

# HEAD'S BLOG...

What a wet and wild week but one where children still got outside in the fresh air wherever possible. I've seen our Reception children on a sound walk, looking for mice and anything else beginning with 'm', years 3 and 4 getting down to some serious fitness challenges and our 'Wild Tribers' created some beautiful patterns on fabric using fruits, leaves and flowers. Not to be outdone, our year 5 and 6 children have blown me away with some amazing diarywriting, taking on the persona of wartime characters. Their reading of a great book, 'Rose Blanche' really fired them up and reminds us all the importance of a good reading material! Another 'good book' stimulated some great responses in Key Stage 1, where they had their first Godly Play session of the year—I saw children totally immersed in the Bible story, responding in a variety of ways—a joy to see!

I also heard some lovely feedback from the first attendees of our new virtual coffee mornings—BB Conn-ect. Terri-Anne is very aware of the difficulty you currently all face in connecting with people and having a good chinwag as well as the opportunities to gain support and advice from each other. So our virtual coffee mornings offer the chance to catch up with old and new friends over a cuppa. Our first participants thought it worked really well... they'd like more of you to join them though! If you fancy a break from your regular day-to-day chores and a chance to put your feet up and have a chat, please look for more details on how to join later in on our newsletter.

You may have seen on the news that the government's intention that schools must continue to remotely educate any pupil that is not able to attend school due to having to self-isolate; because their bubble has closed or if a lockdown is in place. Part of schools' guidance for full opening also included its recommendations for a Remote Learning Plan. We have therefore worked together to devise a plan to enable children to access teaching when at home and to submit their work for teachers to provide feedback and further support. This plan can be found on our website, under the 'Coronavirus information' tab. Please do have a read so you know what to expect should your child need to stay at home. We have tried to make things as straightforward as possible; we will be directing pupils to online lessons and activities and work should be submitted via Class Dojo. Therefore, having access to a device and the Internet will be imperative. If you foresee problems but have not responded to our Home Technology survey, please call the office on 01726 64322 to enable you to give us the information we need to support you. This plan will be under continual review. Best wishes, Mrs C

**Coronavirus reminders** If your child develop any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he MUST NOT come to school and school must be informed. Call 119 or get a test online at:

https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).

A new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you believe that your child is well enough to attend school and they have only symptoms of a 'common cold' such as: runny nose, sore throat or a mild cough they are permitted to attend.

The new NHS COVID-19 app, now available to download for free in England and Wales, is the fastest way to see if you're at risk from coronavirus. The faster you know, the quicker you can alert and protect your loved ones and community. The app has a number of tools to protect you, including contact tracing, local area alerts and venue check-in. It uses proven technology from Apple and Google, designed to protect every user's privacy. You can download the app from: <a href="https://www.covid19.nhs.uk/">https://www.covid19.nhs.uk/</a>

NB: All absences must be reported to our school office by calling 01726 64322. You can leave a message if outside of office hours. Please DO NOT report absences via Class Dojo Many thanks.

## DATES FOR YOUR DIARY

2020/21 Autumn Term Diary Dates: Wed 7th October—Harvest Celebration Fri 23 October—Last day of term Mon 2nd November— Inset day Tues 3rd November— Back to school!

Thursday 18th November—Nasal Flu Vaccinations

# Notices



Air pollution affects your children's health from the first breath they take, as the damage to our health can start when we're a baby and carry on through into old age. For instance, exposure to air pollution can affect children's lung development and in areas of high air pollution, it could be setting some children up for health problems throughout their lives.



We all have a part to play in keeping our air clean - together let's make October 8 the cleanest Clean Air Day yet.

During the COVID-19 lockdown we experienced cleaner air and saw massive shifts in low pollution behaviours. If we all play our part to keep up the momentum, we could have clean air and healthier futures. Clean Air Day, on Thursday 8 October, is a day of action to talk about air pollution, find out what you can do to protect your children's health and start to take some of the simple air pollution busting steps that can help clean up our air.

We're playing our part in promoting 'Walk to School Week'. We will be raising awareness of issues relating to air pollution through lessons and hands on activities. We will also be conducting class surveys on ways we travel to school. We'd love your help too! You can help by walking/cycling/scooting your kids to school. You could write to the local council supporting a school street trial and don't idle your car at the school gate.

