## HAPPY NEW YEAR!

## HEAD'S BLOG

Welcome back and a Happy New Year to you all!

The children have all settled back well into classes—it's like they've never been away! Can we ask that you check your child continues to wear the correct school uniform and footwear as well as ensuring they bring in a coat every day in this chillier weather.

We have an array of after-school clubs on offer again this term, starting next week. Texts have been sent out to confirm places but please check with our school office if you appear not to have received confirmation.

Our quest to encourage lots of home reading practice continues.... Please ensure your child reads at home a minimum of 4 times per week AND ensure their reading record is signed to confirm this. We will plan another reward for children who keep this up later in the term.

On Thursday, we were treated to a special performance! A group of singers, taught by Mrs Bailey, sang beautifully to the whole school. I'm sure many children went away inspired by Mrs Bailey's enthusiasm and fun approach to singing. If you want to find out more about her singing lessons, please contact the school office.

Have a great weekend.

Mrs Carmichael

#### Meet the teacher...

Parents of pupils in Pelicans Class are invited to meet their new teacher, Mr Nicholas, after school on Monday 13th January. This provides the opportunity to meet Mr Nicholas face to face and to ask any questions you may have. There will also be squash and biscuits and a chance to find out about Topic plans for the term. Your children will also be able to show you some of the recent changes to the classroom.



#### Polite reminder:

Please ensure children are not left unsupervised on the school play-grounds before 8:30am. A teacher will be on duty on each playground from this time.

Thank you

BBKIDS TELEPHONE NUMBER IS 01726 65471—THIS IS FOR EMERGENCIES ONLY

Our Christian values: Compassion, forgiveness, trust, respect, courage and perseverance

## PHOTO PAGE







This week Rainbows and Stars welcomed a stick insect into their classroom! After one of our parents found the insect lurking on our decking, we made a home for him to stay. After doing a bit of research and looking closely at his features, the children have been writing facts about stick insects and voted to decide what name we should give him. We decided to call him Blaze!

## **ATTENDANCE**

The expected average attendance for a child is 96% for the year Our attendance for this week is 98%

Our attendance for this school year is 96.71%

Well done to HOPE class for the attendance stars of the week!

Classes	%	Lates	Class	%	Lates
Little Doves	96.83%	3	Pelicans	99.64%	1
Little Fish	98.77%	0	Angels	94.05%	0
Little Lambs	98.15%	2	Faith	99.06%	1
Peacocks	95.79%	3	Hope	100%	0
Phoenix	98.08%	2			



## Important reminder

Staff or children who develop symptoms of diarrhoea and/or vomiting should stay away from nursery/school until they have been symptom free for 48 hours, as it is highly infectious.

## DATES FOR YOUR DIARY

#### 2019/20 Spring Term Diary Dates:

Mon 13th January—Meet the Teacher (Pelicans class) - 3.20pm
Wed 5th February 2020—NSPCC Stay Safe workshops
17th—21st February—Half Term
Monday 10th February - London residential parents' meeting
24th—26th February—London residential
Wed 27th February—Class Photo's

#### **CENSUS DAY**

On **Thursday 16th January** there will be another Census Day in school, this is when the Local Authorities collect information electronically from every school in their area. This is, in part, to guide them in planning and funding. The LA collects details such as pupil numbers, numbers of pupils with Special Education Needs, those entitled to Pupil Premium funding, those entitled to Free School Meals (FSM), attendance information and so forth.

To maximise our potential funding, we would encourage all families with children entitiled to FSM to enjoy their free meal on Thursday 16th January, rather than bringing a packed lunch that day. It is the number of children in Early Years and Key Stage 1 eating the free meal on the actual day's lunchtime that informs the funding, rather than meals ordered for that day or children attending school. Pupils who bring a packed lunch from home unfortunately are not included, nor are the children who normally take Universal Infant Free School Meals, that are absent on the 16th.

