



### HEAD'S BLOG...

Another very positive week here at BB and I can't remember a week when I've given out so many Head's award stickers! Children are really showing positive attitudes to learning and are enjoying the various topics and challenges in classes.

Thank you to those that have fully engaged with our new homework procedures—we hope they have been fairly hassle-free! If you are having any trouble at all, please contact your class teacher via Class Dojo or contact the school office. We are hoping that this new way of managing homework will make a switch to any remote learning much less troublesome should the need arise.

With further lockdown measures in place due to the recent rise in Coronavirus cases, we must be prepared for a 'bubble' closure or even a local lockdown. Therefore, we will soon share with you our Remote Learning Plan, which details how we will continue to deliver an education to our pupils if they need to self-isolate for a period of time. This will primarily take advantage of many online platforms and resources so access to the internet and digital devices will be important. Therefore, we are sending out a home technology survey to identify families that may need a little extra support with this. Please ensure you complete this as soon as possible. If you are unable to access the survey, please call the school office and they will be able to complete the survey on your behalf.

You can access the survey via the following link: <https://forms.office.com/Pages/ResponsePage.aspx?id=dY85Aa4vAk6ZJoMu7AMgNq8lR4AU8gNs8WlzQO31iUQzFYsJdGUVBNWVJFRUwySVJNMEgHMUpYVC4u>

It's been great to see so many children participating in some activities we would expect to see in more 'normal' times. Wild Tribe groups have started; cross country races have been run and school parliament elections have been held. Of course, these have often been 'adapted' but we are determined to include as many of our usual school events as possible. With that in mind, Revd Jules will be leading Harvest services for children in years 1-6 on Wednesday, 7th October and we ask that you share donations for Foodbank as usual. More details are on the following page.

And before I leave you, can I please highlight the marked change in the weather this week?! Please ensure children come to school EVERY DAY with a coat. It is really important they get out in the fresh air, even if it is a bit rainy!

Thank you and happy weekend!

Mrs Carmichael

**Coronavirus reminders** If your child develop any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he MUST NOT come to school and school must be informed. Call 119 or get a test online at:

<https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name>

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).

A new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you believe that your child is well enough to attend school and they have only symptoms of a 'common cold' such as: runny nose, sore throat or a mild cough they are permitted to attend.

**NB: All absences must be reported to our school office by calling 01726 64322. You can leave a message if outside of office hours. Please DO NOT report absences via Class Dojo Many thanks.**

# DATES FOR YOUR DIARY

2020/21 Autumn Term Diary Dates:  
Wed 7th October—Harvest Celebration  
Fri 23 October —Last day of term  
Mon 2nd November — Inset day

## Notices

Due to the pandemic, St Austell Food Bank saw demand double during April 2020 and they expect this demand to continue well into the autumn.

This Harvest we would love to make a difference together as a community to transform lives here in St Austell. Any donations of food items listed would be greatly appreciated.

- jam
- biscuits
- instant coffee
- cereal
- long grain rice
- tinned vegetables
- soft drinks
- crisps, snacks and sweets
- cup a soup, pot noodles, packet noodles, microwave rice

**items we always have plenty of:**

- baked beans, tea, pasta & porridge

Please help local people in crisis by donating items from our shopping list:

**items we need regularly:**

- tinned rice pudding
- tinned fruit
- tinned meat
- long life milk (UHT)
- tinned tomatoes
- fruit juice (long life)
- tinned fish
- tinned soup
- pasta sauce

**PLEASE SEND DONATIONS IN WITH YOUR CHILD ON WEDNESDAY 7TH OCTOBER**

### A message from Mr Nicholas about PE...

This week are introducing a new achievers award—Sports Achiever of the Week. Classes will take it in turns to nominate someone who has either put excellent effort into their PE lessons or had a sporting achievement outside of school.

This week, our first winner is Matthew from Angels Class, who showed great perseverance when doing the cross-country run in PE this week. Each week our sports winner will receive a Cornwall Games t-shirt (see photo). We won these t-shirts because so many of us entered scores into the Virtual School Games last term.

Thank you everyone for your continued support and well-done Matthew, we're all proud of you!

Mr Nicholas



### Free School meals -

We understand that during these unprecedented times, peoples financial circumstances may have changed. Please check your eligibility for free school meals, and apply if necessary. Regardless of their entitlement to an universal infant free school meal (UIFSM), children in YR/Y1/Y2 could still be entitled if any of the points on the right apply to you/your family. The school receive some very much needed funding for any eligible pupils, so we urge you to check and apply if necessary, it really would benefit us all! Thank you.

