



"Learning that lasts a lifetime"

## Newsletter

### HEAD'S BLOG

Oh my! What a week.... We have been incredibly busy this week, working on plans for the possible reopening to certain groups of pupils. Of course, we still don't know if this will go ahead. We will await the outcome to the SAGE meeting on the 28th May, followed by the government's announcement. Until we know for sure, we remain closed to all pupils, except children of key workers and vulnerable children. However, we have put in place plans for the week beginning 1st June and you will have received notification of arrangements if your child is expected to attend.

We recognise that the last few months have been difficult for everyone at different times and in different ways. Now the first children that are due to return will face new challenges again. They will need support to overcome worries about what school will be like now. Whilst they may be very excited to see their friends, they may need support in getting on with one another. Many may not have done much exercise over recent weeks and we'll want to get them moving! Most importantly, we will want them to feel safe and secure in coming back.

One way in which we can do this, and help protect against infection of children, staff and their families, is to stick to some new rules which we have devised—'Rules for Health'. These supplement our 'Rules for Life' and 'Manners for Life' shared with you and your children earlier this year. These rules are very important to follow and are in line with DfE guidance and our risk assessment. We will be reinforcing these rules as and when pupils return and you can find them on the following page. We would really appreciate it if you could ensure your children know and understand these rules before returning. You may also wish to reinforce health and hygiene messages and the 'ebug' website has some great resources aimed for young children. We have also made some additions and adaptations to our behaviour policy to reflect the inclusion and importance of these rules. This policy will be added to our website shortly.

I have already sent out, via Class Dojo, information about our planned new procedures as well as some FAQs. Please take some time to look at this again if you can. In addition, information about groupings, drop-off and collection times has been sent out via Class Dojo and text. If you have any queries or concerns, please do not hesitate to email: [bbsupport@celticcross.education](mailto:bbsupport@celticcross.education).

Provision for key worker and vulnerable children will continue but times slightly reduced. Provision is available all week though and there will be no need to book specific days from now on. If you are a key worker and find you do need this provision, please email [bbsupport@celticcross.education](mailto:bbsupport@celticcross.education) to request a place for your child.

Next week is the half-term holiday. We will still be open for some children but there will be no Home Learning set. We want you all to have a lovely break, enjoy the sun and get out and about, socially distancing yourselves of course!

We still don't quite know what the future will hold but rest assured, the BB family will do all we can to make the best of it!

Take care and stay safe!

Mrs Carmichael

# Information about possible phased reopening...



## Rules for Health



- \* I will wash my hands when I arrive at school, after playtimes, before and after eating and after using the toilet. I will wash them with soap and warm water for 20 seconds.
- \* I will stay in my 'bubble' with my designated group and adults.
- \* I will stay 2 metres away from other children and adults, especially when lining up and moving around.
- \* I will not cough or spit towards anyone else. If I need to cough or sneeze, I will use a tissue to 'catch it, bin it, kill it.'
- \* If I need to use the toilet, I must ask an adult and wait. I must only use my group's toilet.
- \* I will try my best not to touch my eyes, nose and mouth. If I do, I will wash my hands.
- \* I will tell an adult if I feel poorly.
- \* I will move around and stay in the areas I am told to.
- \* I will not share ANY equipment or food/drink.



### Reminders of our expectations

Children who are attending school will:

- Be dropped at school by only 1 parent or carer.
- Arrive and be collected at their group's allocated time only.
- Enter the school site via the identified entry point for your group.
- Exit following the one-way system.
- Be split into groups of no more than 15 children.
- Operate as a 'bubble' in school with the other children and adults in their group only.
- Only use one room inside the building during the day, including to eat their lunch.
- Bring in a packed lunch.
- Only use the external classroom door to enter and exit the building.
- Have staggered break and lunchtimes so they do not come into contact with other groups of children/adults.
- Regularly wash their hands including on entering and exiting the classroom, before and after eating and after coughing or sneezing and at other regular points in the day.
- Sit on their own at a desk which is positioned as far apart from other children and adults as possible - this will be the same desk each day. For Nursery and Reception this may not be appropriate.
- Have their own stationery (provided by school).
- Bring their own water bottle (named).
- Wear school uniform, which has been washed daily. NB if you can't provide clean school uniform, it is better to wear clean home clothes than school uniform worn on a previous day!
- Only use outside spaces at specific times, when other groups are not using them.
- Have access to limited equipment that is only used by children in the same group and cleaned after each use.
- Be taken to an isolation room if they display symptoms of COVID-19 during the school day