Once again, we encourage as many children as possible to commit to eating their FSM on Thursday next week; this will record those children as having eaten on Census Day and therefore count towards the total Government funding allocated to our school for UIFSM for the rest of the school year!

Next week's special menu from Caterlink will be:

**Hot Dogs** 

or

**Quorn Dogs** 

served with Chips and Beans Served with fresh bread & a salad bar. Followed by Ice Cream

These choices will be available to book on your Parentpay account as normal.

#### **PSA INFORMATION**

# January's (parenting) blues!

Life likes to keep us on our toes and where January can already be a tough month, whether it be down to financial constraints or simply the moody weather, parenting a child who is also finding things a struggle can really take its toll.

Perhaps your child has found transitioning back to School and routines too much to handle? Or maybe you're noticing that your child is showing signs of anxiety? Perhaps you're a family attempting to get on top of managing some challenging angry outbursts? If this is the case, January can feel like a hard time to tackle these things. We might deserve to be feeling refreshed from a break away but some of us are quite honestly very tired! Many of us are trying to juggle lots of different spinning plates at once and the added pressure of having a small person who is also having a tough time can be exhausting.

In our first week back, amongst other things, I have been talking to parents about topics such as social anxiety, dealing with big emotions such as anger and how we structure our morning and night time routines.

Some top tips if you are experiencing difficulties

All behaviour is communicating 'something'. It is our job as parents and carers to play 'detective' and attempt to understand our child's needs.

Seeing your child struggle is emotionally draining. It is important to look after ourselves. We will be better positioned to help our children if we attend to our own well-being. We are not machines; be kind to yourself!

Have faith in your ability to make the changes required. If you want things to stay the same, keep doing what you are doing. If you want things to be different you have to consciously choose to believe that it is possible.

Consistency is important. You may feel like you have 'tried everything'. Go back to the drawing board and then work on one small step at a time.

Setting clear boundaries and expectations is comforting to children. Resistant though they might seem, firm boundaries actually offer lots of reassurance to children. Children will often 'push' to see if the adults will actually do as they say...they are testing your trustworthiness; giving in sets you up to be perceived by them as unreliable.

Ask for help and advice. Knowledge is power and two heads are better than one. Tackling a challenge on your own can be isolating and detrimental to yours and your child's well-being in the long run.

#### **PSA INFORMATION**

Collaboration and communication are key! Talking is a powerful tool, but talking to yourself can be fruitless! Talk with your child, your family, your friends, the class staff or anyone in your support network, find out their perspective on the issue. Ideas about things to try are born from first talking through the problem. Work out what each individual can contribute to the solution. Children are often very good at coming up with suggestions.

Be kind to yourself. Encountering challenging times with our children can lead us to feel inadequate. Giving yourself a hard time is not productive. Acknowledging that you are finding something hard is the first step. Asking for and accepting help is the next! Lots of people require help and support at different times. No issue is too small. You will be offered a warm and friendly, non-judgemental approach to collaboratively look for ways we can address the problem you are facing.

If you would like a little more support or some ideas about what other agencies can offer advice on a particular area of need, please do get in touch. Feel free to text me on 07903 613074 if that is easier, or call 01726 64322 and make an appointment or drop me a quick email at <a href="mailto:terri-anne.old@celticcross.education">terri-anne.old@celticcross.education</a>. I look forward to working with you.

#### <u>Understanding Children's Anger—Drop in sessions</u>

Drop-In Sessions at Family Hubs Does your child become angry and hurt themselves or others? Are you worried about their anger and behaviour? Would you like to better understand what is going on and how to help them?

Come along to one of our sessions for practical advice, support and a cup of tea

Contact name: Kyra Marks

Contact position: Senior Parenting Worker

Telephone: 07483 323555

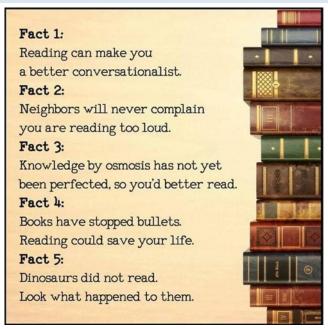
E-mail: kyra.marks@cornwall.gov.uk

Where and when? Malpas Family Hub Polruan Road Malpas, Truro TR1 1QR

Monday 16th March—10am—11am.

