

HEAD'S BLOG...

Christmas is coming and the corridors are ringing with children practising ready for our first ever (socially distanced) Nativity movie! Our resident drama and music creative team have written a very special nativity and each class are preparing their scenes to be edited together, ready for sharing on our website at the end of the term. I am very excited to see the final product and will have my Christmas-spiced popcorn at the ready!

Meanwhile, a huge thanks to those of you that have already contributed to the Salvation Army Christmas Appeal. In case you missed it, we are collecting gifts to be passed on by the Salvation Army, to those children who might otherwise go without. Please bring in your donations by Monday 7th December. A list of suggested items is below.

And finally, a polite reminder. Can we ask that parents continue to wear face coverings when dropping off / collecting their children and whilst around the school site in order that any transmission risk is reduced. We have received reports of parents without masks congregating outside Boldventure gate and on the pathway towards Retallick Meadows. Your help in ensuring face coverings are worn and vacating the site as soon as you can will be appreciated.

Have a lovely weekend.

Debbie Carmichael

Suggested Gift List for the Christmas Present Appeal.

0-3 years: dolls, teddy bears, cot mobiles, baby clothes, bath toys, CDs of suitable music and nursery rhymes, puzzles

3-5: dolls and action figures, cars, lorries, DVDs and CDs (music and nursery rhymes), colouring sets, pencils, crayons, books, puzzles

5-9: educational games & toys, stationery (colouring sets, pencils, crayons, school sets), CDs & family friendly DVDs, books, puzzles, wordsearch, crosswords

9-12: games and toys, stationery, DVDs, books, t-shirts, hair accessories, gloves, scarves, hats

Coronavirus reminders If your child develop any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he MUST NOT come to school and school must be informed. Call 119 or get a test online at:

https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).

A new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you believe that your child is well enough to attend school and they have only symptoms of a 'common cold' such as: runny nose, sore throat or a mild cough they are permitted to attend.

The new NHS COVID-19 app, now available to download for free in England and Wales, is the fastest way to see if you're at risk from coronavirus. The faster you know, the quicker you can alert and protect your loved ones and community. The app has a number of tools to protect you, including contact tracing, local area alerts and venue check-in. It uses proven technology from Apple and Google, designed to protect every user's privacy. You can download the app from: https://www.covid19.nhs.uk/

NB: All absences must be reported to our school office by calling 01726 64322. You can leave a message if outside of office hours. Please DO NOT report absences via Class Dojo. Thank you.



Achievers this week



Each week we will be awarding children who have gone the extra mile with the following:

- Achiever Certificate for showing awesome learning behaviours
- Christian Value Certificate—for showing how we can demonstrate our Christian Values.

<u>Doves</u>	<u>Fish</u>	<u>Lambs</u>
Layla	Bethany Sutton	Jamie
For her motivation in her excellent writing.	For having a great attitude towards work and for fab English this week.	For working really hard in all lessons.

PelicansPeacocksPhoenixTo be confirmedAlfie MLucasFor always giving 100% in all lessons.For excellent effort and progress in Maths and Reading this term.

<u>Angels</u> Faith <u>Hope</u> Shay Eva Lucy For her For always showing a For applying her positive attitude and knowledge in her learning when writing English writing on real determination to her build-up. She used Isaac Newton. fantastic suspense succeed in all areas of his learning. techniques.

These children have been awarded with a certificate for showing our Christian value of forgiveness:

Doves - Beau	Pelicans - TBC	Angels - Jacob
Fish– Benji	Peacocks - Sophie	Faith - whole class!
Lambs– Max M	Phoenix - whole class!	Hope - Aimee

DATES FOR YOUR DIARY

2020/21 Autumn Term Diary Dates:

Week beginning 7th December—Christmas crafts week
Fri 11th December—Silly Santa day