To get involved in Clean Air Day and learn more about the part you can play visit cleanairday.org.uk or search #CleanAirDay. Due covid-19, please ensure that any activities you undertake meet with your government's guidelines.

# THIS WEEK'S HIGHLIGHTS ...



In Little Fish class this week, the children engaged in Godly play which immersed them in the creation story. The children listened attentively and were totally hooked in how it was retold. They reflected upon the day most special to them and responded by recreating this using playdough, Lego and through artwork.



In Hope this week, the children have been learning about Operation Dynamo. They have written fantastic ship logs from the perspective of a civilian who was told to collect soldiers from Dunkirk. These really impressed Miss Mewton and a Miss Roworth.



In Little Lambs class, the children have continued to think about the importance of exercise and ways to keep fit. Here they are creating their own obstacle courses designed to encourage their peers to keep active.





Physical health is being prioritised across the school at the moment! Here are Mrs Nagy's class engaged in PE where they continued to focus on health related fitness by trying to beat last week's scores.



We have been really impressed with how the children in Rainbows and Stars classes have settled into school life. Here are some pictures of them exploring our wonderful Wild Tribe space.

0.00







Each week we will be awarding children who have gone the extra mile with the following:

- Achiever Certificate for showing awesome learning behaviours
- Christian Value Certificate—for demonstrating the Christian value of the week: Forgiveness

### Doves

Levi for persevering with his writing. You have shown such improvement and we are so proud.

## Fish

Imogen for always pushing yourself in English and for listening to feedback.

# Lambs

Eleanor for always trying her best in class and for working hard this week when writing independently.

### Pelicans

Millie for using mathematical vocabulary to explain reasons for answers in manners and having a Maths.

# <u>Angels</u>

Lucy for showing excellent behaviour for learning by showing great enthusiasm

## Peacocks

Ralph for giving 100% and in every situation, showing beautiful very kind heart.

## Faith

Noah for showing a positive attitude to all of his learning. You have shared your ideas and really impressed the adults with your attitude to learning.

## Phoenix

Ben for challenging himself in his maths and always pushing himself to improve.

# <u>Hope</u>

Jack for showing curiosity during our history lesson on **Operation Dynamo!** 

These children have been awarded with a certificate for showing our forgiveness towards others this week:

Doves - Mawgan	Pelicans - Elizabeth	Angels - Seth
Fish - Meela	Peacocks - Ellie	Faith - everyone!
Lambs - Beth	Phoenix - everyone!	Hope - Sophie

#### PARENT SUPPORT



This week we introduced 'BB-Conn-CCC' and parents joined our PSA from the comfort of their <u>own homes</u> at our 'virtual' monthly Parent Support coffee morning.

We discussed self-care

and parental wellbeing and how valuable it is, especially now, to make the time to connect with others.



**One parent shared** "I really just joined the virtual coffee break because I was free and wanted to Support a new school venture, but as soon as the first parent explained how she was feeling I thought "that's exactly what it's like" and it was great just to connect and have a chinwag with others, as we don't get to do it at the gates anymore".

Do you want to improve your support network? Are you keen to make new friends? Are you curious to take steps to help improve your well-being?

#### When is the next 'BB-Conn-cct'?

Thurs 22 <sup>nd</sup> Oct	10:00-10:45
Weds 25 <sup>th</sup> Nov	10:00-10:45

Spaces will be limited and allocated on a first come, first served basis. To register your interest and availability to attend please text 07903 613 074 with your name, your email, your child's name and the date(s) that you'd like to get involved in.



Call 0300 1231 117

#### 2020-2021 online courses:

#### Keeping Up with the Children (KUC) Literacy

Brush up your spelling, punctuation and grammar; make the most out of reading, learn about phonics; develop your persuasive language and writing skills - in line with the primary curriculum. Simple activities and resources to support language and literacy applying visual, auditory and kinaesthetic strategies.