# Wow Work Gallery



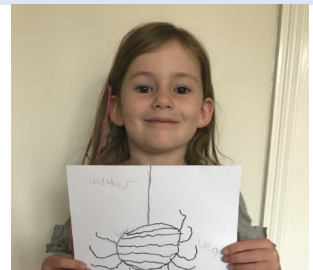
**Lowenna from BBeebies**

Tracey was so proud of the beautiful rainbow painting you created this week.



**Rozina from Rainbows**

Rozina has been exploring the story of the Hungry Caterpillar and has been getting very creative with paper chains, finger printing, portraits and collages!



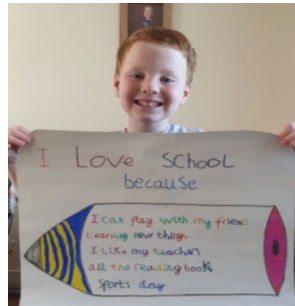
**Darcie from Stars**

Darcie has been continuing to practise her drawing, writing and reading at home and Miss Burr is VERY proud of her determination to work independently.



**Ebony from Doves**

Mr D is very proud of your persistent hard work and effort to improve her reading.



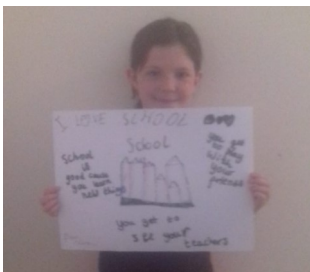
**Connor from Little Fish**

Well done for your engagement in the celebrations for Share a Pencil Day this week. We are proud of you!



**Alex from Little Lambs**

I am very impressed with his hard work. This week he has been learning the French and what to call the things in his pencil case.



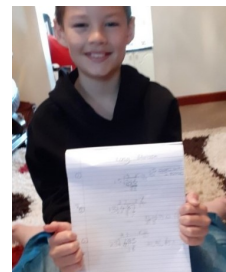
**Clara from Phoenix**

Miss Munson is really proud of the lovely examples of her home learning. Well done Clara!



**Edward from Pelicans**

Edward has become a master craftsman building bird houses, ramps and baking mud pies as well as persevering with his Maths and Writing.



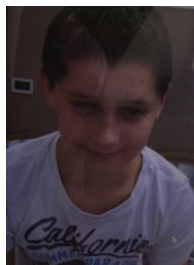
**Archie from Peacocks**

Archie, you amaze Miss Edney all the time with your willingness to try new things. Archie completed a range of long division questions after asking for them to challenge himself! Well done.



**Amelia from Angels**

Amelia has created a fantastic presentation all about otters. It is clear to see how much time and effort has been taken on producing it!



**Lucas from Faith**

Lucas has had a fantastic week completing his SATs Lockdown test. He showed lots of enthusiasm in guessing the facts and solving the questions!



**Daniel from Hope**

A huge well done to Daniel for creating an informative poster all about climate change.



**THANK  
YOU  
FOR  
MAKING  
A  
DIFFERENCE  
EVERY  
DAY.**

## National Thank a Teacher Day



On May 20th, it was National Thank a Teacher Day. We'd like to take this opportunity to thank every member of teaching staff, support staff and school leaders for their commitment, not just during these challenging times, but every day.

## Early Help

Family Worker / Parenting Advice



Do you need some support and advice to understand your child's needs and behaviours?

