

Year 6 Transition Learning Projects

Week 2- This week's learning project focuses on your child becoming organised for secondary school. It will give them the opportunity to reflect on what they will need to take with them, how they will get to school, what meal choices they can make and even how to tie a tie.

Suggested transition activities for 08.06.20

Monday - Starting secondary school is a time where organisation and independence can flourish; a good routine is essential for this. Ask your child to plan their morning routine (from waking up to arriving at school) and then plan their evening routine too (from leaving school to going to bed). Remind them to think carefully about how long each activity will take and what times of the day they will be able to complete hobbies such as reading or after school clubs

Tuesday - What should I take to school? Lots of new and different equipment is needed for secondary school. Create a shopping list with your child which includes all of the equipment they will need; consider specific lessons such as P.E and Food Technology. Use their new school's website for support. Ask your child to draw the everyday items needed. Do they need different equipment on different days? What should they not take with them?

Wednesday - Travelling to and from secondary school requires careful planning and organisation. Talk to your child about how they will get to and from their new school. Will they walk or ride their bicycle? Take the bus? Or travel in the car? Following this, ask your child to plan their journey to school and their journey home from school (see template). What time will they need to leave the house to arrive at school on time? Which route will they take? Will they meet any friends en route? Do they need to take anything with them e.g. a bus pass or a bicycle helmet? These websites may help:

<https://www.google.co.uk/maps/>

<https://www.think.gov.uk/cycle-safety/>

Thursday - Your child's new uniform may include wearing a tie. Encourage them to practise how to their tie by watching this tutorial. Once they've mastered it, can they write a set of instructions for someone else teaching them how to tie theirs?

Friday - As your child begins secondary school, they are likely to have greater freedom over what they choose to eat. Recap with your child what a balanced diet looks like and what a healthy food choice is using this clip <https://www.bbc.co.uk/bitesize/topics/zf339j6/articles/zmwvvgdm> and the NHS eat well website <https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/> Ask your child to think about what the school canteen may offer for lunch. Using these ideas, ask them to create a balanced lunch plate which they would want to eat. You may want to ask them to create a 5-day menu to encourage them to eat a varied diet.

Additional Learning Resources Parents May Wish To Engage With:

- Here is a parental survival guide and cheat sheet for transitioning to secondary school from the BBC.
<https://www.bbc.co.uk/bitesize/articles/zbr7rj6>

- If your child is worried about the move to secondary school, the Young Minds website supports with worry and anxiety.
<https://youngminds.org.uk/>
- Here is a video about how to help your child to organise themselves and top tips for if they are struggling with their learning.
<https://www.bbc.co.uk/bitesize/articles/z76sqp3>
- This website has tips and tricks to becoming organised and ready for secondary school.
<https://www.oxfordowl.co.uk/tips-for-starting-secondary-school/>