Week beginning 14th December—Christmas party and virtual panto week

Tues 15th December—Christingle

Wed 16th December—Christmas lunch

Mon 21st December-Fri 1st January—Christmas holidays

Mon 4th January 2021—Back to school

Mon 15th February 2021-Fri 19th February 2021—Half term

Fri 2nd Apr 2021-Fri 16th April 2021—Easter holidays

Mon 3rd May 2021—Bank Holiday

Mon 31st May 2021-Fri 4th June 2021—Half term

Fri 23rd July 2021—Last day of term

Polite reminder: Please drop your child off and pick them up at their class allocated times only. The <u>only</u> exceptions are if there are siblings with different start and finish times. Teachers are generously supervising children outside of their usual teaching hours in the current situation (as well as having reduced lunchtimes) and we ask that this is not abused. Thank you.

teaching hours



Online safety update—Digital Charter

The digital 5 a day provides a simple framework that reflects the concerns of parents/ carers as well as children's behaviours and needs. It can also act as a base for family agreements about internet and digital device use throughout both the holidays and term time.



Based on the NHS's evidence-based "five steps to better

mental wellbeing', the digital 5 a day campaign gives children and parents easy to follow, practical steps to achieve a healthy and balanced digital diet.

You can find out more here: https://www.childrenscommissioner.gov.uk/digital/5-a-day/

PARENT SUPPORT

Hello everyone,

I wanted to take this opportunity to remind you of the parent support that continues to be available to you, regardless of tiers!

1:1 telephone support for advice or queries of any kind.

Text 07903 613074 to arrange a mutually convenient call back appt.

Happy to provide any support you may be seeking with referrals to external support services also.

Easy access resources for

every-day parenting hurdles and self-help on particularly common struggles such as child anxiety, sleep issues and wellbeing.

Visit:

https://www.bishopbronesco mbe.co.uk/web/parent supp ort and guidance/510935

recognise that continues to be a challenging time for many of us. Some recent Trauma training that I attended last week described how when we 'talk about our feelings, they become less overwhelming'. Many families have experienced an increase in stress and an increase in isolation throughout this pandemic meaning that people's wellbeing and mental health have been negatively impacted. Have a look at the tool to the right and consider whether you are in the 'Green zone'?

BB-Conn-ect

Our monthly virtual coffee mornings providing a safe space to meet and connect with others with a gentle focus on wellbeing.

Details on how to join these meetings are shared via Dojo each month but please do express an interest by texting Terri-Anne

Face to face virtual meetings

to provide one off 1:1 appts for advice or to support with ongoing meetings with professionals as required.

Joining a 'virtual' meeting doesn't have to be daunting, please ask me if you are worried.

Coming soon... 'Targeted Parent Sessions'

for small groups of parents to come together for some group support relating to specific topics/themes

To begin with we are welcoming expressions of interest in being part of some small group sessions if you have a child who is

- a) Either on the ASD pathway for diagnosis or has an ASD diagnosis
- Experiencing and struggling with anxiety
- Presenting with challenging behaviour that you are finding difficult to manage

These will begin in the New Year providing we have sufficient interest to facilitate some supportive group sessions. Please contact Terri-Anne if you'd like to be involved.



Please contact Terri-Anne if you are struggling to actively take steps to move back into the 'Green Zone' and would like some support.

PARENT SUPPORT

See, Hear, Respond: Rapid support for children and young people affected by the coronavirus crisis

What kind of help can we give?

We will listen carefully and work out the best way to support you.

This might be help with:

- Going back to school
- Emotional and wellbeing advice and counselling
- If you're a young carer and need support where you live
- Feelings of anxiety and depression, isolation and loneliness
- Family stress and finding coping strategies
- Parental mental health,
- Concerns about your child's online life and more

You can call us for free on **0800 157 7015** to speak to a friendly person in our team, and we'll help you figure things out.

See, Hear, Respond England | Barnardo's



Support for families

During these unprecedented times, it won't just be parents and pupils who might be finding things difficult; many of us might have partners and family members who may been made redundant, furloughed etc.

