 6 full days			
:	If your child is 15 minutes late a day they lose:							
	1 hour 15 minutes a week	5 hours a month	7 hours 30 minutes a half term	15 hours a term	48 hours 45 minutes a school year			
		This is equivalent to 1 full day	This is equivalent to over 1 full days	This is equivalent to 3 full days	This is equivalent to over 9 full days			
n	If your child is 20 minutes late a day they lose:							
	1 hour 40 minutes a week	6 hours 40 minutes a month	10 hours a half term	20 hours a term	65 hours a school year			
		This is equivalent to over 1 full days	This is equivalent to over 2 full days	This is equivalent to 4 full days	This is equivalent to 13 full days			



We have received correspondence from a local resident to say that they were upset by a parent when they discussing parking outside their house. Despite the fact that the number of parking spaces at school has increased, we do understand that there is still a need to park in the local residential area. Can we please ask that parents and carers respect local residents' access to their property? Many Thanks



We have had a few complaints from parents wanting to drop their children off in the drop off zone in the mornings, but finding cars parked there. Please do not park in the drop off zone as this causes congestion. Could we also remind you not to park in the disabled space in the car park outside of reception, this is solely for disabled users. Thank you

BBKIDS TELEPHONE NUMBER IS 01726 65471—THIS IS FOR EMERGENCIES ONLY

2018/19 Spring Term Diary Dates:

Tu**es 26th Feb**—Yr 1 Phonics info session—3.30pm Thurs 28th Feb—KS1 (Yr2) SATs info session—3.30pm Mon 4th March—Coffee & Cake session with PSA and Family Support Workers @ 9am Thurs 7th March—World Book Day 'Reading snuggle--down afternoon' 1:30pm, followed by: Parent Forum 2nd & 3rd April—Parent Consultation Meetings Tues 2nd April—Easter Communion—2pm all welcome Fri 5th April—Last day of Term, there will be no BBkids afternoon sessions Tues 23rd April—Summer Term begins Mon 20th May—Y6 Skern Lodge meeting @ 3.30pm



The children from LKS2 enjoyed a glorious day at Eden. We took part in a fascinating workshop to support our Chocolate topic. The children learned lots about the global food supply chain we all rely on. As usual, behaviour was fab! Thank you to the wonderful parent helpers who made the trip possible.

After noticing quite a bit of litter in the secret garden, Rainbows 1 decided they wanted to do a litter pick. This week they have become Save the World Super Heroes and have used their powers to make signs to display around the school, to remind everyone to put their litter in the bin! On Friday we put on our capes and went on a litter picking mission. We were amazed at how much litter we found!



BB Sports News.....



Ten BB children went to Grampound with Creed School to meet basketball legend Paul Sturgess. Paul is Britain's tallest man and was once the NBA's tallest basketball player. He is now a successful actor. He gave an inspirational talk and then led a basketball skills session. The children's behaviour was fantastic and they all had a great time!

Five children had a fantastic time on Tuesday taking part in a dance festival at Cornwall College. They were all taught a contemporary style dance throughout the morning by students at the college. In the afternoon, they then got to experience a lighting and sound check before performing their dances in front of parents in the Keay Theatre! It was a brilliant day.

Thursday 7th March - World Book Day

To celebrate World Book Day we will be holding our very own 'Snuggle down and read day!' Children

(and any adult volunteers!) are asked to come in wearing their pyjamas, to bring in their favourite book to share with their friends and a £1 donation. Parents are invited to join their children for a range of reading activities from 1:30pm and then to join the parent forum from 2:30. If you are planning to attend the afternoon session please could you let your child's class teacher know via dojo. If you have children in more than one class, you will be able to move from one class to another if you'd like to! Many thanks Mrs Greenaway





Positive Behaviour Support - Parent & Carer Workshop A workshop for parents supporting children who present behaviours that challenge. The workshop is designed to offer strategies, develop confidence, cnowledge and understanding when supporting those find out what the PSA, Family worker, who find it difficult to self- regulate. We will explore; *Behaviour as Communication *Functions of Behaviour *Emotional & Social Development *Attachment *Person Centred Approaches *Positive Behaviour Support With the support of Parent Carer Cornwall we are able to provide this workshop free to the parents and carers of Cornwall. Refreshments provided.

