

Bishop Bronescombe C of E School



Sex and Relationships Education (SRE)

Reviewed:	December 2019	Reviewed by:	Vicky Oliver
Due for review:	December 2022	SMC or Governor responsible:	SMC

Policy

School Aims

At Bishop Bronescombe School we aim to give all children:

- Access to a rich curriculum which enthuses and equips them for life as citizens in the 21st century.
- Opportunities to explore their own developing Christian faith and to have respect for the faith of others.
- ♣ High self esteem by feeling valued as a member of our school.
- ♣ A sense of fair play, treating others with dignity and respect.
- The chance to enjoy taking part in a vibrant, forward looking school, moving their learning forwards.

Bishop Bronescombe C of E School's motto is: 'Learning that lasts a lifetime'. Celtic Cross Education's Mission Statement is: 'We nurture, we learn, we achieve together.'

General policy statement

All staff, governors, volunteer helpers, students and visitors need to give due regard to all of the policies and practices adopted by the school. Whilst it is acknowledged that people other than staff cannot be expected to read every policy before a visit to the school, it may be that further guidelines are necessary in addition to the Visitor Policy, which all visitors must acknowledge and accept upon arrival. All staff carry responsibility for the welfare and success of the pupils in our school. Staff will advise anyone who is working alongside us of the necessary protocols, procedures and policies we follow.

Vision Statement

- We believe in challenging education and have high expectations of what our children can achieve.
- We provide a safe environment within which we nurture each individual's talents and academic potential, through a balanced mixture of creativity, discipline and challenge.
- We foster each child's emotional intelligence, confidence, self-esteem and personal responsibility.
- We value every member of the school community as an individual.
- We strive to create an atmosphere of care, understanding and trust that will encourage communication between teachers, children and parents.
- We offer spiritual and moral guidance, teaching tolerance and respect for the differences and needs of others and actively promoting good citizenship as a member of a wider community.

Rationale

SRE is lifelong learning about physical, moral and emotional development. From the beginning of a child's journey and throughout their time at Bishop Bronescombe, we support the building of positive relationships and working together with encouragement and team work. We recognise the importance of partnerships and family live, stable and loving relationships, respect, love, care and sexual health.

Aims and objectives

At Bishop Bronescombe, we recognise the importance of delivering sex and relationships education in a way that is honest and age-appropriate. This is done through specific teaching and through our school ethos and Christian values. We aim that all children will have the confidence, knowledge, strategies and skills that will enable them to live a happy and safe life in the outside world.

Our Sex and Relationships curriculum is inclusive and in accordance with recommendations from the Statutory Guidance for Relationships Education (2019). It meets the needs of all children, including those with special educational needs or disabilities. We also aim to promote gender equality and represent the LGBT community through our relationships curriculum.

We teach children about:

- The physical development of their bodies as they grow into adults.
- The way humans reproduce.
- The knowledge and understanding of a variety of different relationships including the characteristics of a positive relationship.
- The importance of respect towards others.
- An understanding of appropriate and inappropriate or unsafe physical and other contact.
- The importance of wellbeing and coping strategies and an awareness of how to seek support.
- Having respect for their own bodies.
- Moral questions.
- What they should do it they are worries about any sexual matters.

Principles

SRE is based on the following principles

- Children should learn the significance of marriage and families as key building block of community and society, an important belief in Christian teaching and practice. This includes the characteristics of a healthy family life.
- Sex education includes learning about physical and emotional development.

- Children will be taught the cultural and religious differences of families and sexuality. That families have similarities and differences but are also characterised by love and care.
- Children will develop a deeper understanding of positive relationships and friendships and how the positive characteristics of friendships include mutual respect, trust, kindness and sharing interest.
- Sex education is part of a wider social, personal, spiritual and moral education process.
- Children should be made aware of the way in which advertising and the media influences their views about sexuality.
- Children should be taught to have respect for their own and other people's bodies.
- Children should learn about their responsibilities to others, and be made aware of the consequences of sexual activity.
- Children need to learn the importance of protecting themselves, and of self-control.
- Children will be made aware of the links to Christianity.
- Children should learn that it is important to build positive relationships that involve trust and respect.
- Children need to learn how to keep themselves safe. This includes an understanding of boundaries and appropriate friendships. The concept of privacy and how it's not always right to keep secrets if it relates to us being safe. It also relates to safety in other areas such as stranger danger and when using the Internet and other forms of technology.
- Children need to be aware of responsible use of all forms of technology in order to respect the well-being and integrity of others.