Please find below the support organisations on the county website:

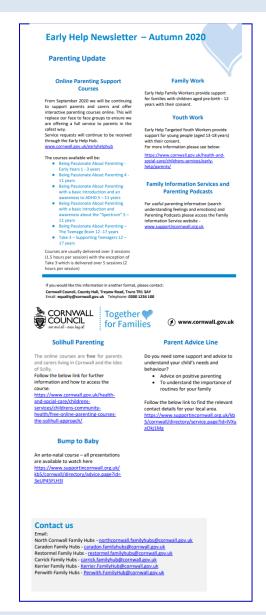
https://www.supportincornwall.org.uk/kb5/cornwall/directory/results.page? adultchannel=5-1

'turn2us' is a site that tells you about advice/support services in your area, based on your circumstances.

https://www.turn2us.org.uk/

PARENT SUPPORT





OTHER NOTICES



The Mousehole Cat

by Antonia Barber, adapted by Alan M Kent

performed by Cousin Jack's Theatre Company

Welcome to the winter issue of BlackbirdPie online magazine!

Despite everything there are festive things to see and do this year, from glittering gardens lit with myriad lights to lighthearted theatre shows. Everyone has gone to great lengths to make things as Covid-safe as possible.

They have searched out quite a lot of free activities and events too including sparkling yuletide markets with entertainers, free entry at PK Porthcurno and The Box Plymouth, stories, videos and art activities to download, interesting winter walks and historic sites to explore.

As well as the new online format we they will be doing more on stories to Facebook and Instagram, so please seek us out for regular activities, ideas and updates in between issues.

Please subscribe so we can send you a link to the next issue.

https://blackbirdreads.turtl.co/story/cornwallchristmas2020/

Videos to

watch and

Offers and

free events

OTHER NOTICES

School Admissions

The online application process for Starting School in September 2021 is now underway. Detailed information about the admissions process is available online or on request from the School Admissions Team.

Please ensure you name more than one preference. It will not mean less chance of securing place at your preferred school. Please note that if you do not apply on time, your preferred school's may already be full.

If you need support with your application process, please contact the office, the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).

THE DEADLINE FOR APPLYING FOR A PLACE IN RECEPTION IS 16th JANUARY 2021.

PLEASE MAKE SURE YOU APPLY IF YOU HAVE NOT ALREADY DONE SO

Is someone close becoming a stranger?

We are pleased to be able to support the Police in promoting a new initiative in supporting those that are vulnerable to radicalisation. Please read on and view the video in the link below.

Radicalisation is the process by which a person comes to support terrorism and extremist ideologies. If you are worried someone close to you is becoming radicalised act early and seek help. The sooner you reach out, the quicker the person you care about can be protected from being groomed and exploited by extremists.

Police forces across the country have specially trained Prevent officers who work with professionals in health, education, local authorities and charities, as well as faith and community groups to help vulnerable people move away from extremism. They are here to listen and offer help and advice. Receiving support is voluntary.

Friends and family are best placed to spot the signs, so trust your instincts and share your concerns in confidence.

They can help if you act early. You won't be wasting police time and you won't ruin lives, but you might save them.



To find out more about how to help someone close to you visit actearly.uk and watch the video online.

Nasal Flu Vaccinations

We are pleased to confirm that the School Immunisation Team will return to school on Wednesday 2nd December to vaccinate the pupils that were unfortunately missed last week.



If you believe your child did not receive the vaccination and you have not yet contacted our school office, please ensure you do so. We can then advise on their consent status. If you have not previously consented and would your child to be vaccinated, you can access the online consent form at https://www.kernowimmunisations.co.uk/Forms/Flu

The code for our school is **EE140465**.

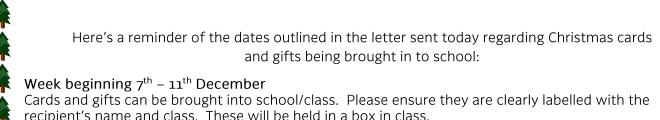
IF YOUR CHILD HAS ALREADY BEEN VACCINATED, THERE IS NO NEED TO CONSENT AGAIN.

OTHER NOTICES

Huge congratulations to the following year six children who have been awarded with Super Six status this week! Miss Moore is very proud of you.

Rowan Haley

Thomas Baker



recipient's name and class. These will be held in a box in class.

11th-15th December

Cards and gifts will be 'quarantined' in the class boxes. We will not accept anything for distribution after Friday, 11th December.

Wednesday, 16th - Friday, 18th December Cards and gifts will be distributed to be taken home the same day.