Venue ST ERME COMMUNITY CENTRE TR4 9BD TO BOOK EMAIL michellepcc@outlook.com

> Thursday 4th April 2019 10 am - 1pm

PSA Info.....

REMINDER: Coffee and cake morning— Monday 4th March at 9am.

Perhaps you know someone else who might benefit from coming along; do they need a friendly face to accompany them? Bring a friend along to SENCO or Sendiass Rep can do to help them and their family. Coffee and Cake provided.

For more info on events like the one opposite, please come along to our Coffee morning on Monday to discuss your families needs with our PSA.

Coffee and Support Meeting

Come and gain some advice on benefits

12th March 10.00-12.00

Treverbyn Community Hall

Stenalees

St Austell

PL268TL

Booking: michellepcc@outlook.com



A-Z of **give it up** ideas

Give it up and donate what you would have spent, or get sponsored to give up something more difficult. Choose your challenge!

Apps—get sponsorship to give up all your apps for Lent, or just your favourite app.	Nail polish. Run a nail bar instead and take donations for CAFOD.				
Animal products—see M, and add leather.	Online. Give up that screen time and think of others.				
Bottled water—we use up to 13 billion a year in the UK ¹ ! Carry a flask instead. Put aside 10p every time you would have bought a plastic bottle.	Pizza. And other fast food; this one is good for your health and for people in need				
C Chocolate! Yes, that old favourite! The most popular thing to give up for Lent. You could also give up crisps or chips.	Q Quality Street—other varieties of sweets are also available to give up!				
D Desserts - if you have a sweet tooth, why not give up your puds this Lent?	Reaching into the cookie jar. Ban cookies for Lent and give 5p for every time you would have eaten one.				
E Eating cakes. Go the extra mile and do a cake sale—without indulging yourself!	S Speaking. A sponsored silence is a great way to raise money. Parents and teachers love this one! And why not speak at Mass				
F Films. Prices vary, but one cinema ticket may cost you £7. That could buy rice seeds	or assembly for CAFOD too?				
may cost you £7. That could buy rice seeds that will grow in salty water.	Take-away food. This also helps reduce single use packaging.				
Fizzy drinks – this one is good for your teeth as well!	Using electricity. This is a real challenge. Can you manage a day without?				
G Gaming. Get sponsored for giving up some screen time!	Videos. Make one instead, to explain how 'giving it up' can help our global family.				
Hurrying everywhere. Bike or walk instead of taking the bus - extra time to think,	Post it on social media.				
more exercise and money for others!	Water—obviously not giving up entirely! Can you reduce the amount you use?				
I Imported fruit and veg. Eat locally sourced. Work out how many air miles you save and	Maybe have a shorter shower.				
get sponsored per hundred.	X-box or other games console. Give up a favourite computer game for Lent and get				
Instagram – spend the saved time praying	sponsored.				
for those who don't have enough food.	YouTube. Challenge yourself to go without,				
J Jewellery. Go sober for Lent! You could even have a jewellery sale of all that old	and get others to sponsor you!				
stuff you never use—profits to CAFOD!	Z Zzzz Sleep on the floor in solidarity with				
Kettles! Forget hot drinks and drink water instead. (Also see U)	the many who have no bed.				
Lunch on Fridays—or swap it for a simple bowl of soup.	I slept on the floor for CAFOD in Lent when I was ten. It was hard but I felt				
Lights – switching off the lights during the day saves money and the planet!	really glad I'd done it. Jessica, 17				
Meat. Another popular one! Go veggie-this					
one will help the planet too!	¹ recycling-guide.org.uk/facts.html				

ake challeng this Lent It's important to note that new challenges are arising on the internet all the time. We have created to this guide to raise awareness of the issue and offer advice on helping parents to talk to their children about making safer decisions online. See also our'7 conversation starters' guide for more tips on better communication with your child.

> Momo is a sinister 'challenge' that has been around for some time. It has recently resurfaced and once again has come to the attention of schools and children across the country. Dubbed the 'suicide killer game', Momo has been heavily linked with apps such as Facebook, WhatsApp, YouTube, and most recently (and most worryingly)... YouTube Kids. The scary doll-like figure reportedly sends graphic violent images, and asks users to partake in dangerous challenges like waking up at random hours and has even been associated with self-harm. It has been reported that the 'Momo' figure was originally created as a sculpture and featured in an art gallery in Tokyo and unrelated to the 'Momo' challenge we are hearing about in the media.

