

HEAD'S BLOG...

Another wet and windy week but spirits have not been dampened! I continue to be so impressed with the positive attitudes, perseverance and incredible work by our pupils.

Thank you for your support with home learning changes—we know and understand that this change will take a while to get used to. If you're having trouble accessing or submitting homework onto Class Dojo, please contact your class teacher straight away so they can help. We are aiming for 100% participation, especially as it will get everyone ready if anyone needs to self-isolate or a lockdown is imposed. On that note, you will be receiving a Parent Guide to Home Learning, providing a summary of key information, as well as individual logins and an updated Acceptable Use Agreement. Please spend some time reading these and discussing the agreement with your child. Please do call our office if you have not accessed our Home Technology Survey as this is vital to enable us to support you with technology at home if necessary!

Thank you too for your usual generosity in providing donations for Foodbank as part of our traditional Harvest celebrations. We were inundated with gifts and I know St Austell Foodbank are extremely grateful. Revd Jules and Emma led a Collective Worship during which we all recognised what we have to be thankful for as well as reminding ourselves that anyone can be in need of help once in a while.

Finally, it was World Teachers' Day on Monday. UNESCO, ILO, UNICEF and Education International released a joint statement, saying: "In this crisis, teachers have shown, as they have done so often, great leadership and innovation in ensuring that #LearningNeverStops, that no learner is left behind. Around the world, they have worked individually and collectively to find solutions and create new learning environments for their students to allow education to continue. Their role advising on school reopening plans and supporting students with the return to school is just as important."

So... a personal thank you from me to all our teachers for their unerring commitment and determination to support all of our pupils in difficult times. They are an amazing bunch! I'm sure they'd appreciate any little messages from you too! Mrs Carmichael

Polite reminder: Please drop your child off and pick them up at their class allocated times only. The <u>only</u> exceptions are if there are siblings with different start and finish times. Teachers are generously supervising children outside of their usual teaching hours in the current situation (as well as having reduced lunchtimes) and we ask that this is not abused. Thank you.

Coronavirus reminders If your child develop any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he MUST NOT come to school and school must be informed. Call 119 or get a test online at:

https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).

A new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you believe that your child is well enough to attend school and they have only symptoms of a 'common cold' such as: runny nose, sore throat or a mild cough they are permitted to attend.

The new NHS COVID-19 app, now available to download for free in England and Wales, is the fastest way to see if you're at risk from coronavirus. The faster you know, the quicker you can alert and protect your loved ones and community. The app has a number of tools to protect you, including contact tracing, local area alerts and venue check-in. It uses proven technology from Apple and Google, designed to protect every user's privacy. You can download the app from: https://www.covid19.nhs.uk/

NB: All absences must be reported to our school office by calling 01726 64322. You can leave a message if outside of office hours. Please DO NOT report absences via Class Dojo Many thanks.

THIS WEEK'S HIGHLIGHTS ...



In Key Stage One this week, the children have been exploring the question 'What is a continent?' We've been learning to identify each of the 7 continents and focusing on famous landmarks, animals and the climate in each of the continents.

ka,

jo.

2000



0000000 oļ scales not fur us give birth they are cold blooded and worked feet skin They are cold blockholder used for They lay eggs They lay eggs They have scales and They lay eggs They have scales and They lay eggs They be and using site They are cold blocked and a scale of the scale of the scale blocked and a scale of the scale of the scale blocked and a scale of the scale of · They live and water

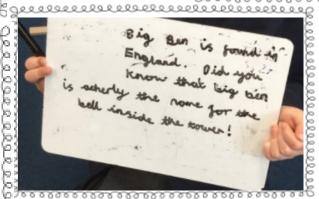
Ċ,

9.00

Q

Peacocks, Phoenix and Pelicans have been very creative this week, creating Viking kennings to describe their classmates. There were some super descriptions! They have also developed their understanding of animal groups creating fact files and some super drawings!







Our Y5 'Wild Tribers' made a great den, showing great perseverance and team-work!



DATES FOR YOUR DIARY

2020/21 Autumn Term Diary Dates: Fri 23 October —Last day of term Mon 2nd November — Inset day Tues 3rd November — Back to school!

Thursday 18th November—Nasal Flu Vaccinations

OUR SCHOOL PARLIAMENT 2020/2021

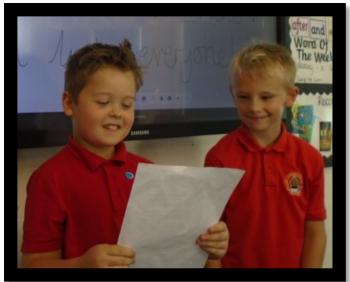
Our school election for our new Members of Parliament was a little different this year, but I have been absolutely blown away by the children's incredible manifestos and campaigns to be elected! Massive congratulations to our new Members of Parliament for this year as voted by their peers, and I look forward to seeing you all in a socially distanced way soon!



Miss Burr



Little Doves: Demelza and Ami Little Fish: Bella and Joe Little Lambs: Beth and Emily Pelicans: Jaxon and Millie Peacocks: Reuben and Lainie-Mai Phoenix: Elouisa and Jowan Angels: Aston and Lucas Faith: Eva, Toby and Grace Hope: Peter and Talon



EARLY YEARS







Our Early Years Staff have supported these children to feel safe and secure fantastically well so I want to take this opportunity to thank them for their dedication and hard work in supporting our youngest pupils during this milestone. It has been a particularly busy few weeks in our Early Years Foundation Stage as we warmly welcome many new nursery children and settle our new reception starters.











