



HEAD'S BLOG...

Certainly a trying week this week, following the news you will all be well aware of. At the time of writing, we are relieved to tell you that there are no other confirmed cases and this is down in no small part to our team of teachers, TAs and support staff, as well as you parents, who have ensured bubbles remain in tact and hygiene procedures are followed. I am sure, given the rise in cases throughout the country, this will not be the end but rest assured, we are ready and can turn to remote education straight away.

A DfE Direction regarding Remote Education comes into force on 22nd October and this has required us to review some details of our Remote Learning Plan. A copy of this plan is on our website under the 'Coronavirus information for parents' tab. Please take a look to familiarise yourself with procedures. Key information has been sent out in our parent guide, which can also be viewed on the website. Please get in touch if you are having any problems!

Under our current restrictions with regards to visitors in schools, we are unfortunately unable to provide our usual face-to-face parent consultation meetings. Instead, teachers will be providing a brief report on how your child has settled into learning as well as some general comments on attitudes to learning and next steps. Attainment grades will NOT be included as we deem this to be inappropriate at this time. If you have any concerns following receipt of this report, you will be provided with the opportunity to arrange a telephone conversation with your child's class teacher. These reports will be issued on Friday, 6th November.

As part of our ongoing evaluation of our pupils' wellbeing, we would like to hear your thoughts on how your children have managed over the last half-term. We will therefore be asking you to complete a brief survey next week. It will just take a minute or two and will provide us with valuable information so we do hope you can spare the time!

In return, we continually seek ways to help you and we have updated our Parent Information page on our website. Terri-Anne, our fabulous Parent Support Adviser, has gathered a huge range of useful resources and organised them to create a library of helpful advice, guidance and links to other websites. You can find this at: <https://bishop-bronscombe.eschools.co.uk/web/parent-support-and-guidance/510935> Do have a look!

Finally, thank you to those that responded to our first online 'Parent Forum Suggestion Box'. I have gathered these together and our responses can be found later in this newsletter.

Wishing you all a restful and safe weekend.

Debbie Carmichael

Coronavirus reminders If your child develop any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he MUST NOT come to school and school must be informed. Call 119 or get a test online at:

<https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name>

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).

A new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you believe that your child is well enough to attend school and they have only symptoms of a 'common cold' such as: runny nose, sore throat or a mild cough they are permitted to attend.

The new NHS COVID-19 app, now available to download for free in England and Wales, is the fastest way to see if you're at risk from coronavirus. The faster you know, the quicker you can alert and protect your loved ones and community. The app has a number of tools to protect you, including contact tracing, local area alerts and venue check-in. It uses proven technology from Apple and Google, designed to protect every user's privacy. You can download the app from: <https://www.covid19.nhs.uk/>

NB: All absences must be reported to our school office by calling 01726 64322. You can leave a message if outside of office hours. Please DO NOT report absences via Class Dojo Many thanks.

DATES FOR YOUR DIARY

2020/21 Autumn Term Diary Dates:

Fri 23 October —Last day of term

Mon 2nd November — Inset day

Tues 3rd November — Back to school!

Thursday 18th November—Nasal Flu Vaccinations

Polite reminder: Please drop your child off and pick them up at their class allocated times only. The only exceptions are if there are siblings with different start and finish times. Teachers are generously supervising children outside of their usual teaching hours in the current situation (as well as having reduced lunchtimes) and we ask that this is not abused. Thank you.

Parent Forum Suggestion Box

Thank you for your suggestions and comments. Please see our responses below.

Christmas treat: Could the children go to the cinema for this?

We are currently liaising with BB Friends and are hoping to provide a suitable Christmas Treat– watch this space!

Delighted the school is open again!! Thank you to everyone for working so hard to enable this to happen!! I do have a slight concern that children in lower years don't seem to be getting dojo's like the older ones, please could this be raised as my 5 year old really works hard for them. I think at this age it would be really beneficial to use them a bit more.

This suggestion has been passed to class teachers. Thank you

When might hot school dinners be coming back? With the colder months upon us I think it's really important to be able to offer a hot meal to the pupils.

Many thanks for all you have done to date with such difficult circumstances.

Hot lunches will resume after half-term. The menu will be available to book from Monday, 19th October.

Please don't allow children to give out sweets on their birthday. If it's not safe to give out homework, it's definitely inadvisable to give out something that goes straight in their mouths.

This is a fair point. We have only given out sweets if they are in sealed bags and then parents have the option as to whether or not their child eats them.

We have since reviewed our risk assessment and we will no longer be sharing sweets etc brought in from home.