What parents need to know about

CHILDREN'S VIDEOS BEING'HIJACKED'

There have been recent reports that some seemingly innocent videos on YouTube and YouTube Kids (such as 'surprise eggs', unboxing videos and Minecraft videos) have been edited by unknown sources to include violence provoking and/or other inappropriate content. Even though YouTube monitor and remove videos that include inappropriate content, clips can be uploaded and viewed thousands of times before they get reported and removed. As a parent, it's difficult to spot these videos as the harmful content doesn't appear until

partway through the video.

DISTRESSING FOR CHILDREN

Popular YouTubers and other accounts have been uploading reaction videos, showing their experience of the MOMO challenge. Some of the videos include a disclosure message warning that the content may be "inappropriate or offensive to some audiences" and that "viewer discretion is advised" but these videos are still easily accessed by clicking 'l understand and wish to proceed'. The image of the 'Momo' character can be deeply distressing to children and young people and it's important to note that it may slip through parental settings and filters.

SUGGESTED VIDEOS ON YOUTUBE

Video apps such as YouTube include an 'up next' feature which automatically starts playing another video based on the video just watched. Due to YouTube's algorithm, users are shown 'suggested videos' that they may be interested in. The thumbnails used on suggested videos are purposefully created in a way to encourage viewers to click them. During our research, we found that when watching one Momo related video, we were shown countless other Momo themed videos and other scary content which would be age-inappropriate for children under 18.

National Online Safety

TELL THEM IT'S NOT REAL

Just like any urban legend or horror story, the concept can be quite frightening and distressing for young people. Whilst this may seem obvious, it's important for you to reiterate to your child that Momo is not a real person and cannot directly harm them! Also, tell your child to not go openly searching for this content online as it may only cause more distress.

BE PRESENT

It's important for you, as a parent or carer, to be present while your children are online. This will give you a greater understanding of what they are doing on their devices, as well as providing you with the opportunity to discuss, support and stop certain activities that your child may be involved in. As the nature of each task become progressively worse it's also important to recognise any changes in your child's behaviour.

TALK REGULARLY WITH YOUR CHILD

As well as monitoring your child's activity, it's important for you discuss it with them too. Not only will this give you an understanding of their online actions, but those honest and frequent conversations will encourage your child to feel confident to discuss issues and concerns they may have related to the online world.

SOURCES: https://www.mirror.co.uk/news/world-news/sick-videos-youtube-youtube-kids-14052196 http://www.bbfc.co.uk/ https://www.bbc.co.uk/news/uk-northerm-ireland-47359623

Top Tips for Parents

DEVICE SETTINGS & PARENTAL CONTROLS

Ensure that you set up parental controls for your devices at home. This will help to restrict the types of content that your child can view, as well as help you to monitor their activity. In addition to this, it's vital that you are aware of your device and account settings to ensure your child's utmost safety. For example, on YouTube you can turn off'suggested auto-play' on videos to stop your child from viewing content that they have not directly selected.

PEER PRESSURE

Trends and viral challenges can be tempting for children to take part in; no matter how dangerous or scary they seem. Make sure you talk to your child about how they shouldn't succomb to peer pressure and do anything they are not comfortable with, online or offline. If they are unsure, encourage them to talk to you or another trusted adult.

REAL OR HOAX?

As a parent it is natural to feel worried about certain things you see online that may be harmful to your child. However, not everthing you see online is true. Check the validity of the source and be mindful of what you share as it may only cause more worry.

REPORT & BLOCK

You can't always rely on parental controls to block distressing or harmful material. People find ways around a platform's algorithm in order to share and promote this type of material. Due to this, we advise that you flag and report any material you deem to be inappropriate or harmful also block the account/content to prevent your child from viewing it. Also encourage your child to record/screenshot any content they feel could be malicious to provide evidence in order to escalate the issue to the appropriate channels.

FURTHER SUPPORT

Speak to the safeguarding lead within your child's school should you have any concerns regarding your child's online activity or malicious content that could affect them.

If your child sees something distressing, it is important that they know where to go to seek help and who their trusted adults are. They could also contact Childline where a trained counsellor will listen to anything that's worrying them.

The Childline phone number is 0800 1111.

www.nationalonlinesafety.com

Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

Phone - 0800 368 8061