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Applications can be submitted via the following link: <https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-free-school-meals-and-pupil-premium/>



# Achievers this week



**Each week we will be awarding children who have gone the extra mile with the following:**

- Achiever Certificate - for showing awesome learning behaviours**
- Christian Value Certificate—for demonstrating the Christian value of the week:: Trust**

## Doves

William for persevering to perfect his letter formation.

Demelza for showing trust.

## Fish

Joe for always trying his best when working independently.

Rosie Stephens for showing trust.

## Lambs

Jamie for always trying his best in every lesson.

Scarlett Patterson for showing trust.

## Pelicans

Ethan for excellent investigative learning about types of invertebrates.

Eboney for trusting her own abilities more.

## Peacocks

Esme for her wonderful attitude to learning and being a wonderful friend.

Ella for showing trust.

## Phoenix

Nathan for listening well, asking lots of questions and super imaginative writing.

Lexi Stephenson for showing trust.

## Angels

Reece for showing great perseverance and commitment in all aspects of his learning.

Eve Greenwood for showing trust.

## Faith

Kyran for amazing attitude and interest in topic work.

Rowan for showing trust in adults around him.

## Hope

Noah for showing a fantastic attitude towards all areas of his learning this week.

Cayden for showing trust.



# PARENT SUPPORT



If you need me, I'm still able to have face to face 'virtual' meeting or, as always, you can call or text me on :  
**07903 613074** (email [terri-anne.old@celticcross.education](mailto:terri-anne.old@celticcross.education))  
I'm on hand Mon/Wed/Thurs. Please feel free to contact me if you would like to set up a virtual meeting.



You can currently still access ALL of the Parenting courses online including 'understanding your child' by visiting <https://inourplace.heiapply.com/online-learning/course/6> and entering the code 'TAMAR' to gain access.

"The course builds on the idea that children and young people's behaviour is connected to feelings. All feelings are relevant to understanding behaviour – including yours. "

'Understanding your child' is an online course for all parents, grandparents and carers of children aged 0-18 years. This course is a journey through knowledge. It builds up a way of looking at things that will be helpful for most situations.

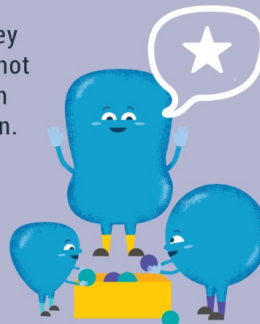
This course has content you can trust. It has been written by Clinical Psychologists, Child Psychotherapists and other health professionals in the Solihull Approach team. It has also been awarded the UK Government's CANparent Quality Mark. There are 11 modules, each taking around 20 minutes each. The Modules build on the ones before, creating a course. There are interactive activities, quizzes and video clips. There is also an optional voiceover.

We do not recommend that you do this course in one go.  
There is a lot to take in and it is best done in small chunks, usually a Module at a time.

## COVID-19 PARENTING: Keeping it positive

### Praise your child when they are behaving well

Try praising your child or teenager for something they have done well. They may not show it, but you'll see them doing that good thing again. It will also reassure them that you notice and care.



## 2 COVID-19 PARENTING Keeping It Positive

It's hard to feel positive when our kids or teenagers are driving us crazy. We often end up saying "Stop doing that!" But children are much more likely to do what we ask if we give them positive instructions and lots of praise for what they do right.

### Say the behaviour you want to see.

- Use positive words when telling your child what to do. Use "Please put your clothes away" (instead of "Don't make a mess").

**It's all in the delivery.**

- Shouting at your child will just make you and them more stressed and angry. Get your child's attention by using their name. Speak in a calm voice.

### Praise your child when they are behaving well.

- Try praising your child or teenager for something they have done well. They may not show it, but you'll see them doing that good thing again. It will also reassure them that you notice and care.

### Get real.

- Can your child actually do what you are asking them? It is very hard for a child to keep quiet for a whole day but maybe they can keep quiet for 15 minutes while you are on a call.

### Help your teen stay connected.

- Teens especially need to be able to communicate with their friends. Help your teen connect through social media and other safe distancing ways. This is something you can do together too!

For more information click below links:

Parenting tips from WHO | Parenting tips from UNICEF | In worldwide languages | EVIDENCE BASE

## 4 COVID-19 PARENTING When Children Misbehave...

All children misbehave. It is normal when children are tired, hungry, afraid, or learning independence. And they can drive us crazy when stuck at home.