Can you please clarify the process that should be followed following a head bump?

A first aider will check the injury and determine what first aid is required. A first aid record is completed and sent home. A copy is kept securely in school. This sounds like there is a concern about procedure so please call our office on 01726 64322 should you wish to discuss this further.

We would like to record a huge Thank you to Mrs Carmichael and the whole staff team for the wonderful way they came through all the challenges of Covid19 Lockdown etc. both ensuring the children had educational provision and maintaining the school environment to be the safe happy place it always is. Lockdown was a positive experience home learning wise for us once we worked our pathway through it all! The children remained happy to work and excited to go back. Just one comment on returning in full, but this nothing detrimental to the school, just a reminder to those parents who seem to chose to gather at the top of the side alleyway under the tree to respectfully move their conversations away from the area to enable others to exit their without a major detour to adhere to social distancing rules.

Christmas won't be Christmas without all the amazing things the school usually puts on to which parents are invited but we have no doubt the children will still receive the best and most magical time with their peers and teachers. Thank you all again.

Thank you so much for this feedback, which is gratefully received and has been shared with staff.



Achievers this week



Each week we will be awarding children who have gone the extra mile with the following:

- **Achiever Certificate** - for showing awesome learning behaviours
- **Christian Value Certificate**—for demonstrating the Christian value of the week: **Compassion**

Doves

Joseph

For consistently working hard

Fish

Isabelle

For showing determination with your writing and pushing yourself during busy learning

Lambs

Caleb

For working so hard on his knowledge of the continents.
Well done Caleb!

Pelicans

Joey

For putting in lots of effort to his learning booklets this week and being considerate to those who needed more time than him

Peacocks

Jax

For always giving 100 percent in everything he does

Phoenix

Skyla and Lucas

For all their effort in the assessments earlier this week

Angels

Karys

For always trying her absolute best and slowly believing in herself and her ability

Faith

Olivia

For impressing us with your amazing attitude for learning—she has made some amazing contributions to class discussions!

Hope

Neve

For persevering in maths and trying so hard!
We are so proud of you :)

These children have been awarded with a certificate for showing our **compassion** towards others this week:

Doves—Rozina

Pelicans - Elsie

Angels - Henry

Fish - Ebony

Peacocks - Ophelia

Faith - Amy

Lambs - Amelia

Phoenix - Elizah

Hope - Aimee

PARENT SUPPORT

I attended some training and webinars over the past couple of weeks and thought I'd share with you some insights that may be particularly helpful at this current time.

We all have **COPING SKILLS** and each of us will prefer different strategies. Some of us have fine-tuned our preferred skills and know how to access them at times of stress. Others know things they can do to help themselves cope but perhaps do not prioritise this. Some of us are too focussed on helping others that they have overlooked the need to recognise their own coping skills style.

To keep things simple, coping skills for both children and adults (to handle anxiety, stress and anger) can broadly fall under 1 of 4 styles:

CALMING: Deep breaths, Mindfulness, Yoga, Positive self-talk, A peaceful bath

DISTRACTION: Playing computer games, Sudoku, Cleaning, Cooking, Playing with a pet

MOVEMENT: Exercise, Making something, Fidget toys, stress balls, Swimming, Playing at the park

PROCESSING: Writing a journal, talking to someone, use a 'worry box', Creating poetry

At the moment you can download for FREE, a fun way to explore with your children what each of your favourite coping strategies are <https://store.copingskillsforkids.com/collections/free-printables/products/coping-skills-checklist>



We've launched a competition for children in Cornwall aged 5-11 to draw or write about the Cornwall they want to live in in 2050. Ask your child the questions below to help them with their entry - either a picture or up to 300 words. Imagine yourself living in Cornwall 30 years in the future. What kind of home would you live in, what sort of job would you have and how would you travel to work? What would you do in your free time? What would you like the planet to look like in the future? You can take a photo of your picture and email it to haveyoursay@cornwall.gov.uk. Writing entries can also be submitted by emailing haveyoursay@cornwall.gov.uk. Four lucky winners will win a book token worth £25. We can't wait to see your entries! You can have your say on the Cornwall you want for the future by visiting <https://letstalk.cornwall.gov.uk/the-cornwall-we-want>

GET ACTIVE COMPETITION!

DEADLINE FOR ENTRIES:
FRIDAY 30TH OCTOBER



Engaging in sport and activity helps to look after our physical, mental and social wellbeing...

Send us up to 5 photos or videos (up to 30secs long) showing how you get active

ENCOURAGE AND INSPIRE OTHERS!

