

This half-term our focus is compassion and my collective worship on Monday focussed on noticing those around us that might need a helping hand and the little things, or random acts of kindness, that we can do to help. The children really understood that we can create a 'domino effect' of kindness by opening a door, helping to carry things or sharing a little more, amongst other things! We hope that you can encourage this at home by praising these little moments of showing compassion for others.

Children in year 5/6 have experienced some exciting trips this week. Upper Key Stage 2 visited the Royal Cornwall Museum in Truro to further their knowledge of all things Egyptian whilst our BBeebies children visited the fire station. They excitedly told me about how the firefighters used their hoses to put out fires and were very impressed with the fire engines!

Have a restful weekend everyone.

Online Safety news...

This week, 3 useful links for online safety advice:

Celtic Cross Education have set up an excellent online safety page, full of advice and links to other online resources.

The website link is: http://www.celticcross.education/online-safety/

The NSPCC is a source of excellent, trustworthy advice on a range of online apps, games etc. Their information can be found at:

https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/

YouTube content is an ongoing issue. Netaware have produced a page of down-toearth advice on:

https://www.net-aware.org.uk/networks/youtube/

NSPCC's advice is to work with your child as a TEAM:

Talk about staying safe online

Explore their online world together

Agree rules about what is safe and what is not

Manage your family's settings and controls



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Mrs Carmichael

Our Christian values: Compassion, forgiveness, trust, respect, courage and perseverance

WEEKLY ATTENDANCE

The expected average attendance for a child is 96% for the year Our attendance for this week is 94.72% Our attendance for this school year is 96.38%

Well done to Pelicans class for the attendance stars of the week!

Classes	%	Lates	Class	%	Lates
Little Doves	95.4%	0	Pelicans	99.26%	7
Little Fish	91.19%	3	Angels	90.8%	1
Little Lambs	92.96%	2	Faith	98.52%	1
Peacocks	94.81%	1	Hope	95.93%	0
Phoenix	95.79%	1			

2018/19 Spring Term Diary Dates: Tues 26th Mar—Rainbows 2 trip to St Blazey Church 2nd & 3rd April—Parent Consultation Meetings Tues 2nd April—Easter Communion—2pm all welcome Fri 5th April—Last day of Term, there will be no BBkids afternoon sessions Tues 23rd April—Summer Term begins Fri 3rd May—Half Price Book fair Mon 6th May—May Bank Holiday 13th—16th May—Year 6 SATs week Mon 20th May—Y6 Skern Lodge meeting @ 3.30pm 27th—31st May—May Half Term Fri 7th June—INSET Day 17th—21st June—Whole School Science Week **RESIDENTIAL DATES** 9th & 10th May—Y3 Eden Residential Trip 22nd & 23rd May—Y5 Activity Days 28th June—1st July—Y6 Skern Lodge Trip 22nd—24th July—Y4 Porthpean Trip

BAD WEATHER EMERGENCY PROCEDURES

In the event of snow or extremely bad weather, we will text out to all parents any closure news. It will also be posted on our website and announced on Radio Cornwall/Pirate FM. If we take the decision to close the school during the school day, you do not need to contact us before collecting your child as this would only overload the telephone lines. Please rest assured we will NOT close the school until all children have been collected. Many Thanks

BBKIDS TELEPHONE NUMBER IS 01726 65471—THIS IS FOR EMERGENCIES ONLY

BB Sports News.....

A group of year 5 & 6 children recently competed in the St Austell Touch Rugby competition. The children displayed great speed, skill and sporting behaviour. As always, it was a real pleasure to accompany such a well behaved group of children to a fantastic event.

Trips out....

UKS2 enjoyed a fun-filled trip at The Royal Cornwall Museum this week. They had the opportunity to explore all of the wonderful history displayed throughout the museum as well as taking part in an Egyptian workshop. The children learnt all about the mummification process, the life of Egyptian people as well as handling Egyptian artefacts as they became archaeologists searching for clues . The



children were an asset to the school and came away feeling inspired and even more knowledgeable about their current topic.









On Wednesday morning, BBeebies went to visit St Austell Community Fire Station. The firefighters told us all about their roles and the special clothing they have to wear to protect themselves. They showed us some of the equipment they use to keep themselves safe. One of our mums modelled dressing in their firefighting uniform. We got to look around and sit in a fire engine and even had a go at using a fire hose to spray water! It was a fabulous experience and would like to say a big thank you to all that helped and attended.





PSA INFO

PARENT SUPPORT ADVISOR, TERRI-ANNE OLD-07903 613074

Seven Benefits of Using Routines with Your Kids

1. Routines eliminate power struggles

Routines eliminate power struggles because you aren't bossing the child around. This activity (brushing teeth, napping, turning off the TV to come to dinner) is just what we do at this time of day. The parent stops being the bad guy, and nagging is greatly reduced.

2. <u>Routines help kids cooperate</u>

Routines help kids cooperate by reducing stress and anxiety for everyone. We all know what come next, we get fair warning for transitions, and no one feels pushed around, or like parents are being arbitrary.

3. Routines help kids learn to take charge of their own activities.

Over time, kids learn to brush their teeth, pack their backpacks, etc.... Without constant reminders. Kids love being in charge of themselves. This feeling increases their sense of mastery and competence. Kids who feel more independent and in charge of themselves have less need to rebel and be oppositional.

4. Kids learn the concept of "looking forward" to things they enjoy...

.....which is an important part of making a happy accommodation with the demands of a schedule. He may want to go to the playground now, but he can learn that we always go to the playground in the afternoon, and he can look forward to it then.

5. Regular routines help kids get on schedule

Regular routines help kids get on a schedule, so that they fall asleep more easily at night.

6. Routines help parents build in those precious connection moments.

We all know that we need to connect with our children every day, but when our focus is on moving children through the schedule to get them to bed, we miss out on opportunities to connect. If we build little connection rituals into our routine, they become habit. Try a snuggle with each child when you first see them in the morning, or a "recognition" ritual when you're first reunited:

"I see you with those beautiful blue eyes that I love so much!" or a naming ritual as you dry him after the bath: "Let's dry your toes....your calf....your knee.....your thigh.....your belly...."

Rituals like these slow you down and connect you on a visceral level with your child, and if you do them as just " part of the routine" they build security as well as connection and cooperation.

7. Schedules help parents maintain consistency in expectations.

If everything is a fight, parents end up settling: more TV, skip brushing teeth for tonight, etc. With a routine, parents are more likely to stick to healthy expectations for everyone in the family, because that's just the way we do things in our household. The result: a family with healthy habits, where everything runs more smoothly!

Appointments can be made to meet with BB's Parent Support Advisor for guidance on topics including routines, behaviour, attendance, and any other matters that families may be finding themselves wanting advice on. Please get in touch.

