



"Learning that lasts a lifetime"

## Newsletter

This newsletter starts with a thank you for ensuring your children have returned to school looking smart in their school uniform and well-rested for their week of learning. Most children have come into school with PE kits. If you've forgotten, please provide your child with a plain white t-shirt, black shorts and trainers or plimsolls. It is important to have the kit in school every day (it can be left in school safely) as classes do not always teach PE on the same days each week. Thank you for your help with this.

Staffing news: You will no doubt have noticed that Mrs Greenaway is expecting a new addition to her family! She will be with us until the end of the month and Miss Jane is 'stepping up' to cover the Assistant Head role. In addition, Miss Oliver is taking on the role of Early Years Lead whilst Miss Mewton continues as Key Stage 2 Lead. Class teachers are, of course, your first port of call for any concerns about your child but Mrs Greenaway, Miss Jane, Miss Mewton and Miss Oliver will also be able to offer further support if needed.

Unfortunately, some of the teaching assistants we had secured to start last week were unable to join us and we have therefore engaged other supply TAs. They are all experienced and have settled in well whilst we run recruitment. We understand this may have been a little unsettling for some children but rest assured that we are doing all we can to recruit the best new staff members we can to fill our vacancies.

This newsletter is an important part of our communication with you. It will contain dates, advice, updates as well as news about what goes on at school. Please note we email it out every Friday so if you are not signed up to this service, please provide an up-to-date email address via our School Office staff. You will find this is a vital way of keeping abreast of everything going on in school.

In addition, we text reminders and urgent news to parents so please ensure the mobile numbers we hold are current. Class teachers will also contact you via Class Dojo so if you find you are not linked to your child's class teacher via Dojo, please let them know. Last, but not least, our website provides a huge bank of information about our school as well as a weekly class blog—a great way of prompting conversations about the week with your child!

Our Christian value this term is **perseverance** and my collective worship on Monday focussed on how we can experience joy from persevering in activities such as learning an instrument. We would love to see more of our pupils learning to play so if you'd like to find out more about the music lessons we offer, please speak to our office staff. Some pupils may even qualify for support in paying for lessons!

Have a lovely weekend.

Debbie Carmichael

**School Monitoring Council—Vacancy** We currently have a vacancy for a parent councillor on our School Monitoring Council. This group (similar to a governing body) meet twice a term and visit the school regularly to monitor how we work to improve pupil outcomes and their school experience.

If you are able to give up some time and have a passion for our pupils' education, please contact the office for an application form. We would particularly welcome applications from those with a background in PE/sports. We look forward to hearing from you!

**BBKIDS TELEPHONE NUMBER IS 01726 65471—THIS IS FOR EMERGENCIES ONLY**

***Our Christian values: Compassion, forgiveness, trust, respect, courage and perseverance***

## WEEKLY ATTENDANCE

The expected average attendance for a child is 96% for the year

Our attendance for this week is **96.56%**

Our attendance for this school year is **96.04%**

Well done to **Angels** class for the attendance stars of the week!

Classes	%	Lates	Class	%	Lates
Little Doves	95.19%	3	Pelicans	98.57%	8
Little Fish	97.98%	3	Angels	100%	2
Little Lambs	97.41%	3	Faith	96.93%	1
Peacocks	98.02%	1	Hope	97.13%	3
Phoenix	93.33%	2			

### 2019/20 Autumn Term Diary Dates:

Weds 18th September, 3:15-3:34pm—Meet the teacher

A chance to pop into your child's class and put a face to the name!

