



### HEAD'S BLOG...

The first day of the first week started with an array of new shoes, big smiles and butterflies in tummies—and that was just the staff! It is truly delightful having everyone back and we have all been thoroughly impressed with how all the children have settled into their new classes and got used to new routines. A huge well done to them and a huge thanks to all our teachers, TAs and support staff in making it happen.

We are all very aware that not all our plans worked straight away and thank you to you all for bearing with us whilst the necessary tweaks were made. Things are running a lot more smoothly now we are all used to staggered drop-off and pick-ups and not getting to school too early! A couple of reminders though... please ensure you are driving carefully around the roundabout and parking areas and PLEASE ensure you maintain 2m social distancing whilst waiting and move away from the school site as soon as possible. We are all working very hard in school to stick to government guidelines and we ask that you support us by doing your bit. I have also included some Coronavirus reminders and information below.

#### Curriculum and Homework

Whilst children are getting back into the swing of things, we are prioritising certain areas. First and foremost, is reading. All children have a new reading book and reading record; we ask that you ensure your child reads their book at least 5 times per week as it is vitally important for all children to be reading confidently and fluently to access learning in all areas of the curriculum. If you need any help or advice on how to support your child with their reading, please contact your child's class teacher on Class Dojo.

Physical and mental health are also priority areas for us, in recognition of the impact of lockdown on children's health and wellbeing. Of course, maths and writing are also priority areas and we are working hard to identify and address any gaps in children's learning as soon as possible.

That said, we will be and are teaching other subject areas and I'm pleased to share with you details of our curriculum—Be Bold. This curriculum follows the requirements of the Primary National Curriculum and has been created in line with our vision. We were working on and trialling this last year but unfortunately the pandemic and lockdown delayed the official launch. If you'd like to find out more about how we have planned our topics to ensure a broad and balanced curriculum, please see the 'Our School' tab on our website.

As we want to ensure children really get into their reading, we are only setting this as homework this week. Further homework tasks will be set online next week—more information to follow!

I am sure we are all a bit tired now and ready for the weekend. Take time to relax and recuperate—enjoy!

Mrs Carmichael

#### Coronavirus information

If your child develop any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he MUST NOT come to school and school must be informed. Call 119 or get a test online at:

<https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name>

#### Coronavirus reminders

Please ensure you are wearing a mask if transporting children that do not live with you.

Please ensure you keep 2m distance from other adults that are not in your household or 'bubble',

# DATES FOR YOUR DIARY

## 2020/21 Autumn Term Diary Dates:

Fri 23 October — Last day of term

Mon 2nd November — Inset day

## Notices

### BB Kids

Thank you to you all for adapting so well to our new breakfast and after-school club procedures. We've had a fab first week and things have gone well.

If you do need to make any changes to your bookings, please call the office staff to amend rather than doing so on ParentPay to enable us to ensure you are billed correctly.

Many thanks

Please ensure that ALL children come to school with a drink bottle (clearly labelled).

KS1 children (YR-Y2) - The School Fruit and Vegetable Scheme (which entitles all children aged -6 to a free piece of fruit daily) is back up and running! You are welcome to supply a healthy snack in addition to this.

KS2 children (Y3-Y6) - Please supply a health mid-morning snack for your child.

Thank you

### A message from Mr Nicholas about PE...

PE Days:

Monday – Angels/Pelicans

Tuesday -

Wednesday - Doves

Thursday – Rainbows/Stars/Peacocks

Friday – Little Lambs/Little Fish/Faith/Hope/Phoenix

Please make sure your child is in kit for their class PE day. PE t-shirt, school jumper and sports trousers with plimsolls or trainers .

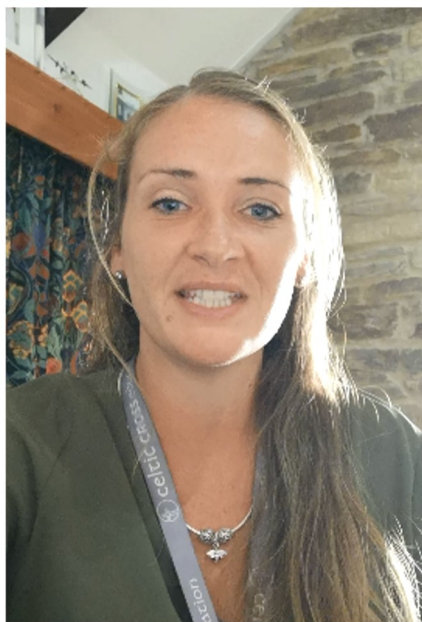
### Free School meals -

We understand that during these unprecedented times, peoples financial circumstances may have changed. Please check your eligibility for free school meals, and apply if necessary. Regardless of their entitlement to an universal infant free school meal (UIFSM), children in YR/Y1/Y2 could still be entitled if any of the points on the right apply to you/your family. The school receive some very much needed funding for any eligible pupils, so we urge you to check and apply if necessary, it really would benefit us all! Thank you.