Each week we will be awarding children who have gone the extra mile with the following:

- Achiever Certificate for showing awesome learning behaviours
- Christian Value Certificate—for demonstrating the Christian value of the week: Perseverance

20.00

Fish

James

Lambs

Sebastian

for his improved focussed attitudewell done!

for his contributions to class discussions and positive attitude to work.

Max

for having a FANTASTIC week and for working really hard on his writing. Well done, Max!

Pelicans

Ghanja

Peacocks

Annie

P<u>hoenix</u>

Evie

for settling in so well

for her amazing Viking god homework!

for showing such a great positive attitude and becoming a calm to school and learning. Well done!

and hardworking member of Phoenix

class.

Angels

Faith

Hope

Daniel

Ellison, Henry & Koby for their collaboration and presentation about why Britain won this week. Well done! the Battle of Britain!

David

for his positive attitude to learning

for always embracing a challenge with a smile!

These children have been awarded with a certificate for showing our perseverance towards others this week:

Doves - Bentley	Pelicans - Louise	Angels - Emma
Fish - Yanek	Peacocks - Sienna	Faith - Johnny
Lambs - Sadie	Phoenix - Riley	Hope - Lucy

PARENT SUPPORT



'Parent Forum' Autumn '20

Unfortunately, we are unable to welcome parents into school for our usual Parent Forum at the moment; however, we still wish to hear from you!

Please send in your questions and comments about the full opening of school via this link:

http://freesuggestionbox.com/pub/aghnyat

All suggestions are totally anonymous and we will respond to these via the newsletter. Please respond by 3pm on Thursday, 15th October. Many thanks.





For online resources, advice and interactive support on a variety of **child mental health issues** please check out <u>https://www.mindedforfamilies.org.uk/young-people</u>

'Five ways to Wellbeing'



Call 999 or go to A&E if:

someone's life is at risk – for example, they have seriously injured themselves or taken an overdose you do not feel you can keep yourself or someone else safe We all have MENTAL health, just as we have PHYSICAL health. Good mental health isn't just the absence of a diagnosable mental health condition. Mental health problems range from the worries we all experience in everyday life to serious long-term conditions. Any of us can unexpectedly find ourselves at crisis point.

Get advice from 111 or ask for an urgent GP appointment if:

You need help urgently for your mental health, but it's not an emergency you're not sure what to do

If you just need to talk, any time of day or night

These services offer confidential advice from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:

- 24/7 NHS mental health response line for support and advice : 0800 038 5300
- Call <u>116 123</u> to talk to <u>Samaritans</u>, or email: <u>jo@samaritans.org</u> for a reply within 24 hours
- Text SHOUT to 85258 to contact the <u>Shout Crisis Text Line</u>, or text YM if you're under 19
- If you're under 19, you can also call <u>0800 1111</u> to talk to Childline



What can I do to help myself cope?

If you're feeling overwhelmed or out of control, you might want to try different methods of calming yourself down. There are some specific strategies that a crisis team might try to use with you to manage and minimize any symptoms you

might be experiencing. Coping techniques are simple exercises that try to accept, address and reduce the things you are experiencing.

I want to try...Making a plan for the next few hours

Try our step by step tool for getting through the next few hours <u>https://www.mind.org.uk/need-urgent-help/what-can-i-do-to-help-myself-cope/getting-through-the-next-few-hours/</u>

I want to try...Relaxing and calming exercises

If you are feeling anxious or scared there are many things you can do to help yourself cope.

Here are some simple exercises you can try that might calm you down. <u>https://www.mind.org.uk/need-urgent-help/what-can-i-do-to-help-myself-cope/relaxing-and-</u> calming-exercises/

I want to try...Coping with scary thoughts

Some people experience thoughts that are frightening or alarming you. They could be about suicide, harming yourself, harming others, or hearing voices.

We've put together a few ways that help people cope with unsettling thoughts. <u>https://www.mind.org.uk/need-urgent-help/what-can-i-do-to-help-myself-cope/coping-with-scary-thoughts/</u>

WORLD TEACHERS' DAY



Monday 5th October marked World Teachers' Day. We are extremely fortunate at BB that we are blessed with a very special team of dedicated teachers who strive to make a difference to our pupils' lives every day.

HARVEST CELEBRATIONS



We joined together virtually to celebrate Harvest this week thanks to Emma and Jules who lead our special Collective Worship. The children have spent time reflecting this week upon God's wonderful world and the good we are grateful for. A huge thank you for the generous donations of food which will be donated to St. Austell Food Bank.

OTHER NOTICES

School Admissions

The online application process for Starting School, Transfer to Junior School and Transfer to Secondary School for September 2020 has now started. Detailed information about the admissions process is available online or on request from the School Admissions Team.

Please ensure you name more than one preference. It will not mean less chance of securing place at your preferred school. Please note that if you do not apply on time, your preferred school's may already be full.

If you need support with your application process, please contact the office, the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).

School Photographs

School photos have been postponed until the Spring. We will update you when a date becomes available.



Can we politely ask that you refrain from bringing dogs onto the school premises. Whilst we love to see your pooches, we unfortunately cannot allow them at school. Thank you!

.....