Advice on positive parenting and how to keep your child safe?

To understand the importance of routines for your family?



### Contact us

Call 01872 326328

Leave a message and one of the team will call you back.



Together  for Families

 [www.cornwall.gov.uk](http://www.cornwall.gov.uk)

## Emotion Coaching

Information Leaflet- Online Training for Parents and Carers

### What is Emotion Coaching?

Emotion coaching draws on neuropsychology, attachment theory and focusses on developing and maintaining relationships with children and young people to support their social, emotional and mental health as well as their learning. It is a relational approach based on building positive relationships through empathy, attunement, understanding and respect. Through adults reflecting on and adopting this approach, children and young people are more able to understand and manage their internal regulation systems (i.e. their feelings and behavior).

The training supports adults to:

- Understand the key principles underlying emotion coaching.
- Develop an understanding of different parenting styles and reflect on their style.
- Develop skills in using emotion coaching.

### Evidence Based Approach

Research carried out by Bath Spa University indicates that Emotion Coaching:

- Helps children and young people to regulate, improve and take ownership of their behaviour.
- Helps children and young people to calm down and better understand their emotions.
- Helps adults to be more sensitive to children's and young people needs.
- Helps create more consistent responses to children's and young people behaviour.
- Helps adults to feel more 'in control' during tricky situations.
- Helps promote positive relationships

### Interested?

This training will be delivered virtually via Zoom by two Educational Psychologists over two 1.5 hour sessions.

We will be running two separate groups;

- Group 1: 19<sup>th</sup> and the 26<sup>th</sup> of May (each session will run from 10am to 11:30)
- Group 2: 2<sup>nd</sup> and 9<sup>th</sup> of June (each session will run from 10am to 11:30).

Limited spaces available and offered on a first come first served basis.

### To book contact:

[roosje.rautenbach@cornwall.gov.uk](mailto:roosje.rautenbach@cornwall.gov.uk)



Together  for Families

 [www.cornwall.gov.uk](http://www.cornwall.gov.uk)

## OTHER SUPPORT AND ADVICE

This week was Mental Health Awareness Week and huge thanks goes to our fantastic Parent Support Advisor, Terri-Anne for providing some really useful resources to use with our children during these times.

**Here's a little collection of resources and links that can help during this uncertain time for families.**

As we approach the phased return to school news is everywhere. In the digital age, it is no longer possible to control the news that we are exposed to, or to shield children from upsetting information.

What you *can* do is help to minimise the negative impact it has on your children. You can do this through open and honest conversations at home. Here are some top tips:

<https://www.mentalhealth.org.uk/publications/talking-to-your-children-scary-world-news>

The **NSPCC** has Coronavirus (COVID-19) advice and support for parents and carers.

Whether you're working from home with your kids for the first time or supporting children with anxiety due to coronavirus, they've got tips and advice for you.

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

**FREE MINDUP ACTIVITIES AND RESOURCES** <https://mindup.org.uk/mindup-activities/>

Above is an activities page created to help bring mindful, positive and happy moments into your home. **MindUP** is designed to help your child develop an understanding of their brain, emotions and actions. These activities help build their focus and awareness, and form positive relationships with others. Doing MindUP activities and practices together will support wellbeing and help encourage a calmer, happier and more optimistic home.

As well as some fab activities MindUP are sharing a Support Pack to help families develop a greater understanding of the brain, emotions and actions, and you will learn techniques and activities that can enhance the wellbeing of the whole family.

<https://mindup.org.uk/families/>

One of my favourite links encourages us to all practice the art of Optimism.

<https://mindup.org.uk/wp-content/uploads/2020/03/4-Practices-for-you-and-your-child-.pdf>

This link below will take you to a website sharing some lovely Free videos by Dr Karen Treisman to support relaxation and emotional regulation.

<http://www.safehandsthinkingminds.co.uk/covid-anxiety-stress-resources-links/>