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Applications can be submitted via the following link: <https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-free-school-meals-and-pupil-premium/>

# PARENT SUPPORT



I'm Terri-Anne, your Parent Support Advisor at BB,  
Families tend to get in touch with me when they have a concern or a query.  
An email, call or text is the easiest way to get in contact,  
If I'm unable to answer, leave a message and I'll be sure to ring you back.

As we welcome families in, we recognise the strain  
That the new 'normal' presents and we really feel your pain!  
Ordinarily we'd greet you with welcome open arms,

Currently health and safety dictates that adult distancing mitigates risk of harm.

The start of any term can raise worries in your head,  
It's hard for us to meet in person but there's things we can do instead.  
The same advice, support and reassurance can be offered by telephone,  
Let me know a convenient time to be able to talk with you at work or home.

There really is 'no silly question' or a matter that's too big or small,  
We want the families we connect with to feel supported after all.  
You trust your children into our care and it's important that you know,  
We're happy to work alongside you and will delight in watching your children grow.

Text or Call: 07903 613074



Adult Education

Helping you to help your child

## Family Learning

Family Learning is part of Cornwall Council Adult Education and as such, adult learning is our focus:

- We help parents and carers to engage in literacy, maths and ICT to support their children's learning and development. Most of our delivery is focused on the primary curriculum.
- We provide learning opportunities which promote confidence, skills and understanding through practical and easily-resourced activities.
- These courses are mainly for adults only - parents/carers with children at school - although Scratch Coding is set up for parents to work with their children if appropriate. We will be flexible according to demand.
- Our team of experienced tutors deliver interesting and interactive courses while nurturing a safe, supportive and enjoyable learning environment.

From autumn 2020 we are offering 6-week courses online in weekly 90-minute sessions.

To find out more about these courses and to start the enrolment process: Please email Vicki at [vicki.sahledge@cornwall-acl.ac.uk](mailto:vicki.sahledge@cornwall-acl.ac.uk) Or call Vicki on 07968 992495



[www.cornwall.gov.uk/adultlearning](http://www.cornwall.gov.uk/adultlearning)  
Call 0300 1231 117



Together for Families

## Your School Nurse

Your child can have access to a School Nurse at any time if you have any health concerns, in addition your School Nurse offers a full health assessment in reception and year 6.

### The School Nurse can check:

- Your child's growing healthily and support with healthy eating
- Support with access to dental care and general support for dental hygiene
- Help with day / night time wetting or soiling
- Provide information about immunisations
- Guidance re healthy lifestyles
- Support with general hygiene issues including head lice and worms
- Support with general emotional health issues
- Support to access other health professionals
- Routines, including sleep

### Additionally in Year 6:

- Friendships
- Relationships
- Development, including periods and puberty
- Access to specialist services - including dieticians, healthy weight programmes and voluntary services
- Developmental issues
- Transition to secondary school
- Healthy lifestyles



Referrals via the Early Help Hub  
[www.cornwall.gov.uk/earlyhelp](http://www.cornwall.gov.uk/earlyhelp)  
Tel: 01872 322277  
Client advice line: 01872 322779

[www.cornwall.gov.uk/schoolnursing](http://www.cornwall.gov.uk/schoolnursing)

## SELF-CARE SESSIONS for PARENT/CARERS

We have had some challenging times through this Pandemic recently, now it is time to take a little time for yourself.



In September through to October we will be running some self-care sessions by Zoom. We would love to hold these face to face but unfortunately for everyone's safety they will currently be virtually.

They will be run four sessions at a time to get the best impact from them. We are holding them during the day and in the evening for working parent/carers. We hope many of you can join as it is a time to think about yourself as a carer. Becci Gowers will facilitate these sessions.

**Week 1: Stress** - How it affects the body and how best to buffer its impact and boost your health throughout

**Week 2: Sleep** - Why it is so important and how to give yourself the best chance of getting good sleep, including what you can do to support your body if you cannot get enough

**Week 3: Immune system** - Best ways to boost it through lifestyle and nutrition

**Week 4: Movement** - How movement can make a huge difference to health and wellbeing both physically and mentally

Session dates will be 16th, 23rd, 30th September and 7th October

Morning sessions 11.00am - 12.00pm

Evening sessions 18.00pm - 19.00pm

Unfortunately, we cannot hold the sessions later in the evening as Becci is a parent herself, so we hope you understand.

