

We've had an egg-stra special week at BB!

Our Easter Communion was led by Rev Jules as usual and it gave us all the chance to take the time to consider the meaning behind the chocolate egg! A visitor commented on the wonderful singing and engagement of our pupils. KS1 children experienced a fantastic Easter labyrinth on Monday. A huge thank you to Emma Antoniou for organising this lovely experience.

Wednesday saw our first team-building afternoon in which our teams got together to get creative and decorate eggs. The children were very egg-cited to work with other pupils and they came up with some egg-cellent creations. I had the egg-stremely difficult task of judging the winning team but decided they were all winners for showing great team-work, creativity and perseverance throughout the afternoon. Thank you to Miss Oliver and Miss Moore for organising the afternoon

and to parents for providing the eggs!

Of course, we finished the week off with BB's traditional egg-rolling. Thank you to BB Friends for providing this Easter treat for all of our pupils!

In amongst this, we've had pupils perform brilliantly at the St Austell Schools' 'Invisible Worlds' performance at Eden. They were amazing and were a credit to Miss Burr, who

choreographed and rehearsed the performance, and to Miss Jane, who supported them over the last week and on the day. Well done and thank you to you all!

Thank you for all your positive comments during parent consultations this week. It's been a busy term and I hope you were pleased with the progress your children are making. We have been very pleased with reported findings by recent visitors to the school. Their comments include:

'There is good evidence to show that pupils are themselves aware of heightened expectations and now have higher expectations of themselves.' 'Progress of focus pupils is accelerating'

'Classrooms are purposeful and settled with pupils engaged and evidently enjoying their learning.'

"...there is a consistency of approach" "...evident improvement in some children's writing over time"

'Books are well presented and looked after. Improvement in the teaching of spelling can be seen both in class with fun and challenging spelling activities and in books'

'Children understand how to improve their work from the feedback they are given both verbally and in their books. They are keen to show and share their work and can easily identify work that has been challenging and pieces of which they are proud.'

Have a lovely Easter break. I hope you all enjoy lots of family fun! Mrs Carmichael



#### **WEEKLY ATTENDANCE**

The expected average attendance for a child is 96% for the year

Our attendance for this week is 94.94%

Our attendance for this school year is 96.32%

Well done to Lambs & Peacocks class for the attendance stars of the week!

Classes	%	Lates	Class	%	Lates
Little Doves	91.19%	0	Pelicans	93.7%	4
Little Fish	96.43%	2	Angels	90.8%	4
Little Lambs	97.78%	3	Faith	96.3%	0
Peacocks	97.78%	3	Hope	93.33%	3
Phoenix	97.62%	0			

### 2018/19 Spring Term Diary Dates:

Tues 23rd April—Summer Term begins

Fri 3rd May—Half Price Book fair

Mon 6th May—May Bank Holiday

13th—16th May—Year 6 SATs week

Mon 20th May—Y6 Skern Lodge meeting @ 3.30pm

27th—31st May—May Half Term

Fri 7th June—INSET Day

Mon 17th June—Y3 Minack Theatre Trip

17th—21st June—Whole School Science Week

Mon 24th June—BB Sports Day—1.30pm

#### **RESIDENTIAL DATES**

9th & 10th May—Y3 Eden Residential Trip

22nd & 23rd May—Y5 Activity Days

28th June—1st July—Y6 Skern Lodge Trip

22nd—24th July—Y4 Porthpean Trip

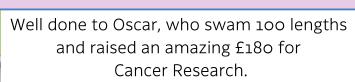
## Sports News.....

On Tuesday some year 2.3.4.5 & 6 girls went to a football tournament at Callywith College. They all behaved really well and had a positive mindset towards the event, despite the cold weather!



A group of KS2 children took part in the Cotton Cup Mountain Bike Event. The children all had a great time and represented BB in a fantastic manner.

Mr Daysh





Our KS2 school councillors were thrilled to welcome HRH Prince Charles to St Austell Brewery on Friday morning. This was once in a lifetime occasion and Issey and Lilly even got to speak to our future king. A truly memorable

day.







SUMMER TERM CLUBS LETTER WILL BE SENT HOME TONIGHT—BOOKINGS OPEN AT 6PM! - LINK FOR THE PARENTS EVENING BOOKING SYSTEM IS ON OUR WEBSITE!

#### What to do if...

Unfortunately, there are times when children make mistakes and can be unkind to one another. Sometimes, this is part of children working out how to get along with one another and sometimes this can be more deliberate and take the form of bullying. Either instance is not only upsetting for the child but also for the parents as it can be difficult to know what to do to address the situation.

In times of difficulty, we often look for support from networks of family and friends and can turn to social media for advice. If your child is encountering friendship difficulties, can we ask that you speak to us as soon as possible? That way we can:

- find out from all children what has happened;
- determine if what is going on is bullying;
- work with the children to help resolve differences and help them to learn how to get along together;
- decide if more robust measures need to be taken in the form of monitoring and sanctions;
- continue to liaise with parent and support the children involved.