### Redirect.

- Catch difficult behavior early and redirect your child's attention from a negative to a good behavior.
- Stop it before it starts! When they start to get restless, you can distract with something interesting or fun. "Come, let's play a game together."

### Take a Pause.

- Feel like screaming? Give yourself a 10-second pause. Breathe in and out slowly five times. Then try to respond in a calmer way.
- Millions of parents say this helps - A LOT.

### Use consequences.

- Consequences help teach our children responsibility for what they do. They also allow discipline that is controlled. This is more effective than hitting or shouting.
- Give your child a choice to follow the instruction before giving them the consequence.
- Try to stay calm when giving the consequence.
- Make sure you can follow through with the consequence. For example, taking away a teenager's phone for a week is hard to enforce. Taking it away for one hour is more realistic.
- Once the consequence is over, give your child a chance to do something good, and praise them for it.

### Keep using Tips 1-3

- One-on-one time, praise for being good, and consistent routines will reduce difficult behaviour.
- Give your children and teens simple jobs with responsibilities. Just make sure it is something they are able to do. And praise them when they do it!

For more information click below links:

Parenting tips from WHO | Parenting tips from UNICEF | In worldwide languages | EVIDENCE BASE

## 5 COVID-19 PARENTING Keep Calm and Manage Stress

This is a stressful time. Take care of yourself, so you can support your children.

### You are not alone.

- Millions of people have the same fears as us. Find someone who you can talk to about how you are feeling. Listen to them. Avoid social media that makes you feel panicked.

**Take a break.**

- We all need a break sometimes. When your children are asleep, do something fun or relaxing for yourself. Make a list of healthy activities that YOU like to do. You deserve it!

### Listen to your kids.

- Be open and listen to your children. Your children will look to you for support and reassurance. Listen to your children when they share how they are feeling. Accept how they feel and give them comfort.

### Take a Pause.

- Step 1: Set up**
  - Find a comfortable sitting position, your feet flat on the floor, your hands resting in your lap.
  - Close your eyes if you feel comfortable.
- Step 2: Think, feel, body**
  - Ask yourself, "What am I thinking now?"
  - Notice your thoughts. Notice if they are negative or positive.
  - Notice how you feel emotionally. Notice if your feelings are happy or sad.
  - Notice how your body feels. Notice anything that hurts or is tense.
- Step 3: Focus on your breath**
  - Listen to your breath as it goes in and out.
  - You can put a hand on your stomach and feel it rise and fall with each breath.
  - You may want to say to yourself "It's okay. Whatever it is, I am okay."
  - Then just listen to your breath for a while.
- Step 4: Coming back**
  - Notice how your whole body feels.
  - Listen to the sounds in the room.
- Step 5: Reflecting**
  - Think "Do I feel different at all?"
  - When you are ready, open your eyes.

Taking a Pause can also be helpful when you feel your child is irritating you or has done something wrong. It gives you a chance to be calmer. Even a few deep breathes or connecting with the feeling of the floor beneath you can make a difference. You can also Take a Pause with your child!

For more information click below links:

Parenting tips from WHO | Parenting tips from UNICEF | In worldwide languages | EVIDENCE BASE

# PARENT SUPPORT



Do you want to improve your **support network**? Are you keen to make **new friends**? Are you curious to take steps to help improve your **well-being**?



We are Introducing '**BB-Conn-ect**' and right now, you can be part of this new support forum from the comfort of your own home by joining our 'virtual' monthly Parent Support coffee mornings.

Sessions will be facilitated by our Parent Support Advisor, Terri-Anne, and the space to 'connect' will be free of judgment and supportive.



If you are a parent or carer of a child attending BB and are willing to bravely engage in a trial run of these informal, friendly sessions online then please do get in touch as soon as possible. You'll need either a smartphone, iPad or PC to take part and we can talk you through how to get linked up with us using Microsoft Teams.

When?	Weds 30 <sup>th</sup> Sept	10:00-10:45
	Thurs 22 <sup>nd</sup> Oct	10:00-10:45
	Weds 25 <sup>th</sup> Nov	10:00-10:45

Spaces will be limited and allocated on a first come, first served basis. To register your interest and availability to attend please text 07903 613 074 with your name, your email, your child's name and the date(s) that you'd like to get involved in. You will be sent confirmation and joining instructions in due course.