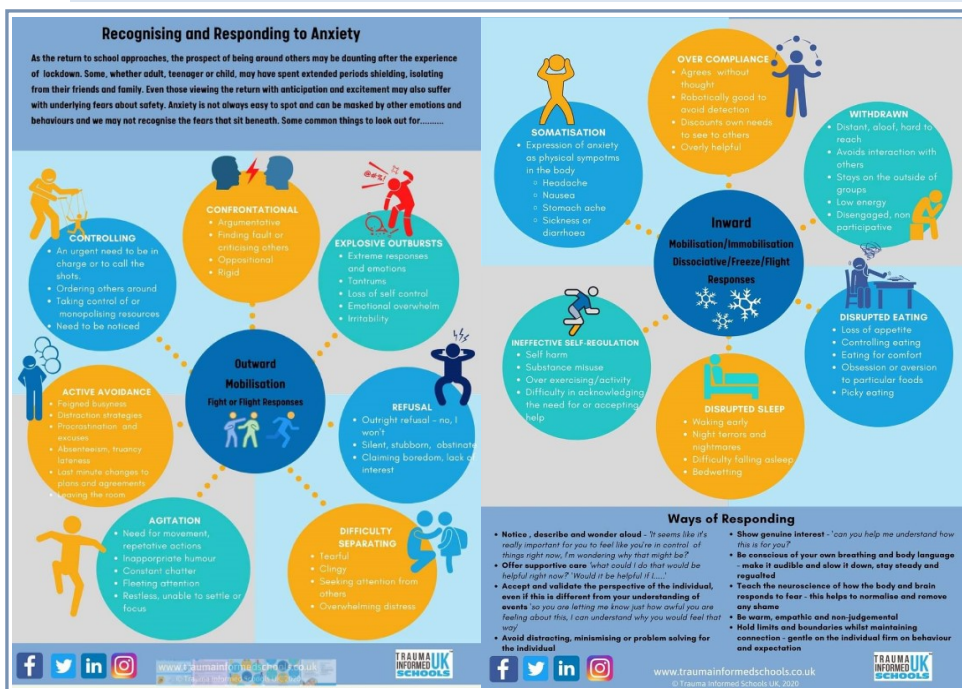
Booking to get the Zoom link through [michellepcc@outlook.com](mailto:michellepcc@outlook.com)

We will produce fliers to remind you of the sessions and send them through to you via social media and e-bulletins.





# PARENT SUPPORT



**Hunrosa**  
THE ART OF SLEEP

## Falling to sleep later and waking up later?

### 8 tips to help you regain your routine:

Once you are falling asleep within 30 minutes of your bedtime, aim to go to bed **15 minutes earlier** and wake 15 minutes earlier each day. **Take it gradually.**

If you're finding it difficult to fall asleep at bedtime, don't try moving bedtime earlier: move the bedtime earlier once falling to sleep within 30 minutes. Go to bed when you **feel tired** enough.

**Wind down** - Gradually slow down at least an hour before bedtime. Do not go to bed until the body feels it is time to sleep.

**Exercise in the morning** if you can.

**CORONAVIRUS**

## Car sharing advice

At this time please **avoid** car sharing, but if you have to, please follow these simple steps.

- Wear face coverings**
- Sit as far apart as possible**
- Share with the same small group only**
- Keep windows open**
- Wash hands or use sanitisers before and after**
- Clean the car after every journey (including internal and external handles)**

**If you have any of these symptoms:**

- New continuous cough
- High temperature
- Loss of taste/smell

**Get tested as soon as possible**

Book online via [nhs.uk/ask-for-a-coronavirus-test](https://nhs.uk/ask-for-a-coronavirus-test) or by calling 119

**Isolate at home**

Your household should also isolate. If you test positive you must isolate for 10 days, your household for 14 days.

**CORNWALL COUNCIL**  
one and all - ever again

[www.cornwall.gov.uk](https://www.cornwall.gov.uk)

# CONGRATULATIONS!

**Congratulations to Mrs Freight who has achieved her Level 2 Certificate in Behaviour that Challenges in Children. Mrs Freight studied for many hours to achieve this qualification and we are very fortunate to be able to celebrate this achievement with her.**





# Achievers and Award Winners



**Each week we will be awarding children who have gone the extra mile with the following:**

- **Christian Value Certificate—for demonstrating the Christian value of the week**
- **Achiever Certificate - for showing awesome learning behaviours**
- **Head's Award—for amazing behaviour and attitudes**

These children have been nominated by their class teacher for showing this week's Christian value 'courage'. These children have been particularly courageous settling into their new classes and tackling challenges in their learning this week - well done!

## Doves

Joseph

## Fish

Benji

## Lambs

Olivia

## Pelicans

Mia

## Peacocks

Tyler

## Phoenix

Maria

## Angels

Jake

## Faith

Joshua  
and  
Noah

## Hope

Evelyn