Share a bit about the sport or activity you do, why you enjoy it and how it benefits you

-this could be you speaking in your video; writing on top of your photo; or a written blurb with your entry (up to 100 words per entry would be great)

To send us your photos and videos, or if you have any queries:

Please email heidlsteer@ypc.org.uk, or comment on this post or send us a message on Facebook or Instagram. Please include your/ the young person's name and age with your entry.

£10 Love2shop e-gift card for one young person in each of the following age categories:
8-12 year-olds
13-18 year-olds
19-25 year-olds

Our judges will choose the entries which they feel are most inspiring and best capture the benefits of taking part in sport or activity.

Want to enter but looking for inspiration? -check out YPC workers getting active in our video on Facebook/Instagram

TAKE CARE & HAVE FUN!

Photo consent

To enter your photos and videos into the competition, we need you to give consent for the images of you to be shared online - we will be sharing them on our Facebook and Instagram pages. You don't have to show yourself in your photo or video if you don't want to - e.g. you could show getting active from your perspective. If you are aged 13 and over, you can self-consent - please include with your entry a statement saying that you consent to the images of yourself being shared online.

For 8-12 year-olds, we ask that a parent submits your entries and we need a statement from them giving their consent for the images of you to be shared online.

Photos and videos must only be of yourself. We cannot accept photos or videos which include other people who could be recognisable without having their consent as well.

Now that was a lot of writing! Pat on the back for reading it all!

ASDAT Parent Information Sessions

For parents of children who are awaiting or considering an ASD assessment

- The ASDAT team - who are we?
- The assessment process:
 - What happens in the initial appointment?
 - What information we need to gather for the assessment?
 - What other factors we might consider during the assessment process?
- What help is available whilst you are waiting for the assessment to occur?
- We will also update you on any new developments

We have planned the following video sessions to be held via Microsoft TEAMS:

Thu 22nd October 11:00-12:30

Thu 3rd December 16:00-17:30

To book a place or register interest in attending later sessions, please telephone 01872 221 4452 or email cpn-tr.Cmchsup@nhs.net with the following information:

Your name, email address, phone number, your child's name and date of birth.



Do you want to improve your **support network**? Are you keen to make **new friends**? Are you curious to take steps to help improve your **well-being**?



We are introducing '**BB-Conn-ect**' and right now, you can be part of this new support forum from the comfort of your **own home** by joining our 'virtual' monthly Parent Support coffee mornings.

Sessions will be facilitated by our Parent Support Advisor, Terri-Anne, and the space to 'connect' will be free of judgement and supportive.



If you are a parent or carer of a child attending BB and are willing to bravely engage in a trial run of these informal, friendly sessions online then please do get in touch as soon as possible. You'll need either a smartphone, iPad or PC to take part and we can talk you through how to get linked up with us using Microsoft Teams.

When?	Weds 30 th Sept	10:00-10:45
	Thurs 22 nd Oct	10:00-10:45
	Weds 25 th Nov	10:00-10:45

Spaces will be limited and allocated on a first come, first served basis. To register your interest and availability to attend please text 07903 613 074 with your name, your email, your child's name and the date(s) that you'd like to get involved in. You will be sent confirmation and joining instructions in due course.

PARENT SUPPORT

Time for YOU

A small, supportive Zoom group for Mums of children with additional needs



Take time to re-fuel & share with other Mums who 'get it'

Free 12 week Zoom group
for Mums in Devon & Cornwall
Starts Wed 4th November 12.30pm-2.30pm



To find out more message us on Facebook @mums4achange
or email jo@mums4achange.org



Information Classification: PUBLIC

Early Help Newsletter – Autumn 2020

Parenting Update

Online Parenting Support Courses

From September 2020 we will be continuing to support parents and carers and offer interactive parenting courses online. This will replace our face to face groups to ensure we are offering a full service to parents in the safest way. Service requests will continue to be received through the Early Help Hub. www.cornwall.gov.uk/earlyhelp

The courses available will be:

- Being Passionate About Parenting - Early Years 1 - 3 years
- Being Passionate About Parenting 4 - 11 years
- Being Passionate About Parenting with a basic introduction and an awareness to ADHD 5 - 11 years
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 - 11 years
- Being Passionate About Parenting - The Teenage Brain 12 - 17 years
- Take 3 - Supporting Teenagers 12 - 17 years

Courses are usually delivered over 3 sessions (1.5 hours per session) with the exception of Take 3 which is delivered over 5 sessions (2 hours per session)

Family Work

Early Help Family Workers provide support for families with children aged pre-birth - 12 years with their consent.