# PARENT SUPPORT—online safety



Calling all parents.....



Would you like to know more about online safety?

Are you up to date with the latest guidance in keeping children safe online?

Join a free webinar to find out more  
Tuesday 29th September 2-4pm

SWGfL have organised a free webinar for parents and professionals in cooperation with leading online safety organisations Childnet & Internet Matters, with the event itself powered by Facebook. They will also lead a webinar alongside Childnet and Internet Matters and will be looking to share the latest online safety information.

This event has limited capacity so don't delay in registering your interest!

## What will the event cover?

- Online Safety Challenges - how to talk to children about potential risks.
- New Resources and Tools - helping you and your pupils stay safe online.
- Guidance and Advice for Returning to School - safeguarding considerations.
- Q&A with Online Safety Professionals

## How do I sign up?

Visit the SWGfL home page where you'll find instructions to 'get your free ticket'

**YGAM** The Young Gamers and Gamblers Education Trust (YGAM) is a national charity which aims to inform, educate and safeguard young and vulnerable people, helping them build resilience and understand the potential harms caused by gambling and gaming.

Parents can often feel overwhelmed in a world of constantly advancing technology and YGAM provides simple, usable resources to help parents have honest and open conversations with their children around the topics of gaming and gambling. The YGAM Parent Hub is looking to:

**Inform** parents of ways to build their children's resilience online and offline, creating a healthy balance and providing resources to help parents engage with their children.

**Educate** parents around gaming, in-app purchases and gambling, helping them understand the potential harms caused by online play and the blurred lines between gaming and gambling.

**Safeguard** children through the use of online safety settings and increased awareness of how to stay safe and resilient in their environment.



# PARENT SUPPORT



Adult  
Education

Helping  
you to help  
your child

## Family Learning

Family Learning is part of Cornwall Council Adult Education and as such, adult learning is our focus:

- We help parents and carers to engage in literacy, maths and ICT to support their children's learning and development. Most of our delivery is focused on the primary curriculum.
- Our team of experienced tutors deliver interesting and interactive courses while nurturing a safe, supportive and enjoyable learning environment.
- We provide learning opportunities which promote confidence, skills and understanding through practical and easily-resourced activities.
- These courses are mainly for adults only - parents/carers with children at school - although Scratch Coding is set up for parents to work with their children if appropriate. We will be flexible according to demand.

**From autumn 2020 we are offering 6-week courses online in weekly 90-minute sessions.**

To find out more about these courses and to start the enrolment process: Please email Vicki at [vicki.salvidge@cornwall-acl.ac.uk](mailto:vicki.salvidge@cornwall-acl.ac.uk) Or call Vicki on 07968 992495



[www.cornwall.gov.uk/adultlearning](http://www.cornwall.gov.uk/adultlearning)  
Call 0300 1231 117

## 2020-2021 online courses:

### Keeping Up with the Children (KUC) Literacy

Brush up your spelling, punctuation and grammar; make the most out of reading; learn about phonics; develop your persuasive language and writing skills - in line with the primary curriculum. Simple activities and resources to support language and literacy applying visual, auditory and kinaesthetic strategies.

### Keeping Up with the Children (KUC) Maths

Topics include early counting and the number system; calculating with mental and written methods; the language of shape - in line with the primary curriculum. Easy, fun activities and games to support the development of numeracy skills using a range of learning styles.

### Family Learning Computing

An introduction to online Office applications including word processing, email, presentations, storage, skype and internet safety. Free software used in your browser. Brush up your skills to support your child across the primary and secondary curriculum with our easy, accessible sessions.

### Family Learning Scratch Coding

An introduction to coding taking you and your child from being complete beginners to making simple games using the Scratch programme - as used in schools. Step-by-step sessions to support you and your child with easy-to-follow handouts you can use in your own time.

**Additional Family Learning courses are available in partnership with schools, family hubs and other partners: please contact us to find out more.**

Email [www.cornwall.gov.uk/adultlearning](http://www.cornwall.gov.uk/adultlearning)  
Call 0300 1231 117

JN 50079 07/20



**If your child has:  
a high temperature  
a new, continuous cough, or  
a loss of, or change in, sense of  
smell or taste**

**This could be a sign of  
coronavirus**

**Book a test**

**If your child has:  
a runny nose, is sneezing or  
feeling unwell  
But they don't have:  
a high temperature  
a new, continuous cough, or  
a loss of, or change in,  
sense of smell or taste**

**These are  
not normally symptoms of  
coronavirus**

**Seek advice from a pharmacy, dial  
111 or see your GP**

# OTHER NOTICES

## School Admissions

The online application process for Starting School, Transfer to Junior School and Transfer to Secondary School for September 2020 has now started. Detailed information about the admissions process is available online or on request from the School Admissions Team.