Wed 18th September—Year 6 Taster Day & Evening at Poltair

Thurs 19th September—Year 5 & 6 Swimming lessons start

Fri 20th September—Individual & Sibling photo's

Thurs 26th September—Year 6 Taster Day & Evening at Penrice

Wed 2nd October—Year 1 hearing screening

Wed 9th October—New Sept 2020 starter open session @ 10.30am

Mon 14th October—Harvest Communion @ 2pm

21st—25th October—HALF TERM

Mon 28th October—INSET DAY

Wed 30th October—Parent Forum/Reading afternoon

wlc 4th November—Parent consultations

Wed 6th November—Half price book fair

Fri 15th November —Children in Need dress up (more details to follow)

Tues 26th November—Years R—6 Immunisations (letters to follow shortly)

Fri 13th December—Christmas Jumper Day

Fri 20th December—Last day of Autumn Term (school finishes at 3.15pm / no after-school provision)



### Consent forms

We love to add lots of photos to our newsletter and website so you can get a snapshot of life at BB! We cannot include photos until we receive consent so please return your home-school agreements as soon as possible!

Many thanks.



Rainbows and Stars have re-vamped their Family Library!

The Library will be available for families to access after school each day.

Please feel free to help yourself to a copy of resources and activity ideas you can use at home to support your child's learning.

### Before school

There will be a member of staff on duty at 8.30am in the playground, please ensure you do not drop your children off any earlier than this, as there will be no supervision in place.

PSA CONTACT DETAILS—01726 64322 or 07903 613074

Working days Monday 08:30—16:30, Wednesday 08:30—16:30 and Thursdays 08:30—13:30



Brownies at Bishop Bronescombe

Calling all girls aged 7—10!

Would you like to join our Brownie pack at your school?

We meet on Tuesdays from 6.15pm to 7.30pm

For more information to join us go to [girlguiding.org.uk/joiners](http://girlguiding.org.uk/joiners) or pop in and see us on Tuesday evenings.

Look forward to seeing you.

Over the last twelve months St Austell Foodbank, through its outlets at St Austell, Roche and St Stephen, has provided emergency food to over 3500 people who were facing the prospect of hunger. Of these over 1200 were children.

To enable us to do this we rely on the generosity of local communities, such as your school, especially over the Harvest Festival period. The demand for our services is steadily increasing this year and your continued support would be greatly appreciated.

We are holding our Harvest Festival on Monday 14th October at 2pm, all welcome to attend.



**Restoring Dignity  
Reviving Hope**

**we urgently need...**

milk UHT	fruit juice (long life)
tinned meat	tinned tomatoes
tinned vegetables	tinned rice pudding
biscuits	tinned fruit
instant mash potato	jam
steamed puddings	tinned fish
pasta sauce	tinned soup
tinned spaghetti	tinned custard
instant coffee	rice
chocolate, sweets, snacks, cup a soup, pot	
noodles, crisps, microwaveable items...	



**Your donations enable us  
to provide three days  
of emergency food  
to local people in crisis.  
Please help us by donating  
some of the above  
non-perishable food items.**

## School Admissions

The online application process for Starting School, Transfer to Junior School and Transfer to Secondary School for September 2020 has now started. Detailed information about the admissions process is available online or on request from the School Admissions Team.

Please ensure you name **more than one preference**. It will not mean less chance of securing a place at your preferred school. Please note that if you do not apply on time your preferred school/s may already be full.

If you need support with your application process, please contact the office or contact the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).





## Food for thought!

Too much or too little? Are you packing your child off with the 'right stuff'? We hope these hints and helpful guides will give parents and carers a little more information about what every child needs to fuel their day the right way!

### *What to include in lunch boxes:*

#### Fruits and vegetables

**How much?** At least 1 fruit and 1 vegetable in each lunchbox

**Examples:** Fresh fruit, tinned fruits (in juice not syrup), dried fruits, salad items & vegetables. You could include vegetable crudites for dipping or add veggies to salads, pasta or rice dishes

**Why?** Fruit and vegetables are a good source of vitamins, minerals, fibre and anti-oxidants

**Tips:** Aim for a variety of colours. Not only will it make the lunchbox look more appetising but it also provides a variety of different vitamins and minerals.

#### Potatoes, bread, rice, pasta and other starchy foods

**How much?** Include at least 1 portion

**Examples;** Sandwiches, pitta bread, wraps, pasta salad, potato salad, sweet potato wedges, rice dishes, cous cous, bread sticks, crackers, oat cakes, rice cakes

**Why?** These foods will provide energy, fuel for vital tissues and organs including the brain, fibre, B vitamins and other minerals.