Free of charge.

#### READING



Thank you to those of you who sent photos of children engrossed in books over the holidays. It has been lovely to hear from children about the books they received—thank you for building a love of reading in them: it is so important. We would still love photos of children reading or sharing a book with an adult or a sibling; please email them to me at Carolyn.bray@celticcross.education. Here's some New Year thoughts about reading—it's

Carolyn.bray@celticcross.education. Here's some New Year thoughts about reading—it's American hence the incorrect spelling of neighbours!

## SCHOOL NOTICES PAGE



We need your help!

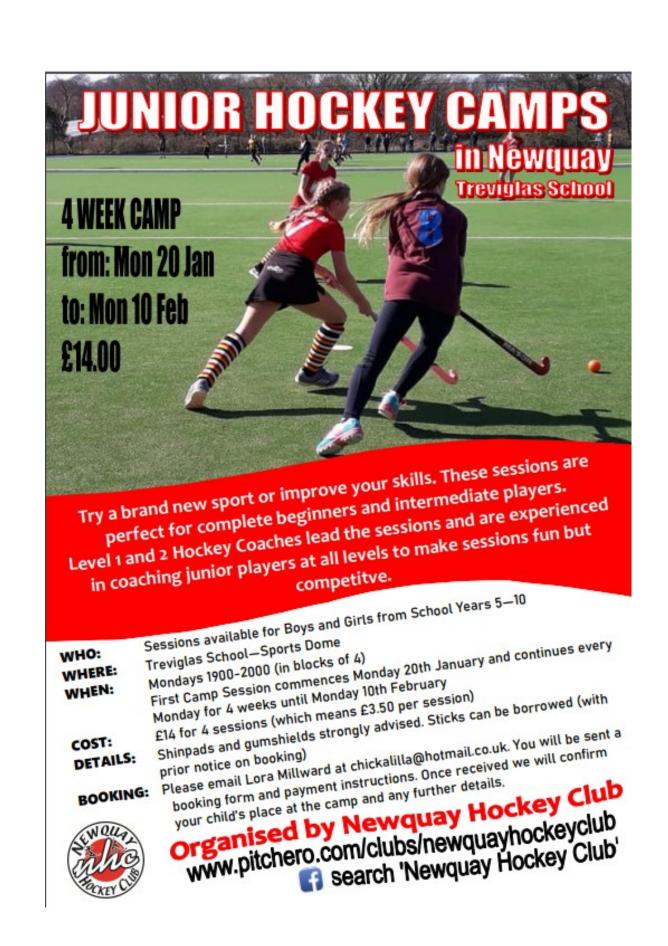
#### **TESCO COMMUNITY GRANTS**

An Early Approach to Learning in KS1 is in the customer vote for a Bags of Help grant from Tesco. It's a scheme which gives community projects like us grants of up to £2,000 – all raised from the sale of carrier bags in Tesco stores. The public will now vote in store during January to the end of March on who should receive the awards. Please support us in your local store! (St Austell Superstore and Tregonissey Tesco Express)

#### Wraparound Care

If you wish your child to attend our Wraparound Provision, then please book the sessions required via ParentPay, payment will be required at this time. There will be cut off points for booking a place and if you are unable to secure your session then please contact the school office and they will book on your behalf. Please ensure that there are sufficient funds in your account to cover the cost.

You will no longer be able to use the facility unless this is booked and paid for in advance and the school is unable to offer any credit facility. Many Thanks.



Please note: Whilst we may advertise clubs, activities or organisations in our newsletter, Bishop Bronescombe School are not responsible for carrying out checks on these external groups. Parents/carers should ensure that they are satisfied that the correct insurance, qualifications and DBS checks are in place to ensure the welfare of their children if they participate or attend such events/clubs etc.