Youth Work

Early Help Targeted Youth Workers provide support for young people (aged 13-18 years) with their consent.

For more information please see below:
<https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/parents/>

Family Information Services and Parenting Podcasts

For useful parenting information (search understanding feelings and emotions) and Parenting Podcasts please access the Family Information Service website - www.supportincornwall.org.uk

Solihull Parenting

The online courses are free for parents and carers living in Cornwall and the Isles of Scilly.

Follow the below link for further information and how to access the course.

<https://www.cornwall.gov.uk/health-and-social-care/childrens-services/childrens-community-health/free-online-parenting-courses-the-solihull-approach/>

Bump to Baby

An ante-natal course - all presentations are available to watch here

<https://www.supportincornwall.org.uk/kb5/cornwall/directory/advice.page?id=3eUP45FLH3I>

Parent Advice Line

Do you need some support and advice to understand your child's needs and behaviour?

- Advice on positive parenting
- To understand the importance of routines for your family

Follow the below link to find the relevant contact details for your local area.

<https://www.supportincornwall.org.uk/kb5/cornwall/directory/service.page?id=IVXu5Okj1Mg>

Information Classification: PUBLIC

If you would like this information in another format, please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



Together for Families

www.cornwall.gov.uk



Together for Families



Mental Health Training

Created by young people who have previously suffered with their own mental health.

FREE

open to the voluntary sector and small non for profit community groups.

For more information please email tim.hunt@ypc.org.uk

Covers:

Young People's mental health, emotional well-being, Anxiety and self harm

You'll gain:

- Understanding about Mental Health and Emotional Well-being and how this effects young people.
- Ideas about how to support young people with mental health difficulties as well as gain some practical tips and resources.
- Information on other services available in Cornwall.



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Adult Education

Locally led learning



- Are you aged 19+?
- Are you currently not working/taking a career break/looking for a new challenge?
- Do you live in and around the following areas: Newquay, Bodmin, Bude and Launceston?

Cornwall Adult Education is delivering a new ESF funded project called Locally Led Learning. Our aim is to encourage, support and enthuse individuals back into learning or work by improving their confidence and skills.

We are **Learner Led** so will create sessions where we can to meet individual interests and currently have face to face and online sessions running in the following areas:

- Arts & Crafts • Cornwall Culture & History • Nature, Environment & Animals • Leisure • Communication Skills • Health and Wellbeing

Find out more:



If you are interested in finding out more, please text your name and postcode to **07837 311 681** or follow this link to our enquiry form www.cornwall.gov.uk/locallearning



Aug 2020 JNS0045

OTHER NOTICES

School Admissions

The online application process for Starting School, Transfer to Junior School and Transfer to Secondary School for September 2020 has now started. Detailed information about the admissions process is available online or on request from the School Admissions Team.

Please ensure you name **more than one preference**. It will not mean less chance of securing place at your preferred school. Please note that if you do not apply on time, your preferred school's may already be full.

If you need support with your application process, please contact the office, the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).



WHEAL MARTYN CLAY WORKS

HALF TERM ACTIVITIES AT WHEAL MARTYN

Enjoy nature in the Wheal Martyn woodlands this half term with autumn inspired, hands-on activities: clay modelling, art and a pumpkin trail!

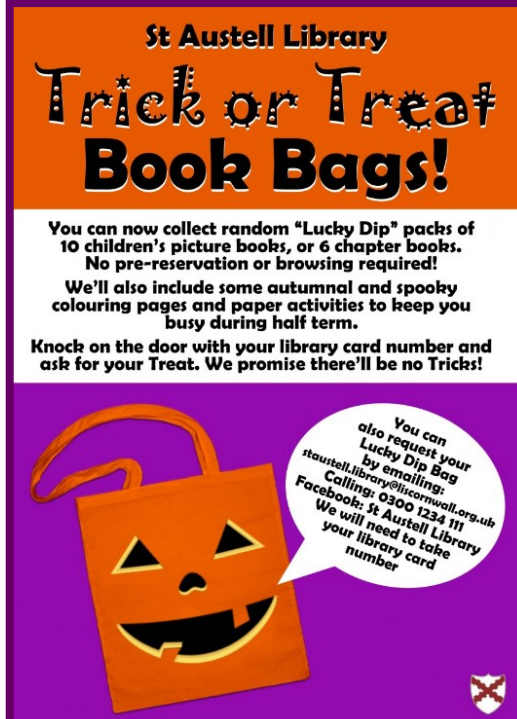
Our woodland offers the perfect place to be an explorer, play hide-and-seek, get creative, have a picnic or simply relax and enjoy nature! Get involved in our three Autumn Roots activities this October. **All FREE with museum entry.**

- **Clay modelling in nature:** create a clay insect, animal, plant or landscape using objects in the woods as decoration.
- **A picture tells a thousand stories:** be inspired by our outdoor photo exhibition and create your own stories.
- **Woodland pumpkin trail:** track down our hidden pumpkins and crack the secret code.