**Tips:** Try to include some wholegrain varieties from this food group each week such as brown, whole-meal, granary or 50/50 bread, wholewheat pasta or brown rice.

#### Dairy and alternatives

**How much?** Include at least 1 portion

**Examples:** Carton of milk, cheese, yoghurts, custard, rice pudding, milk or yoghurt based smoothies, soya, oat and nut based milks

**Why?** These foods provide calcium, B vitamins and protein

**Tips:** If your child is over 2yrs and growing well opt for semi-skimmed milk and low fat yoghurts and cheeses.

#### Beans, pulses, fish, eggs, meat and other proteins

**How much?** Include at least 1 portion in every lunchbox

**Examples:** Chicken, turkey, pork, beef, lamb, beans, fish, shellfish, lentils, chickpeas, pulses, soya products such as tofu, quorn, hummus

**Why?** These foods provide protein, iron and zinc.

**Tips:** Try to include at least one portion of fish each week. Oily fish such as fresh, tinned or frozen salmon, sardines, pilchards, mackerel, herring, and fresh tuna may be beneficial for children's cognitive development. Try a salmon or mackerel pate as a dip or sandwich filler.

## Drinks

How much? Include a healthy drink daily

Examples: Milk and water are the only tooth friendly drinks for children and are the best options for your child's lunchbox.

Tip: There's no need to spend money on exotic or colourful looking drinks. Tap water is free and one of the healthiest drinks you can offer your child. Fill a reusable bottle with fresh tap water.

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

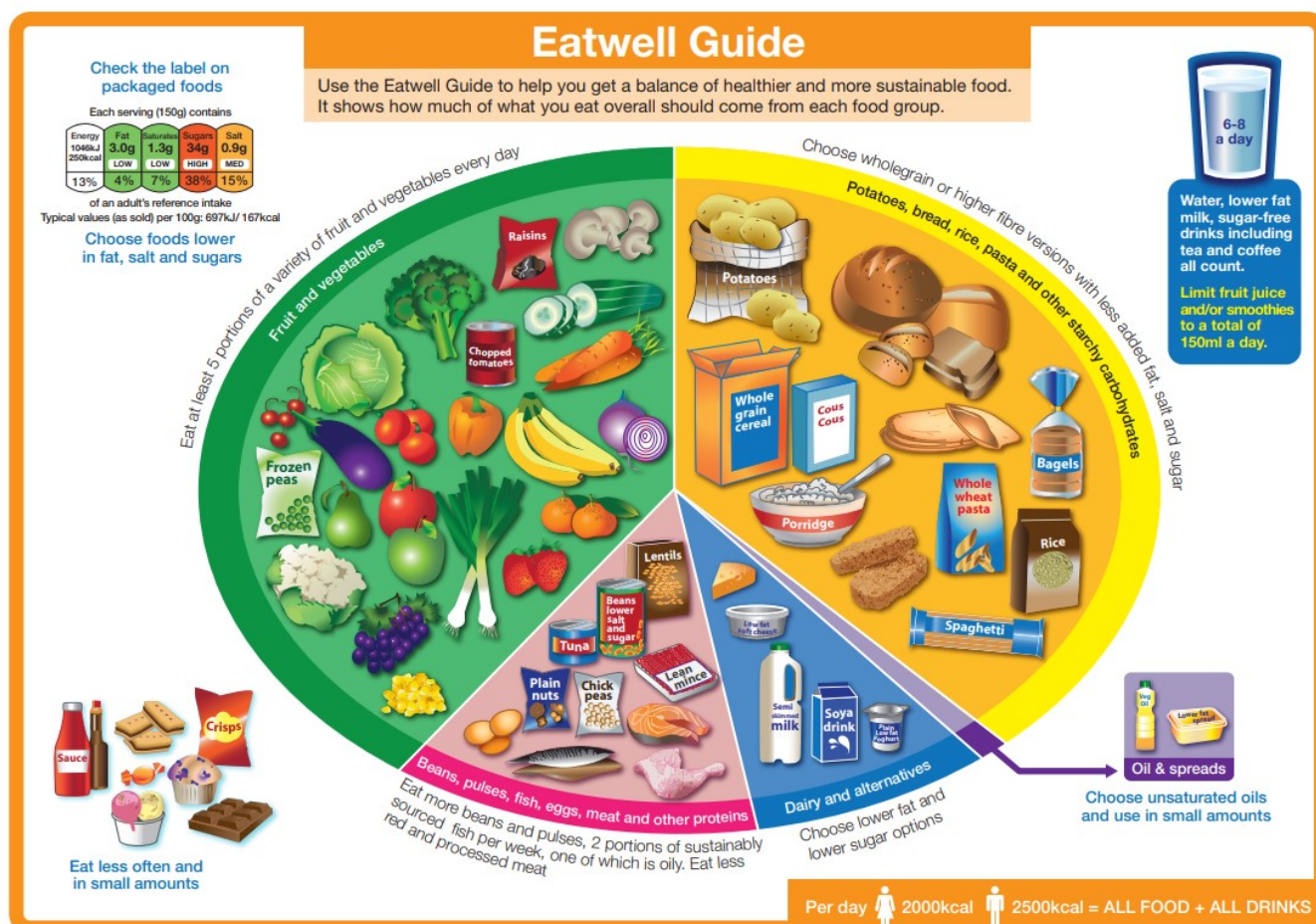
*This website has heaps of links to some recipes for fantastic lunch box ideas if you are finding that you are stuck with the same old ideas week in week out!*