In the first instance, please speak to your child's class teacher. If you feel that the issue has not been resolved, please do make an appointment to see Mrs Greenaway, Assistant Head or Debbie Carmichael, Head of School.

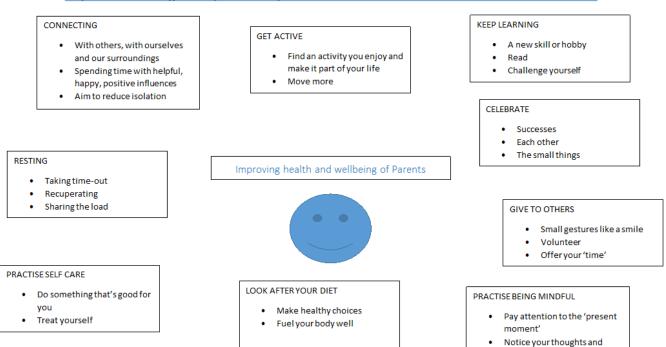


I've really enjoyed settling into BB and look forward to meeting many more families as time goes on.

In recent weeks I have discussed with many parents the topics of 'challenging behaviour' and 'low self-esteem' and this has brought me to think about the wellbeing of parents and carers as well as how we can support our children.

I believe that our well being has a direct link to our self-esteem and that as adults we have an opportunity to model to children how best to practise 'self-care'. If we hope to help our children grow to become confident individuals with a positive sense of who they are, we need them to be witnessing adults around them practising these skills.

#### Improved wellbeing directly links to improved self-esteem. We can model this to our children too.



 $\underline{\text{https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/}}$ 

feelings

 $\underline{\text{https://www.mind.org.uk/workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/at-work-of-work-of-well-work-of-work-$ 

#### BUILD UP YOUR CHILD'S SELF ESTEEM

A child's self-esteem is a vital facet in helping our children to become an emotionally healthy adult. A child's self-esteem will determine how much that child values them self and will the foundation in all decision making. For example, a child with a positive self-esteem will believe they can achieve more than a child with poor self-esteem.

#### HELP YOUR CHILD TO UNDERSTAND THE 'WHY'

It is important that we do not raise robots, but living, breathing individuals with intellect. We are obligated to explain the 'why', to help them make and process decisions and develop their own reasoning. For example, if we tell our child to brush their teeth every morning and they protest, we should discuss with them the consequences of such an action both the physical and the social implications, to help them make the right choice the next time.

#### SPEND QUALITY TIME WITH YOUR CHILDREN

With any relationship, especially with our children, for it to develop and grow we need to give it the due care and attention. The problem we all experience as parents is the pull of responsibilities against the pull of the attention needed from our children when they are around us. The key is to find a healthy balance and remember that it is an investment that will pay off as our children start their careers and become parents themselves.

#### SET LIMITS AND BE CONSISTENT WITH DISCIPLINE

Children need routine and discipline to help them understand the world around them. There needs to be a consistent effort on our behalf so that they develop the right habits earlier on in life. For example, children should have a bedtime and it should be the 'norm' to keep their bedtime, and only on very special occasions they can deviate from that norm.

#### GIVE UNCONDITIONAL LOVE

This is a tricky one because when our children speaks or acts out something that is negative and deserves discipline, the tendency is to see the child as a 'bad child' when we should focus on the 'bad behaviour'. Once we have implemented their discipline, we need to show them love and affection as if it had never happened.

#### BE THE PERSON YOU WANT YOUR CHILD TO BE

We are the primary role model for our children. Everything they see us do in the home they mentally record and learn from them. For instance, if at home the family always has dinner around the table, then when they have their own family, they will be inclined to ensure that the same routine will apply.

#### NOT EVERY NEGATIVE BEHAVIOUR NEEDS TO BE ADDRESSED 'NOW'

Just like in a household each person has varying levels of responsibilities; likewise a child is still learning and growing and wouldn't be held as responsible for their actions as a fully grown adult would. Sometimes there are behaviours we can let slide 'for now' especially if they are not blatantly dangerous or unhygienic. This will lower the amount of times we 'tell off' our children.

#### **EXPRESS YOUR LOVE AND AFFECTION**

We can never give a child 'too much love'. The idea is to show our children love by our commitment to that child. Whether it means we have to go out of our way to attend their play in school, or just to sit and listen to their problem when we have 101 things we need to do; these actions mean the world to our children.

#### KNOW YOUR STRENGTHS AND WEAKNESSES

Every parent has strengths and weaknesses related to parenting. Your strengths may be your ability to plan and arrange events and parties related to your child's birthday, or you may be great at ensuring all your child's extra-curricular activities are in the diary so they don't clash with other appointments. The idea is to use your strengths more and work around your weaknesses to help your child become a priority.

#### USE YOUR SUPPORT SYSTEM EFFECTIVELY

Be it your parents, extended family, your neighbours or a support group in the area, use your support group as part of your plan in bringing up your children in the best possible way. Whether you need a break and want to go away for a week, or whether you want to spend quality time with your spouse, your support system is there to help you to raise your child effectively.

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MONDAY 6th MAY 2019