#### Keeping Up with the Children (KUC) Maths

Topics include early counting and the number system; calculating with mental and written methods; the language of shape – in line with the primary curriculum. Easy, fun activities and games to support the development of numeracy skills using a range of learning styles.

Additional Family Learning courses are available in partnership with schools, family hubs and other partners: please contact us to find out more.

Email www.cornwall.gov.uk/adultlearning Call 0300 1231 117

Family Learning Computing

An introduction to online Office applications including word processing, email, presentations, storage, skype and internet safety. Free software used in your browser. Brush up your skills to support your child across the primary and secondary curriculum with our easy, accessible sessions.

#### Family Learning Scratch Coding

An introduction to coding taking you and your child from being complete beginners to making simple games using the Scratch programme – as used in schools. Step-by-step sessions to support you and your child with easy-tofollow handouts you can use in your own time.

## PARENT SUPPORT

# 

#### My thoughts on Self-care

I've met people in life who scoff the advice, Of 'taking deep breaths' or doing something 'nice'

Right at that time, they just couldn't see,

Just how empowering 'self-care' can be.

Dealing with kids and challenges can be quite rough,

You'll sometimes have moments where you feel "that's enough!"

Learning to work on your own stress and anxiety,

Can afford you some 'resolve' and flexibility.

Getting your sleep, developing your strength,

Helps us all increase our resilience.

A chat with a friend, or making time for a bath alone,

Are simple self-care tasks you can be proud to own.

Prioritising to take care of oneself might seem mean?

Reality is, it's not as selfish as it seems!

It can have a ripple effect when you work on your well-being,

Self-care can even help to give parenting new meaning. Understand that 'change' will start with YOU,

Each day is a fresh start, you can try something new.

List out your goals and then like at a gym,

Work out how to achieve them and let support in.

Each day task yourself with a 'positive' to find,

Something you love or achieved or a deed that you saw that was kind.

Open your awareness to the joys of the day,

A blue sky, a fresh breeze or something good coming your way.

Reject pessimism, the 'doom' and the doubts,

Take charge of your thoughts, push the gloom out,

Remind yourself just how much you have already survived,

Picture your goals and then onwards you strive.

So much of this battle can be won in our heads,

Don't end days recounting failures or tomorrows dreads.

Reprogramming our brains is power and key,

To change things we first must CHOOSE to! Trust me!

# **OTHER NOTICES**

#### **School Admissions**

The online application process for Starting School, Transfer to Junior School and Transfer to Secondary School for September 2020 has now started. Detailed information about the admissions process is available online or on request from the School Admissions Team.

Please ensure you name more than one preference. It will not mean less chance of securing place at your preferred school. Please note that if you do not apply on time, your preferred school's may already be full.

If you need support with your application process, please contact the office, the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).

#### \*\*UPDATE\*\* Nasal flu vaccinations - confirmed for Wednesday 18th November

As we approach winter months, it is more important than ever to vaccinate your child against the flu. Nasal flu vaccinations will be taking place in school on Wednesday 18th November. Letters and consent information were issued yesterday via Dojo and email—we would appreciate your prompt response to this.



Please contact the school office if you did not receive the information.

Thank you

Celtic Cross Education Initial Teacher Training School Direct Open Information Sessions
Have you thought about training to be a teacher? Already have a degree or currently working on one and considering teaching for the future? Want to stay local or within our Trust?
Then why not find out more about the School Direct process for teacher training offered by CCE in conjunction with Plymouth Marjon University.
Join us on one of our Open Information Sessions and find out what the process entails and what CCE can offer.
The sessions are on: Monday 28 <sup>th</sup> September 2020 – 3.30 – 4.30pm Thursday 22 <sup>nd</sup> October 2020 – 5.00 – 6.00pm Tuesday 17 <sup>th</sup> November 2020 – 10.30 – 11.30am Wednesday 9 <sup>th</sup> December 2020 – 6.30 – 7.30pm Friday 22 <sup>nd</sup> January 2021 – 3.30 – 4.30pm Thursday 25 <sup>th</sup> February 2021 – 5.00 – 6.00pm
If you are interested in joining one of our Zoom Information sessions, please email: ITT@celticcross.education stating which session, you would like to join. We look forward to meeting you.