Organisation

We teach sex education through different aspects of the curriculum. While we carry out the main sex education teaching in our Personal, Social, Health and Economic (PSHE) curriculum, we also teach some sex education through other subject areas (for example, in science, PE and RE), where we feel that they contribute to a child's knowledge and understanding of his or her own body, and how it is changing and developing. We ensure that lessons are well judged and carried out in a sensitive manner that is inclusive of all pupils, with high consideration of their own circumstances.

To ensure coverage and progression in the teaching of PSHE and RSE we have developed a rolling programme that ensures complete coverage from the beginning of a child's education at Bishop Bronescombe until the end. We use the scheme of work 'Love and Sex Matters: Relationships and sex education in a context of Christian values' and Twinkl's thorough PSHE whole school curriculum to deliver PSHE and RSE lessons. From Year 1, each year group will focus on the six areas; It's My Body; Safety First; TEAM; Growing Up; Britain and One World. Each year the skills taught and explored will progress and be built upon in an age-appropriate way that ensures progression.

In our curriculum we teach about relationship, and we encourage children to discuss issues. We teach about the parts of the body and how these work, and we explain to them what will happen to their bodies during puberty. We teach about safety in relation to online safety and relationships. We teach British Values and give children an understanding of their part in their local and national community. We teach about families and cultures and discuss the similarities and differences between our own families and others.

In the Early Years, we promote the development of each child's personal, social and emotional skills by modelling and exploring concepts alongside children in their play and also through group activities exploring emotions, different families, self-confidence and self-awareness, increased understanding of risk, building relationships and how to manage our own feelings and behaviour.

In KS1 science lessons, we teach children about how animals including humans, move, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the differences between people and how to show respect for each other. In KS2, we teach about life processes and the main stages of the human life cycle in greater depth.

The role of parents

The school is well aware that the primary role in children's sex education lies with parents and carers. We wish to build a positive and supportive relationship with the parents of children at our school through mutual understanding, trust and cooperation. We aim to provide parents with accurate information about what their child is learning in school, to enable them to support this learning further. This is done by providing parents with information of our PSHE/RSE curriculum and what will be covered for each year group.

Parents have the right to withdraw their child from all or part of the sex education programme that we teach in our school. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the Head of School, confirming this in writing and making it clear with which aspects of the programme they do not want their child to participate. The school always complies with the wishes of parents in this regard.

The role of other members of the community

We encourage other valued members of the community to work with us to provide advice and support to the children with regard to health education. In particular, members of the Local Health Authority, such as the school nurse and other health professionals, give us valuable support with our sex education programme.

Confidentiality and safeguarding children procedures

Teachers conduct sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved, in sexual activity, then the teacher will take the matter seriously and deal with it as a safeguarding matter. Teachers will respond in a similar way if a child indicates that he/she may have been a victim of abuse. If the teachers have concerns, they will draw their concerns to the Designated Safeguarding Lead.

Key documents that inform this policy:

- Statutory Guidance for Relationships Education (2019)
- Education Act (1996)
- Learning and Skills Act (2000)
- Education and Inspections Act (2006)
- Equality Act (2010)
- Supplementary Guidance SRE for the 21st Century (2014)
- Keeping Children Safe in Education Statutory safeguarding guidance (Sept 2019)
- Children and Social Work Act (2017)

Monitoring and Evaluating SRE.

It is the co-ordinators responsibility to:

- Ensure that SRE occurs in the school's curriculum according to the schemes of work provided.
- Monitor the use of teaching materials.
- Evaluate the effectiveness of the school's programme.

The co-ordinator will be given the time to monitor and evaluate the school's SRE programme as it occurs in the school's schemes of work for each key stage.

PSHE/SRE Co-ordinator: Vicky Oliver