<https://www.bbcgoodfood.com/howto/guide/healthy-lunches-for-kids>

*This website includes helpful hints for picky eaters and great information about 'quantities' and how much food a child really needs!*

### Guideline Daily Amounts for children aged 5-10

Energy	1,800kcal
Protein	24g
Carbohydrates	220g
Sugar	85g
Fat	70g
Saturates	20g
Fibre	15g
Salt	4g



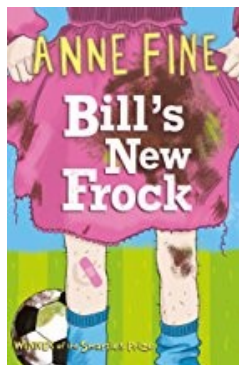


Thinking of purchasing books for Christmas? The Book People have introduced a fundraising scheme that could benefit our school. Every time you place an order over £10, they will donate £1 to a school of your choice. If you add us as your school of choice, then all of your children will benefit from books that we can purchase to enjoy. You can never have too many books in a school! If you're stuck about suitable books to purchase for your children, then we will be making regular recommendations that might be useful.

This month's recommendations are:



Particularly suitable for children aged between 4-7 years, Traction Man is a beautifully illustrated picture book about an action figure that has an outfit for every occasion and a very special one knitted by his owner's grandmother...



Bill wakes up one morning to discover that he is wearing a dress and everyone is treating him like a girl. Why are girls treated differently from boys? Extremely funny with a thought-provoking message. Suitable for boys and girls



After their plane crash lands in the Amazon, a group of children have to find a way to be rescued. A whole series of dangerous adventures await them in the rainforest. Will they ever make it home? Impossible to put down. Suitable for girls and boys age 9-11

Free Drink  
and Snack



## VACCINATION FAYRE

Do you want to protect your child against disease and stop infections spreading?



Are you unsure whether you or your children are up to date with essential vaccinations?

Free Glitter  
Tattoos



Do you have any concerns or questions about vaccinations?



Come along to our nurse led vaccination fayre, for information and advice, as well as fun for all ages.



Meet the  
Robotic  
Animals

**Wheal Northey Surgery**  
**September 21st 2019, 10am – 2pm**

Colouring in  
Table