Please ensure you name **more than one preference**. It will not mean less chance of securing place at your preferred school. Please note that if you do not apply on time, your preferred school's may already be full.

If you need support with your application process, please contact the office, the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).

### Nasal flu vaccinations are provisionally booked for Wednesday 18th November

As we approach winter months, it is more important than ever to vaccinate your child against the flu. Nasal flu vaccinations will be taking place in school on Wednesday 18th November. Prior to this date, letters and consent information will be issued and we would be grateful for your prompt response to this.

Thank you



### Celtic Cross Education Initial Teacher Training School Direct Open Information Sessions

**Have you thought about training to be a teacher?**  
**Already have a degree or currently working on one and considering teaching for the future?**  
**Want to stay local or within our Trust?**

Then why not find out more about the School Direct process for teacher training offered by CCE in conjunction with Plymouth Marjon University.

Join us on one of our Open Information Sessions and find out what the process entails and what CCE can offer.

The sessions are on:  
Monday 28<sup>th</sup> September 2020 – 3.30 – 4.30pm  
Thursday 22<sup>nd</sup> October 2020 – 5.00 – 6.00pm  
Tuesday 17<sup>th</sup> November 2020 – 10.30 – 11.30am  
Wednesday 9<sup>th</sup> December 2020 – 6.30 – 7.30pm  
Friday 22<sup>nd</sup> January 2021 – 3.30 – 4.30pm  
Thursday 25<sup>th</sup> February 2021 – 5.00 – 6.00pm

If you are interested in joining one of our Zoom Information sessions, please email:

[ITT@celticcross.education](mailto:ITT@celticcross.education)  
stating which session, you would like to join.  
We look forward to meeting you.



### Lost Property

We have at last been able to go through any items that were left at school during lockdown and any labelled items have been sent home. If you are missing anything in particular and it has not been returned, please contact the school office by Friday, 5th October with a description of the item and we will have a look for it.

**Any remaining items after 5th October will be recycled.**





Morning and  
afternoon  
spaces now!  
available!



High quality  
teacher-led nursery  
provision

**Come and join  
the fun at**

# **BBeebies Nursery**

**at Bishop Bronescombe C of E School**

"Staff provide high-quality opportunities for children providing a solid foundation for future learning. Relationships across the Nursery class are nurturing and children are well prepared for when they start the Reception Year."



Contact us on 01726 64322 or email  
[bishopbronescombe.secretary@celticcross.education](mailto:bishopbronescombe.secretary@celticcross.education)  
get more information or book a visit!

Lots of outdoor  
learning  
opportunities!



Child led approaches  
to learning within a  
nurturing, homely  
environment



Funded sessions  
available

Dedicated and  
experienced  
staff



Fresh and  
healthy snacks  
provided daily



# THIS WEEK'S HIGHLIGHTS...



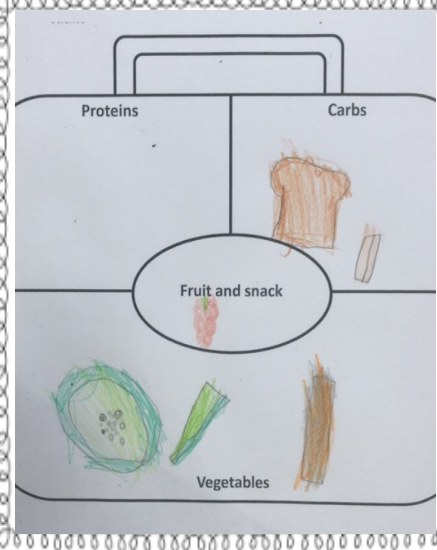
In Key Stage, we launched our Food Glorious Food topic this week. We particularly enjoyed fruit tasting and exploring the textures, colours and flavours of new fruits. We discussed and recorded our likes and dislikes.



Building our own real and alien words with the help of Fred Frog.



Levi and Connor exploring the snails and non-fiction books in the science investigation area.



Reece, Matthew and Kaleb from Amazing Angels loving their cross-country themed PE afternoon.



Some super place value work in the Maths from Peacocks class this week.

