W/C: 02/05 23/05 13/06 04/07 25/07 05/09 WEEK HOT SPECIALS... DAILY FAVES... PICK A PUD! SIDES... Jacket Potatoes 🥮 🙍 MONDAY **Vegetarian Sausage** Oaty A choice of hot and cold **Cheese and Tomato** Biscuit with Mashed Potato Peas fillings Pizza o 🐲 and Gravy 🛭 💿 with Fresh Tomato Pasta ** 0 and Cheesy tomato topped pizza Veggie sausage and mash Fresh, homemade tomato **Cut Fruit Carrots** slice and basil sauce with with rich gravy Slices 🖦 penne pasta Jacket Potatoes 🧇 💿 *TUESDAY* **Hot Chicken Sandwich** Allegra's Cheesy A choice of hot and cold **Broccoli** Carrot with Potato Wedges fillings Peasy Risotto Bake and Cake with Roast chicken served in a Tomato Pasta 🕸 🔾 A delicious baked cheesy, Green Citrus Fresh, homemade tomato soft bun with lettuce and pea risotto Beans **Frosting** and basil sauce with mayo penne pasta WEDNESDAY **Tender Roast Gammon Quorn Roast with** Jacket Potatoes 🤫 🚳 A choice of hot and cold with Roast Potatoes & **Roast Potatoes and Carrots** fillings Gravy Gravy o Strawberry and Tomato Pasta 🕸 🔾 Delicious Quorn roast with Tender roast gammon with Ice Cream Fresh, homemade tomato Cabbaae fluffy roasties and tasty fluffy roasties and tasty and basil sauce with gravy gravy penne pasta **THURSDAY Beef Meatballs in Veggie Lasagne** Jacket Potatoes 🤫 🚳 A choice of hot and cold **Tomato Sauce with** served with a Bread fillings Broccoli **Chocolate** Pasta 🐲 Wedge o 🐲 Sponge Tomato Pasta *** and Delicious beef meatballs in a Delicious sheets of pasta Fresh, homemade tomato Sweetcorn Cake layered with veggies and tasty tomato sauce with and basil sauce with tomato sauce penne pasta **Jacket Potatoes ♥ •** A choice of hot and cold **Southern Fried Chicken** FRIDAY **Baked Quorn Dippers with** Tasters with Chips Crispy fillings Chips o Beans Crackle Lightly seasoned crispy Tomato Pasta 🐲 🛛 Crispy Quorn dippers with and Fresh, homemade tomato chicken strips and scrummy Bar their fave sauce - ketchup Peas and basil sauce with

penne pasta





chips

W	EEK W/C: 18/	W/C: 18/04 09/05 20/06 11/07 12/09 03/10				W		W/C: 25/04 16/05 06/06 27/06 18/07 19/09 10/10			
	1 HOT SPECIA	ALS	DAILY FAVES	SIDES	PICK A PUD!		2	OT PECIALS	DAILY FAVES	SIDES	PICK A PUD!
MONDAY	Veggie Burrito ♥ ● ★ A soft wrap filled with lightly spiced veggies and rice	Macaroni Cheese Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Jacket Potatoes ♥ ○ A choice of hot and cold fillings Tomato Pasta ★ ○ Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Raspberry Ripple Ice Cream	MONDAY	Veggie Bolognese Yummy veggie Bolog with pasta	Pizza 🛭 😻	Jacket Potatoes ♥ ○ A choice of hot and cold fillings Tomato Pasta ♥ ○ Fresh, homemade tomato and basil sauce with penne pasta	Cucumber Sticks and Carrot Sticks	Flapjack with Fruit Slices & *
TUESDAY	Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	The Incredible Burger served with Potato Wedges Meatless burger in a soft bap with ketchup	Jacket Potatoes ♥ with Assorted Fillings Tomato Pasta ♥ Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Brownie	TUESDAY	Sausage and M with Gravy Sausage and mash wi gravy		Jacket Potatoes ♥ ② A choice of hot and cold fillings Tomato Pasta ♥ ③ Fresh, homemade tomato and basil sauce with penne pasta	Cauliflower and Peas	Orange Shortbrea with Frui Slices &
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Quorn Roast with Roast Potatoes and Gravy © Delicious Quorn roast with fluffy roasties and tasty gravy	Jacket Potatoes ♥ ○ A choice of hot and cold fillings Tomato Pasta ♦ ○ Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Shortbread Biscuit with Fresh Cut Fruit Slices &	WEDNESDAY	Roast Turkey w Roast Potatoes Gravy Roast turkey with fl roasties and tasty g	uffy Roast Polatices and Gravy Delicious Quorn roast with fluffy roasties and tester	Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Raspberr Yoghuri Cake
THURSDAY	Beef Bolognese → → → → → → → → → → → → → → → → → →	Quorn Hot Dog with Potato Wedges @ A delicious Quorn hot dog	Jacket Potatoes * A choice of hot and cold fillings Tomato Pasta * Tends of the condition	Broccoli and Sweetcorn	Banana & Apricot Flapjack with Fruit Slices &	THURSDAY	Beef Lasagne wi Garlic & Herb Br Wedge & A classic Italian lay pasta dish with beef	read Potato Curry with Rice with Rice and potato Tasty chickpea and potato	Jacket Potatoes ♥ ② A choice of hot and cold fillings Tomato Pasta ♦ ③ Fresh, homemade tomato and basil sauce with penne pasta	Mixed Salad	Fruity Chocolat Brownie
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips © Crispy Quorn nuggets with their fave sauce - ketchup	Jacket Potatoes ♥ ○ A choice of hot and cold fillings Tomato Pasta ♦ ○ Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Chocolate & Raspberry Swirl Cake	FRIDAY	Battered Fish Fi with Chips	Quorn Dippers with Chips © Crispy Quorn dippers with their fave sauce - ketchup	Jacket Potatoes ♥ ◆ A choice of hot and cold fillings Tomato Pasta ♦ ◆ Fresh, homemade tomato and basil sauce with penne pasta	Peas and Baked Beans	Vanilla la Cream
					200	,		AVAILABLE EVI WATER, SALAD, FRESHLY YOGHURT & FRES	BAKED BREAD,		0

▼ Vegetarian 🖈 Oily fish 😻 Wholegrain 🍏 Fruity! 😽 Nutritionist's Choice