

## Year 6 Transition Learning Projects

Week 4- This week's learning project focuses on building your child's independence for their transition to secondary school. It will give them the opportunity to plan for the different lessons they will have at secondary school and to organise a time for their studies at home.

## Suggested transition activities for 22.06.20

**Monday**- Next year, your child will have to be more responsible for things. Work with your child to create an agreement of when they will be spending time completing their homework. It might be worth discussing with your child how often they can go on their phone/computer/games console and when they need to have a break from them. After discussing this with them, create a screen time agreement together that includes when and how often they can use their devices.

Tuesday- As your child moves into secondary school, they will learn new things and develop new interests. It would be good to encourage your child to work on developing a new skill. This could be something they have always wanted to have a go a, such as cooking or gardening, or could be a new skill that you could explore together, such as learning First Aid or DIY around the home. After working on the new skill, your child could write a blog post or an information poster about the new skill/hobby they have discovered.

**Wednesday**- To support your child as they grow more independent, it be useful for them to have a key message/messages that they want to sticky by. Your child could create their own affirmation, quote or slogan that they will stick by when they are struggling with something and will offer emotional support and encouragement as they develop their independence.

**Thursday**- See the separate scenario cards for week 4 on the website. Your child will be faced with different scenarios that they will have to solve independently. Some of these will involve communicating effectively to your parents/carers. Look at the different scenarios and get your child to decide the best way to solve them. You might want to discuss different ways they could approach these and decide together which would be the best solution.

Friday- There are many things you need to become an independent thinker. Get your child to create an independence plant, flower or tree. On it they should label all the things they need to help them to grow independence. What skills and attributes do they need? Your child could create this as a poster that they could hang up in their room. Here is an example:





## Additional Learning Resources Parents May Wish To Engage With:

- This website gives some ideas on how your child could approach their affirmations <a href="https://biglifejournal.com/blogs/blog/7-new-fun-ways-kids-affirmations">https://biglifejournal.com/blogs/blog/7-new-fun-ways-kids-affirmations</a>
- On this website, there are some useful ways you can support your child to develop their own independence <a href="https://www.theschoolrun.com/building-childrens-independence">https://www.theschoolrun.com/building-childrens-independence</a>
- Follow this website to look at a range of screen time agreements that you could adapt for your child/home. https://www.psychologytoday.com/gb/blog/when-kids-call-the-shots/201804/the-best-technology-screen-time-contract-kids-
- This short video gives advice about how your child can stay safe online. You could watch this with your child and get them to include some of the things in their screen time agreement.

  https://www.bbc.co.uk/bitesize/articles/zhgbxyc