UNDER 5s GO FREE
FAMILY SAVER TICKETS

01726 850362 St Austell PL26 8XG
www.wheal-martyn.com

Please pre-book via our website



St Austell Library

Trick or Treat Book Bags!

You can now collect random "Lucky Dip" packs of 10 children's picture books, or 6 chapter books. **No pre-reservation or browsing required!**

We'll also include some autumnal and spooky colouring pages and paper activities to keep you busy during half term.

Knock on the door with your library card number and ask for your Treat. We promise there'll be no Tricks!

You can also request your Lucky Dip Bag by emailing: stauzell.library@icornwall.org.uk
Calling: 0300 1234 111
Facebook: St Austell Library
We will need to take your library card number

OTHER NOTICES

The St Austell Foodbank has recently celebrated its 10th birthday and has expanded from its small beginnings in a coffee shop in Truro Road to the premises we have today. During the last ten years we have given out 3-day emergency food parcels to over 22,500 people of which 7636 were children.

The Foodbank relies entirely on the support of the local community and as we can only give out what we are given, your donation is greatly appreciated.



A Big THANK YOU

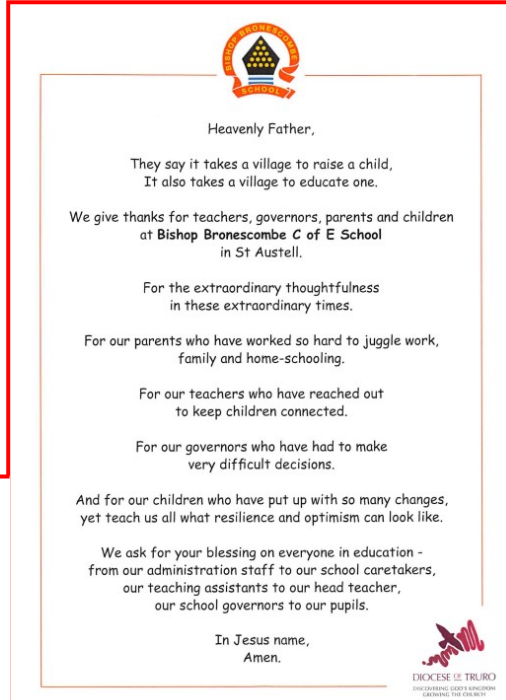
Bishop Bronescombe School

for supporting St Austell foodbank - Harvest 2020

Your donation makes a BIG difference to local people in crisis.

St Austell foodbank is part of the Trussell Trust's UK wide foodbank network.
Registered Charity Number: 1120800 | Registered in England and Wales

We received this lovely prayer from the Diocese this week and wanted to share this with you.



Diocese of Truro
PROCLAIMING GOD'S KINGDOM
GROWING THE CHURCH

Heavenly Father,

They say it takes a village to raise a child,
It also takes a village to educate one.

We give thanks for teachers, governors, parents and children
at Bishop Bronescombe C of E School
in St Austell.

For the extraordinary thoughtfulness
in these extraordinary times.

For our parents who have worked so hard to juggle work,
family and home-schooling.

For our teachers who have reached out
to keep children connected.

For our governors who have had to make
very difficult decisions.

And for our children who have put up with so many changes,
yet teach us all what resilience and optimism can look like.

We ask for your blessing on everyone in education -
from our administration staff to our school caretakers,
our teaching assistants to our head teacher,
our school governors to our pupils.

In Jesus name,
Amen.



Morning and
afternoon
spaces now!
available!



High quality
teacher-led nursery
provision

**Come and join
the fun at**

BBeebies Nursery

at Bishop Bronescombe C of E School

"Staff provide high-quality opportunities for children providing a solid foundation for future learning. Relationships across the Nursery class are nurturing and children are well prepared for when they start the Reception Year."

Ofsted

Contact us on 01726 64322 or email

bishopbronescombe.secretary@celticcross.education

get more information or book a visit!

Lots of outdoor
learning
opportunities!



Child led approaches
to learning within a
nurturing, homely
environment



Funded sessions
available

Dedicated and
experienced
staff



Fresh and
healthy snacks
provided daily